Name: Michal Einav, PhD **Date:** November, 2026

CURRICULUM VITAE

1. Personal Details

Permanent Home Address: 1st Brazil St., Tel-Aviv

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2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2001–2005	Rutgers University, Social-Experimental Psychology	PhD (Cum Laude)	2005
1998-2000	Ben Gurion University, Clinical Psychology	M.A.	2000
1994-1997	Tel Aviv University, Psychology & Sociology	B.A	1997

B. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2026-Present	The Academic College of Tel-Aviv Yaffo, Psychology Department	Senior Lecturer
2019-Present	Bar-Ilan University, Psychology Department	Adjunct Lecturer
2013-2026	Peres Academic Center, Behavioral Sciences school	Senior Lecturer

2010 - 2013	Peres Academic Center, Behavioral Sciences school	Lecturer
2006- 2026	The Academic College of Tel-Aviv Yaffo, Psychology Department	Adjunct Lecturer
2006-2010	Peres Academic Center, Behavioral Sciences school	Adjunct Lecturer

C. **Offices in Academic Administration**

Dates	**Name of Institution and Department**	**Rank/Position**
2016- 2026	Peres Academic Center, Educational Psychology program	Head of the M.A. program
2015- 2020	Peres Academic Center, Behavioral Sciences school	Head of the Research Forum
2012-2026	Peres Academic Center, Behavioral Sciences school	Head of the Teaching Committee
2001-2005	Rutgers University, Psychology Department, Behavioral Dynamics Lab	Head Coordinator

D. Scholarly Positions and Activities outside the Institution

A. Membership in Professional Societies

Dates	**Name of Professional Society**
2024 - Present	Association for Psychological Science
2023 - Present	American Psychological Association
2022 - Present	International Society on Early Intervention
2021 - Present	International Society for Research on Solitude
2020 - 2026	"MITAM" Committee, National Center for Examinations and Assessment
2000 - Present	Society for Personality and Social Psychology

1998 - Present	Israeli Psychological Association, Clinical Psychology Division

B. Editorial Board Membership

2027-2028	Incoming editorial board member, Couple and family psychology: Research and practice, APA Journal.

C. Contribution to Academia

2023-2024	Member of the appointment committee for the promotion of a faculty member at the "Emek Jezreel Academic College"

D. Ad-Hoc Reviewer

Current Psychology

Journal of Adult Development

The Open Public Health Journal

Mental Health Journal

International Journal of Disability, Development and Education

Psychological Studies

Personal Relationships

Couple and Family Psychology: Research and Practice

Journal of Psychiatric Research

The European Journal of Special Needs Education

European Journal of Investigation in Health, Psychology Divison

Behavioral Sciences

Applied Research in Quality of Life

BMC Psychology

International Journal of Applied Positive Psychology

Child & Family Social Work

Journal of Social and Personal Relationships

Family Relations

E. **Participation in Scholarly Conferences**

a. **Active Participation**

International Conferences

Date	Presenter	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role

Feb, 2027	Einav, M*.	2027 SPSP Annual Convention	Philadelphia, PA, USA	Psychological Resources and Loneliness Across Stress Contexts	**Single Presenter Symposium Talk (Accepted)**
May, 2026	Einav, M*.	The 38th APS Annual Convention	Barcelona, Spain	Linking attachment to relationship satisfaction: The mediating role of spousal support	
April, 2026	Einav, M*.	The 5th International Pandisciplinary Conference on Solitude in Community. The International Society for research on Solitude	Savannah, GA, USA	Attachment and loneliness: The Roles of spousal acceptance and gratitude	**Invited lecture and Panel Participation**
Feb, 2026	Einav, M*.	The 26th International Annual Convention of the Society for Personality and Social Psychology (SPSP)	Chicago, IL, USA	Attachment Predicting Loneliness: A Moderated Mediation Model of Resilience and Coping Strategies	
October, 2025	Einav, M*.	The 2nd APS Global Psychological Science Summit	Online	Linking early attachment to adult loneliness: The mediating role of relationship processes	
May, 2025	Einav, M*.	The 37th APS Annual Convention	Washington D.C., USA	Attachment to resilience: The direct and mediating roles of personal, parental and marital resources	
October, 2024	Einav, M*. & Levy, S.	The 1st APS Global Psychological Science Summit.	Online	Personal, parental and marital aspects of the 'Parental Child' phenomenon.	
July, 2023	Einav, M.*, & Margalit, M*.	The 18th European Congress of Psychology	Brighton, UK	"It was the best of times; it was the worst of times" : The positive psychology perspectives of the pandemic.	

September, 2022	Einav, M.*, George-Levi, S., Benisti, L., Finkelstein, A., Roth, R., Tenenbaum, A., & Margalit, M*.	The 38th international conference on Integrating Research and Practice in Early Childhood Intervention. DEC & ISEI Joint Conference	Chicago, IL, USA	Mothers' roads to wellbeing: Entitlement, gratitude, support and hope	
March, 2022	Einav, M.*, & Margalit, M.	The 3rd International Conference on Alone Together Again. The International Society for research on Solitude	Szczecin University, Poland	Loneliness and self-efficacy in higher education: The mediating role of social support and hope	
July, 2011	Einav, M.*	The 6th International Conference on Child and Adolescent Psychopathology	London, England	Rorschach psychopathological markers in children and adolescents diagnosed with ADHD.	
January, 2006	Einav, M.*	The 7th Annual Conference of the Society for Personality and Social Psychology	Palm Springs, CA, USA	Psychological resources and victim blaming	
January, 2005	Einav, M.*	The 6th Annual Conference of the Society for Personality and Social Psychology	New Orleans, LA	Social support, just world beliefs and victim blaming	
January, 2004	Einav, M.*	The 5th Annual Conference of the Society for Personality and Social Psychology	Dallas, TX, USA	Distorted time perception due to stress and social context	
February, 2003	Einav, M.*	The 4th Annual Conference of the Society for Personality and Social Psychology	Los Angeles, CA, USA	Social support, emotional expression, and the perception of disturbing stimuli	
July, 2002	Einav, M*. & Tibon, S*.	Midwinter Meeting of the Society for	San-Antonio, TX, USA	Using projective methods for planning psychotherapy in	

		Personality Assessment		children: A case study.	

Domestic Conferences

Date	Presenter	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
May, 2025	Einav, M*. & Confino, D.	Mental Health in the Reality of War: The consequences of October 7th and the war that followed conference	Israeli Center of Addictions, Hebrew University, Israel	Resilience factors in post-traumatic growth in the wake of the October 7th Attack: A two-waves study.	
February, 2021	Einav, M.*, Elbaz, O. & Margalit, M.	1st International Conference of Hope and Well Being during times of stress, COVID-19 and beyond	Hope Research Center, Peres Academic Center, Israel	Bereavement in families – Hope and loneliness.	**Invited lecture**
January, 2019	Einav, M. & Venkart, N.	The 3rd International Conference on Loss, Bereavement & Human Resilience in Israel and the World: Facts, Insights & Implications	Eilat, Israel	Hope and loneliness in bereaved families	
September, 2018	Einav, M.*, Livne, H. & Margalit, M*.	The Conference of Three Decades of Research on the Importance of Hope in Education, Psychotherapy, and Healthcare	Peres Academic Center, Israel	Hope theory when dealing with bereaved families.	**Invited lecture**
February, 2018	Einav, M.*, Venkart, N., Livne, H., Akiva, M., Zurbal, S., Kirzner, O., Shoval, Y., Simhi, R., &	The Conference of Memorial and Heritage - complementary circuits, Families' Department,	Tel-Aviv University, Israel	Hope and coping: The family's experience.	**Invited lecture**

	Margalit, M*.	Ministry of Defense			
November, 2017	Einav, M*., Venkart, N., Livne, H., Akiva, M., Zurbal, S., Kirzner, O., Shoval, Y., Simhi, R., & Margalit, M*.	The 19th Annual Conference of Social workers	Tel-Aviv University, Israel	Hope, loneliness and coping among bereaved families.	

b. **Organization of Conferences or Sessions**

Date	Name of Conference	Place of Conference	Subject of Conference/ Role at Conference/ Comments	Role
4/9/2018	The Power of Hope: Theory and interdisciplinary therapeutic implications	Peres Academic Center, Israel	International Multidisciplinary Conference. Organized in collaboration with the Ministry of Defense, the Ministry of Education, the Approach to Life organization, and 'Meuhedet' Health Services.	Organizer and Speaker

8. Research Grants

a. Grants Awarded

Year	Role in Research	Co-Researchers	Topic	Funded by/ Amount
2021-2022	Research and workshop construction and supervision	Einav, M. (PI), George-Levi, S. (PI) & Margalit, M. (Co-PI)	Development, training and supervision for hope-focused workshops among social workers working with bereaved families Article # 7	Ministry of Defense, Bereaved Families Division 8,000 NIS

9. Scholarships, Awards and Prizes

Dates	Name of Institution	Awards and Honors
2019	The Academic College of Tel-Aviv Yaffo	Excellence in teaching award
2015	The Academic College of Tel-Aviv Yaffo	Excellence in teaching award
2008- 2026	Peres Academic Center	Excellence in teaching award

2007	The Academic College of Tel-Aviv Yaffo	Excellence in teaching award
2005	Rutgers University	Graduate student excellence award

10. Teaching

a. Courses Taught in Recent Years

Year	Name of Course	Type of Course	Degree	Number of Students
2026- Present	Developmental Psychology A	Introduction Course (Mandatory)	BA	100-150
2026- Present	Short-Term Dynamic Psychotherapy	High Learn Course	MA	21
2026- Present	Models of Short-Term Psychotherapy: Common Principles and Specific Models	High Learn Course	MA	27
2026- Present	Key Psychological Issues in Couples and Parenting	Introduction Course (Elective)	BA	64
2024-Present	Developmental Perspectives of Psychopathology	High Learn Course	MA	63
2024- Present	Clinical Psychodiagnostics A + B +C	High Learn Course	MA	21
2023	Psychodynamic Psychotherapy Principles- A	High Learn Course	MA	21
2023	Principles of children's psychodynamic psychotherapy- A	High Learn Course	MA	21
2022	Developmental perspectives of psychopathology	High Learn Course	MA	21
2020-2026	Psychodiagnostics of Child and Adolescents A+ B	High Learn Course	MA	21
2018-2024	Psychological Issues of Family and Parenthood	Introduction Course (Elective)	BA	100-150
2014-2026	Psychodynamic Therapy with Children and Adolescents A+ B	High Learn Course	MA	20-36
2014-2026	Educational Psychodiagnostics	High Learn Course	MA	20-36
2010-2026	Abnormal Psychology A + B	Introduction Course (Mandatory)	BA	100-150

2010-2026	Personality Theories A + B	Introduction Course (Mandatory)	BA	100-150
2010-2020	Developmental Psychology of Adulthood and Aging	Introduction Course (Mandatory)	BA	100-150
2006-2026	Child and Adolescents Developmental Psychology	Introduction Course (Mandatory)	BA	100-150
2006-2024	Coupling and Parenthood	Empirical Seminar	BA	20-30
2006-2012	Introduction to Psychology	Introduction Course (Mandatory)	BA	100-150
2006-2010	Psychology of Learning and Behavior	Introduction Course (Elective)	BA	100-150

b. **Supervision of Graduate Students**

Name of Student	**Title of Paper**	**Degree**	**Date of Completion /in Progress**
Noam Manor	Loneliness, Personal Resources, and Well-Being Following Romantic Separation	MA	in Progress
Yoel Carmeli	Attachment, Family Climate, and Partner Support	MA	in Progress
Gal Siman-Tov	Retrospective Parenting Styles and Resilience in Young Adults: The Roles of Sense of Coherence, Coping, and Self-Efficacy	MA	in Progress
Alona Lazar	Life Satisfaction, Relationship Quality, Parenting Self-Efficacy, and Positive Family Climate	MA	in Progress
Inbal Rafael	Executive Functions and Attachment as Mediators Between Gratitude and Coping With Adverse Life Events	MA	in Progress
Einav Klein	Parental and Sibling Relationship Quality From Childhood to Adulthood: The Roles of Guilt, Shame, and Self-Compassion	MA	in Progress
Morel Tzedkoni	Social Support, Relationship Satisfaction, Parenting Self-Efficacy, and Parenting Stress	MA	in Progress
Yuval Cohen	Loneliness, Resilience, Self-Compassion, and Relationship Satisfaction: Gender Differences	MA	in Progress
Shira Panet	Personal and Interpersonal Resources in Romantic Relationships: Social Support, Coherence, and Emotion Regulation	MA	in Progress

Alona Danilov	ADHD and Relationship Satisfaction: The Roles of Gratitude, Emotion Regulation, and Attachment	MA	November, 2026
Shoham Reish	Parental Attitudes, Grandparent–Grandchild Relationships, and Grandparents' Well-Being	MA	August, 2026
Sapir Messing	Parenting Styles, Self-Efficacy, and Their Relevance to Israel's Security Context	MA	August, 2026
Lily Tahan	Associations Between Attachment, Partner Support, Relationship Satisfaction, and Resilience	MA	July, 2026
Yael Marton	Attachment, Mobile Phone Addiction, Sleep Disturbances, and Loneliness	MA	July, 2026
Paz Ginon	Postdivorce Coparenting Patterns and Adult Children's Long-Term Adjustment	MA	July, 2026
Shira Drescher	Attachment Style, Resilience, Relationship Satisfaction, and Parenting Self-Efficacy	MA	February, 2026
Bat-El Hazan	Personal and Family Factors in Couple Intimacy: Attachment, Sibling Relationships, Coping, and Emotion Regulation	MA	February, 2026
Emily Zweig	Loneliness, Motivation for Parenthood, Future Parenting Self-Efficacy, and Parental Memories	MA	February, 2026
Aviv Ashkenazi	Cracks at Home: Wartime Reserve Duty and Wives' Psychological Well-Being	MA	January, 2026
Hani Schwartz	Parenting Experiences in the Family of Origin, Parenting Self-Efficacy, and Relationship Satisfaction	MA	January, 2026
Noam Avital	Beyond the Screen: FOMO, Phubbing, Couple Intimacy, and Communication as a Resilience Factor	MA	September, 2025
Idan Ribstein	Parenting and Child Sleep: Maternal Attachment, Sleep-Related Cognitions, Bedtime Involvement, and Children's Sleep Patterns and Problems	MA	January, 2025
Amit Mashraki	Parenting Style, Emotion Regulation, Self-Efficacy, and Hope	MA	January, 2025
Eliran Ohayon	Romantic Relationships among Adults with ADHD: The Roles of Loneliness, Partner Acceptance, and Adaptive Cognitive Emotion Regulation	MA	November, 2024
Keren Hiziglov	Sibling Relationship Quality, Family Climate, Prosocial Behavior, Gratitude, and Empathy	MA	October, 2024
Eyar Sweid	Sibling Relationships, Loneliness, and Belonging: The Moderating Role of Religiosity	MA	August, 2024
Liat Aviad	Childism, Parenting Style, and Family Climate: The Moderating Role of Authenticity	MA	August, 2024

Shani Moshe	ADHD Symptoms, Loneliness, and Rejection Sensitivity: The Moderating Role of Emotion Regulation	MA	April, 2024
Stav Halperin	Self-Control, Couple Intimacy, Communication, and Relationship Satisfaction	MA	January, 2024
Shahar Cohen	Family Climate, Parenting Style, and Sense of Coherence in Adults With and Without ADHD	MA	September, 2023
Keren Ohana	Posttraumatic Growth, Resilience, and Attachment Following Trauma	MA	June, 2023
Shir Levi	Psychological Aspects of Parentification and Role Reversal Within the Family	MA	June, 2023
Daniel Sela	Childhood Learning Disability Diagnosis, Parental Involvement, Self-Efficacy, Coping, Family Climate, and Attachment	MA	May, 2023
Shirley Davush	"I Can't Do It—I'm a Failure": ADHD, Attribution Errors, Parenting Style, and Family Climate	MA	September, 2022
Shir Langerman	Love (Almost) Unconditional: Conditional Regard, Need Satisfaction, and Romantic Relationship Quality	MA	August, 2022
Malka Grobis	Parental Religiosity, Perceived Parenting Style, Anxiety, Hope, and Life Satisfaction Among Jewish Israeli Adults	MA	July, 2022
Hadar Michaelovitz	Heroic Self-Representation Among Teachers and Its Association With Psychological Distress	MA	July, 2022
Shaked Fish	Parenting Experiences, Self-Efficacy, and Hope Among Adults With ADHD	MA	July, 2022
Anat Ben-Yishai	Partner Support, Parenting Style, Sibling Relationship Quality, and Family Resilience One Year Into the COVID-19 Pandemic	MA	April, 2022
Rotem Ohanuna	Family-of-Origin Experiences and Adult Children's Relationships, Parenting Self-Efficacy, and Hope	MA	April, 2022
Yifat Klar	The Work–Family Dilemma Among Haredi and Secular Women	MA	April, 2022
Emily Fadida	Coping With Childhood Parental Loss, Attachment Style, Life Satisfaction, and Subjective Well-Being	MA	February, 2021
Alona Epstein	Emotional Adjustment in Gifted Adults: Perfectionism, Social Loneliness, Parenting Style, and Emotion Regulation	MA	December, 2020

Maayan Ohayon	Maternal Parenting Competence, Self-Efficacy, and Life Satisfaction in Relation to Children's Social Skills, Sense of Coherence, and Well-Being	MA	June, 2020
Nava Cohen-Haya	Parental Acceptance, Birth Order, Sibling Relationship Quality, Social Acceptance, and Adult Self-Esteem	MA	February, 2020
Hadar Shukron	Maternal Well-Being, Attachment Style, Partner Support, and Children's Emotion Regulation	MA	May, 2019
Adi Daskalou	Parental Control, Child Responsiveness, and Attachment	MA	September, 2018
Inbar Stav	Relations between subjective wellbeing and self-compassion, Self-criticism, body image and hopelessness	MA	June, 2018
Rotem Amram	Child Smartphone Use, Parental Smartphone Addiction, Parenting Style, Family Cohesion, and Children's Social Skills	MA	May, 2018
Sara Luzon	Age at Marriage, Parenting Style, and Parenting Self-Efficacy Among Religious Zionists	MA	May, 2018
Chen Weinhorn Ben-Yehuda	Sibling Relationship Quality, Emotion Regulation, and Interpersonal Relationships: The Role of Mentalization	MA	April, 2018
Ofir Siboni	Prenatal Family Alliance and Infant Play Competence at Six Months	MA	January, 2018
Lauren Friedlander	Sibling Gender and Birth Order in Relation to Social Competence and Couple Communication	MA	October, 2018
Yarden Eliezer	Differential Parental Treatment, Attachment History, Differentiation of Self, and Attachment Style Among Twins and Non-twin Siblings	MA	January, 2017
Michal Gilat-Naftali	Family Coping Strategies and Adult Functioning Following Family Bereavement in Late Childhood	MA	July, 2017
Moria Hershkovitz	Changes in Family Structure, Parenting Experiences, and Couple Relationship Quality	MA	June, 2017
Iren Kedem	The Transition to Parenthood: Emotion Regulation, Family Change, and Loneliness	MA	June, 2016
Naama Ezra	Parenting and Family Functioning in Families of Children With and Without ASD	MA	June, 2016
Eliaz Margalit	Communication and Attachment: From Parent–Child to Romantic Relationships	MA	May, 2016

11. <u>Professional Experience</u>

2007- Present	Private practice, psychodiagnostics and psychotherapy, Clinical Psychology
2006-2009	Child and adolescent psychiatric clinic, Sheba Medical Center, Clinical Psychology Internship
2005-2006	Psychiatric day ward, Kaplan Medical Center, Clinical Psychology Internship
1999-2000	Eating disorders clinic, Soroka Hospital, Clinical Psychology practicum
1998-1999	Closed youth ward, Beer-Sheva Psychiatric Hospital, Clinical Psychology practicum
1997-1998	Youth Promotion Department, Tel-Aviv Municipality, High-Risk youth group guidance
1996-1997	Closed youth ward, Abarbanel Psychiatric Hospital, Social activities guide
1995-1998	'Hand in Hand Association', Head of the Youth Support Line

PUBLICATIONS

Total publications: 24, 4 book chapters and 20 peer-reviewed publications, including an invited article for a special issue.

Total citations to date per Google Scholar: 1074, *h* index - 14, *i*10 index – 15.

Ph.D. Dissertation

Psychological Resources and Victim Blaming, Doctoral dissertation, English, 161 pages. Rutgers, The State University of New Jersey, Graduate Program in Psychology; supervisor: Dr. Kent D. Harber; October 2005.

Please see article # 15

A. Scientific Books (Refereed)

A. Authored Books – Published

1. Margalit, M., Schmidt-Barad, T., & **Einav**, M. (2022). Individual and interpersonal aspects of hope and people with developmental disabilities. In M. L. Wehmeyer & D. S. Dunn (Eds.), *The positive psychology of personal factors: Implications for understanding disability* (Chap. 7, pp. 107-126). Lexington Books. [Book volume: 296 pp.]

Author contributions: Conceptualization: M.M.; Writing - original draft: S.B.T.& E.M.; Writing - review & editing: S.B.T. & E.M.; Supervision and project administration: M.M.

2. Ben-Naim, S., & **Einav**, M. (2018). Intimate relationship quality when parenting a child with special needs: Resilience and risk factors. In A. M. Columbus (Ed.), *Advances in psychology research* (Vol. 135, pp. 1–74). Nova Science Publishers. [Book volume: 217 pp.]

Author contributions: Conceptualization: B.N.S.; Writing - original draft: B.N.S. & E.M.; Writing - review & editing: B.N.S. & E.M.; Supervision and project administration: B.N.S. & E.M.

3. Ben-Naim, S., **Einav**, M., Laslo-Roth, R., & Margalit, M. (2017). Hope in the family: Individual differences in parenting stress, personal resources, and coping. In M. J. Celinski & K. M. Gow (Eds.), *Hope: Individual differences, role in recovery and impact on emotional health* (pp. 19–52). Nova Science Publishers. [Book volume: 219 pp.]

Author contributions: Conceptualization: B.N.S. & M.M.; Writing - original draft: B.N.S., E.M. & L.R.R.; Writing - review & editing: B.N.S., E.M., L.R.R. & M.M.; Supervision and project administration: M.M.

4. **Einav**, M., Rosenstreich, E., Levi, U., & Margalit, M. (2015). Coping with loneliness during childhood and adolescence. In A. Rokach & A. Shaked (Eds.), *Addressing loneliness: Coping, prevention and clinical interventions* (pp. 69–87). Routledge. [Book volume: 268 pp.]

Author contributions: Conceptualization: E.M. & M.M.; Writing - original draft: E.M., R.E. & L.U.; Writing - review & editing: E.M. & M.M.; Supervision and project administration: M.M.

C. Articles in Refereed Journals

Published

1. Confino, D., **Einav**, M., Rosenstreich, E., & Margalit, M. (2026). Attachment, hope, and post-traumatic growth in the face of ongoing war. *International Journal of Applied Positive Psychology, 11*(3), 52.

Author contributions: Conceptualization: E.M. & C.D., methodology: C.D & E.M., formal analysis: C.D. & R.E., investigation: E.M. & C.D, data curation: C.D., writing - original draft: C.D. & E.M., writing - review & editing: C.D., E.M., & M.M., supervision, project administration: C.D. & E.M. Journal statistics (CiteScore): 3.5 (76th percentile)

2. **Einav**, M., Ohana, K., & Laslo-Roth, R. (2026). Attachment orientation and post-traumatic growth: The moderating role of resilience. *European Journal of Trauma & Dissociation*, *10*(3), 100711.

Author contributions: Conceptualization: E.M. & O.K., methodology: O.K., formal analysis: O.K. & L.R.R., investigation: O.K., data curation: O.K., writing - original draft: E.M., writing - review & editing: E.M., O.K. & L.R.R., supervision, project administration- E.M. Journal statistics (JCR): Q3, IF=1.9

3. **Einav**, M., Eliezer, Y., & Schmidt-Barad, T. (2025). Parental differentiation, self-differentiation, and attachment among twins and non-twin siblings. *Family Relations: Interdisciplinary Journal of Applied Family Science, 74*(1), 121–143.

Author contributions: Conceptualization: E.M. & E.Y., methodology: E.Y. formal analysis: E.Y. & S.B.T., investigation: E.Y., data curation: E.Y., writing - original draft: E.M., writing - review & editing: E.M., & E.Y., supervision, project administration- E.M. Journal statistics (JCR): Q2, IF=2.0

4. **Einav**, M., Confino, D., Geva, N., & Margalit, M. (2024). Teachers' burnout: The role of social support, gratitude, hope, entitlement, and loneliness. *International Journal of Applied Positive Psychology, 9*(2), 827–849.

Author contributions: Conceptualization: E.M. & C.D., methodology: C.D., formal analysis: C.D., investigation: C.D. & M.M., data curation: C.D., writing - original draft: E.M., writing - review & editing: E.M., C.D. & G.N., supervision, project administration- E.M. Journal statistics (CiteScore): 3.5 (76th percentile)

5. Confino, D., **Einav**, M., & Margalit, M. (2023). Post-traumatic growth: The roles of the sense of entitlement, gratitude, and hope. *International Journal of Applied Positive Psychology, 8*, 453–465.

Author contributions: Conceptualization: E.M. & C.D., methodology: C.D., formal analysis: C.D., investigation: C.D. & M.M., data curation: C.D., writing - original draft: C.D. & E.M., writing - review & editing: E.M., C.D. & M.M., supervision, project administration- C.D. & E.M. Journal statistics (CiteScore): 3.5 (76th percentile)

6. **Einav**, M., & Margalit, M. (2023). Loneliness before and after COVID-19: Sense of coherence and hope as coping mechanisms. *International Journal of Environmental Research and Public Health*, *20*(10), 5840.

Author contributions: Conceptualization: E.M. & M.M., methodology: M.M., formal analysis: M.M., investigation: E.M. & M.M., data curation: E.M., writing - original draft: E.M., writing - review & editing: E.M. & M.M. supervision, project administration- E.M. & M.M. Journal statistics (JCR): Q1, IF = 4.61

7. **Einav**, M., & Margalit, M. (2022). The hope theory and specific learning disorders and/or attention deficit disorders (SLD/ADHD): Developmental perspectives. *Current Opinion in Psychology*, *48*, 101471. [Invited article for the special issue "Hope"]

Author contributions: Conceptualization: E.M. & M.M., writing - original draft: E.M. & M.M., writing - review & editing: E.M. & M.M., supervision, project administration- M.M. Journal statistics (JCR): Q1, IF = 7.4

8. **Einav**, M., Hershkovitz, M., & Schmidt-Barad, T. (2020). Phases in the family unit and their link to maternal and marital experiences. *Psychological Studies, 65,* 467–480.

Author contributions: Conceptualization: H.M. & E.M., methodology: H.M., formal analysis: H.M. & S.B.T., investigation: H.M. & S.B.T., data curation: H.M., writing - original draft: E.M., writing - review & editing: E.M. & H.M. supervision, project administration- E.M. Journal statistics (JCR): Q3, IF = 1.1

9. **Einav**, M., & Margalit, M. (2020). Hope, loneliness and sense of coherence among bereaved parents. *International journal of environmental research and public health*, *17*(8), 2797.

Author contributions: Conceptualization: E.M. & M.M., methodology: M.M., formal analysis: M.M., investigation: E.M. & M.M., data curation: E.M., writing - original draft: E.M., writing - review & editing: E.M. & M.M. supervision, project administration- E.M. & M.M. Journal statistics (JCR): Q1, IF=4.61.

10. **Einav**, M., & Margalit, M. (2019). Sense of coherence, hope theory and early intervention: A longitudinal study. *Journal for Educators, Teachers and Trainers*, *10*(2), 64 - 75.

Author contributions: Conceptualization: E.M. & M.M., methodology: M.M., formal analysis: M.M., investigation: E.M. & M.M., data curation: E.M., writing - original draft: E.M., writing - review & editing: E.M. & M.M. supervision, project administration- E.M. & M.M.

11. Ben-Naim, S., Gill, N., Laslo-Roth, R., & **Einav**, M. (2019). Parental stress and parental self-efficacy as mediators of the association between children's ADHD and marital satisfaction. *Journal of Attention Disorders, 23*(5), 506- 516.

Author contributions: Conceptualization: B.N.S., methodology: B.N.S. & L.R.R., formal analysis: L.R.R., investigation: B.N.S & L.R.R., data curation: B.N.S., writing - original draft: B.N.S., G.N. & E.M., writing - review & editing: B.N.S., G.N. & E.M., supervision, project administration- B.N.S. Journal statistics (JCR): Q2, IF=3.2

12. **Einav**, M., Sharabi, A., Even-Hen Peter, T., & Margalit, M. (2018). Test accommodations and positive affect among adolescents with learning disabilities: The mediating role of attitudes, academic self-efficacy, loneliness, and hope. *Athens Journal of Education, 5*(4), 345–360.

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15. Levi, U., **Einav**, M., & Margalit, M. (2014). Academic expectations and actual achievements: The roles of hope and effort. *European Journal of Psychology of Education, 29*, 367–386.

Author contributions: Conceptualization: L.U. & M.M., methodology: L.U, formal analysis: L.U. & M.M., investigation: L.U. & M.M, data curation: L.U. & E.M. writing - original draft: L.U. & E.M., writing - review & editing: L.U., E.M. & M.M., supervision, project administration- L.U. & M.M. Journal statistics (JCR): Q2, IF=3.0

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19. **Einav**, M., Levi, U., & Margalit, M. (2012). Mothers' coping and hope in early intervention. *European Journal of Special Needs Education, 27*(3), 265 - 279.

Author contributions: Conceptualization: E.M. & M.M., methodology: L.U & M.M., formal analysis: L.U. & M.M., investigation: L.U. & M.M, data curation: E.M & L.U. writing - original draft: E.M., writing - review & editing: E.M., L.U. & M.M., supervision, project administration: M.M. Journal statistics (JCR): Q1, IF=2.2

20. Harber, K. D., **Einav**, M., & Lang, F. (2008). They heard a cry: Psycho-social resources moderate perception of others' distress. *European Journal of Social Psychology, 38*(2), 296–314.

Author contributions: Conceptualization: H.K.D & E.M., methodology: E.M & L.F., formal analysis: E.M. & H.K.D., investigation: H.K.D & E.M., data curation: E.M & L.F., writing -

original draft: E.M., writing - review & editing: E.M. & L.F. supervision, project administration- H.K.D. Journal statistics (JCR): Q1, IF=2.2

D. Other Scientific Publications

Published

1. Einav, M. (2014). Book review. In M. Margalit, *Lonely children and adolescents: Self-perceptions, social exclusion and hope*. Springer.

E. Submitted Publications

Articles in Refereed Journals

21. **Einav**, M., Langerman, S., & Laslo-Roth, R. (under review). Love (almost) unconditional: Parental and partner conditional regard, needs fulfillment, and relationship quality. *Family Relations*.

Author contributions: Conceptualization: E.M. & L.S., methodology: L.S, formal analysis: L.S. & L.R.R., investigation: L.S., data curation: L.S., writing - original draft: E.M., writing - review & editing: E.M., L.S. & L.R.R., supervision, project administration- E.M.

22. **Einav**, M., Klor, Y., & Schmidt Barad, T. (under review). Mothers' work-family conflict: Psychological resources across cultural contexts. *Journal of Family Psychology*.

Author contributions: Conceptualization: E.M. & K.Y., methodology: K.Y& E.M., formal analysis: K.O & S.B.T, investigation: E.M. & K.Y, data curation: E.M. & K.Y, writing - original draft: E.M., writing - review & editing: E.M., K.O & S.B.T., supervision, project administration: E.M.

F. Summary of my Activities and Future Plans

My research has been guided by a longstanding interest in how individuals and families adapt to challenging life circumstances. Over the years, I have sought to examine the role of personal and interpersonal resources in these processes, asking how they contribute to psychological well-being and adaptation, and how they are shaped by close relationships. Rather than focusing on a single population or life circumstance, I have explored these questions across different developmental and family contexts, including learning disorders and ADHD, parenting children with special needs, bereavement, loneliness, and, more recently, war and prolonged uncertainty.

Across these studies, I have been particularly interested in the interplay between individual resources and close relationships. My work has therefore examined how factors such as attachment, hope, social support, and sense of coherence may contribute to adaptation within couple, family, and parent-child relationships. Although each study has addressed a different context, they have all been guided by a common interest in better understanding the factors that support adaptation under conditions of stress and adversity.

Throughout my academic career, I have viewed research, teaching, clinical training, and the supervision of students as mutually enriching activities. Questions arising from teaching and clinical work have often informed my research, while research findings have, in turn, informed my teaching and supervision, in an effort to strengthen the dialogue between research, teaching, and clinical practice.

In my future research, I hope to continue examining the role of personal and interpersonal resources in couple and parent-child relationships, particularly under conditions

of stress and adversity. I also intend to further explore loneliness, not only as an outcome of distress but also as a process that may reflect changes in personal and interpersonal resources over time. More broadly, I hope to continue extending this line of research by integrating perspectives from developmental, family, clinical, and positive psychology to further our understanding of the processes that support adaptation across the lifespan.