

Name: Ofra Halperin

Date: July 2026

CURRICULUM VITAE

1. Personal Details

Name: Ofra Halperin

Permanent Home Address: 14, Ginosar Street, P.O. Box 105, Giv'at Ela 3657000

Office Telephone Number: +972-4-642-3526

Cellular Phone: +972-52-321-6544

Electronic Address: ofrah@yvc.ac.il

2. Higher Education

a. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2000–2005	Anglia Ruskin University, U.K. Nursing	PhD	2005
1989–1991	Tel-Aviv University, Israel Nursing	M.A	1991
1982–1984	Tel-Aviv University, Israel Nursing	B.A.	1984

b. Post-Doctoral Studies

Period of Study	Name of Institution, Department and Host	Degree	Year of Completion
2011–2013	Prof. Julie Cwikel Ben-Gurion University of the Negev, Department of Humanities and Social Sciences	Post - Doctorate	2013

*Since receiving senior lecturer rank

**Since receiving tenure position

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2014–Present	Nursing Department – The Max Stern Yezreel Valley College	Senior Lecturer with Tenure
2014–2020	Nursing Department and Health Systems Management – The Max Stern Yezreel Valley College	Senior Lecturer with Tenure
2013	Nursing Department and Health Systems Management – The Max Stern Yezreel Valley College	Senior lecturer
2012–2009	Nursing Department and Health Systems Management – The Max Stern Yezreel Valley College	Lecturer
2004–2009	Nursing Department and Health Systems Management – The Max Stern Yezreel Valley College	Teaching Assistant

2002-2007	Nursing Department – Haifa University.	Teaching Assistant
-----------	--	--------------------

4. Offices in Academic Administration

Dates	Name of Institution and Department	Rank/Position
2024- present**	Nursing Department – The Max Stern Yezreel Valley College	Head of the MA Program
2024**	Advisory reviewer for Ashkelon Academic College request to open a master's degree program in Nursing Israeli National Council for Higher Education (MALAG)	Reviewer
2024**	Advisory Committee for Academic Nursing Education Programs Approval of a new nursing program: 1. Ono Academic College Israeli National Council for Higher Education (MALAG)	Member
2020–2024**	Nursing Department – The Max Stern Yezreel Valley College	Head of the BA Program
2020–2024**	Admissions Committee, Nursing Department	Chairman
2019–2020**	Nursing Department – The Max Stern Yezreel Valley College	Academic Advisor
2015–2018**	Admissions Committee, Nursing Department	Member
2016–present**	Teaching Committee, Department of Nursing, The Max Stern Yezreel Valley College	Member
2013–2015	Teaching Committee, Department of Nursing, The Max Stern Yezreel Valley College	Chairman
2012–2015	The steering committee of health promoting college "green and healthy campus," The Max Stern Yezreel Valley College	Chairman

5. Academic Administration Position in the Max Stern Yezreel Valley College

Dates	Name of Institution and Department	Rank/Position
2026	The College's Academic Staff Disciplinary Committee	Chairman
2024- present**	The College's committee "Access in the Academy"	Chairman
2022–present**	The College's committee for Gender Equality	Member
2020–2022**	The College's Student Dormitory Committee	Member

6. Scholarly Positions outside the Institution

Dates	Name of Institution and Department	Rank/Position
2025**	The National Committee for Formulating Ways to Prevent Sexual Harassment in the Context Between Caregivers and Patients in the Healthcare System	Member
2022–present**	The National Council for Women's Health and Sex and Gender Aware Medicine, Ministry of Health	Member

Dates	Name of Institution and Department	Rank/Position
2021–2022**	An accompanying committee for the construction of a survey of attitudes among the nursing teams regarding the detection and treatment of violence against women	Member
2020–present**	Forum of Heads of Nursing Departments in Academia in Israel	Member
2007–2017	The research committee of Israel Midwives Organization	Chairman

6a. Reviewing for Conferences / Academic Dissertations

Years	Reviewing for Conferences / Academic Dissertations
2026**	Ben-Gurion University of the Negev (Ph.D. Dissertation)
2025**	University of Ariel (Ph.D. Dissertation)

6b. Reviewing activities

Dates	Name of Institution and Department	Rank/Position
2023– present**	International Journal of Environmental Research and Public Health	Reviewer
2023–present**	Multidisciplinary Digital Publishing Institute (MDPI) – Social Sciences	Reviewer
2021– present**	Midwifery	Reviewer
2021–2022**	Nurse Education Today	Reviewer
2019**	International Journal of Nursing and Health Care Research	Reviewer
2019**	Canadian Journal of Nursing Research	Reviewer
2018**	Journal of Reproductive and Infant Psychology	Reviewer
2018**	British medical journal (BMJ) Open	Reviewer
2017**	Midwifery	Reviewer
2014–2015**	Nurse Education Today	Reviewer

7. Participation in Scholarly International Conference

a. Active Participation

Papers Presented at International Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
2026**	The 12th International Conference on Public Health ICOPH 2026 Indonesia	Indonesia	Beyond Boundaries in Nursing Education: Evaluating a Simulation-Based Telenursing Training Program for Nursing Students	Oral Presentation
2026**	The 31th International Confederation of Midwives (ICM)	Lisbon, Portugal	Women's perspectives of childbirth in Kiboga, Uganda.	Poster Presentation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
	Triennial Conference of Midwives.			
2025**	51st Annual Conference of the Transcultural Nursing Society	Portland, USA	Perceived Cultural Competence among Nursing Students	Oral Presentation
2024**	17th European Public Health Conference	Lisbon, Portugal	Predicting PTSD among labour ward staff: The role of burnout, intent to leave, and emotional support. Academic institution role in fostering intercultural relations among students in divided society. Predicting post-traumatic stress disorder: The complex relationship between burnout, intentions to leave and emotional support among healthcare professionals in the labor wards.	Poster Presentation Oral Presentation Poster Presentation
2024**	International Virtual Conference on Nursing Education (IVCNE).	Online conference	Evaluation of a simulation program for training nursing students to provide nursing care from a distance (telenursing).	Oral Presentation
2024**	The 9th European Transcultural Nurses Association (ETNA) International Conference	London, UK	The association between institutional setting, cultural intelligence, and social interaction in a divided society. Women's perspectives of childbirth in Kiboga, Uganda.	Oral Presentation Oral Presentation
2024**	International Conference on Nursing Science & Practice	Berlin, Germany	Depression, stress and the mediating role of intimate partner violence (IPV) among Israeli women of childbearing age in the shadow of the COVID-19 pandemic. Women's perspectives of childbirth in Kiboga, Uganda.	Oral Presentation Oral Presentation
2023**	The 8th European Transcultural Nurses Association (ETNA)	Odense Denmark	Cultural competence among nursing students in Israel. Intimate partner violence (IPV) as mediator between stress,	Oral Presentation Oral Presentation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
	International Conference		depression, and fear of COVID-19 among Israeli women. Perseverance and passion (GRIT) of nursing students as predicting academic success; is there a cultural context?	Oral Presentation
2023**	The Consortium of Universities for Global Health (CUGH) Conference	Washington DC, USA	Depression, stress and the mediating role of intimate partner violence (IPV) among Israeli women of childbearing age in the shadow of the COVID-19 pandemic.	Poster Presentation
2023**	International Singapore Nursing and Public Health Conference	Singapore	Women's perspectives of childbirth in Kiboga, Uganda.	Oral Presentation
2022**	Sigma Theta Tau 33rd International Nursing Research Congress	Edinburgh, Scotland	Association between psychological stress and neck pain among college students during the coronavirus disease of 2019 pandemic: A questionnaire-based study	Poster Presentation
2021**	2nd Global Virtual Summit on Gynecology, Obstetrics & Women's Health, UK	Online conference	Exploring midwives coping and functioning at work during the Covid-19 pandemic from the delivery room managers' perspective: a qualitative study	Oral Presentation
2021**	Health Enrichment for Nursing Staff in Shanghai, China	Tel-Aviv, (Online)	Midwifery in Israel (Invited Lecture)	Oral Presentation
2020**	International Conference on Global Health	Washington DC, USA	Women's perspectives of childbirth in Kiboga, Uganda	Poster Presentation
2019**	International Conference of Nursing	London, United Kingdom	Perseverance and long-term goals (GRIT) as a predictor of academic success among nursing students	Oral Presentation
2017**	International Conference of Midwifery and Women's Health	London, United Kingdom	The association between Striae Gravidarum and 3rd & 4th degree perineal tears and OASIS.	Oral Presentation
2016**	ICS, International Continence Society	Tokyo, Japan	Is there an association between Striae Gravidarum and 3rd & 4th degree perineal tears and OASIS?	ePoster with Open Presentation
2015**	The 22nd World Congress on Controversies in Obstetrics,	Budapest, Hungary	Traumatic Birth Experience Cross Cultural View by Israeli Jewish and Arab Women	Oral Presentation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
	Gynecology & Infertility (COGI)			
2014**	The 30 th International Confederation of Midwives (ICM) Triennial Conference of Midwives.	Prague, Czech Republic	The influence of childbirth experiences on women's post-partum traumatic stress symptoms: A comparison between Israeli Jewish and Arab women. Violence against women.	Oral Presentation Panel Chairman
2013	17 th Conference of the International Society of Psychosomatic Obstetrics and Gynecology	Berlin, Germany	Traumatic birth experience cross cultural view by Israeli Jewish and Arab women.	Oral Presentation
2013	3 rd European Transcultural Nursing Association (ETNA) International Conference	Zefat, Israel	Delivery room as an arena of intercultural encounters: The midwife experience. Traumatic birth experience – Israeli Arab and Jewish women's perception.	Poster Presentation Oral Presentation
2012	International Nursing Conference.	Jerusalem, Israel.	Differences between students and preceptors' perceptions on preparation measures and professional performance before and after the internship period.	Oral Presentation
2011	The 29 th International Confederation of Midwives (ICM) Triennial Conference of Midwives.	Durban, South Africa.	The impact of stressful childbirth situations on midwives.	Oral Presentation
2008	International Nursing Research Congress.	Jerusalem, Israel.	The impact of stressful childbirth situations on midwives.	Oral Presentation
2002	The 26 th International Confederation of Midwives (ICM) Triennial Conference of Midwives	Vienna, Austria	Ante-partum in-hospital bed rest as a treatment policy for high-risk pregnant women in Israel.	Oral Presentation

Participation in Scholarly National Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
2026**	Research fair	The Max Stern Yezreel Valley College, Israel	Beyond Boundaries in Nursing Education: Evaluating a Simulation-Based Telenursing Training Program for Nursing Students	Poster Presentation
2025**	Nursing Research Congress	Haifa, Israel	Evaluating a training program for nursing students through a simulation about providing remote nursing care (tele-nursing)	Oral Presentation
2024**	The Israel National Institute for Health Policy conference	Tel-Aviv, Israel	The interplay of institutional setting, cultural intelligence, and social interaction in a divided society.	Poster Presentation
2024**	Research fair	The Max Stern Yezreel Valley College, Israel	The association between institutional setting, cultural intelligence and social interaction in a divided society: a study among students.	Poster Presentation
2019**	National conference of professional associations in nursing	Beer-Sheva, Israel	Perseverance and long-term goals (GRIT) as a predictor of academic success among nursing students.	Oral Presentation
2018**	Nursing Research Congress	Hadera, Israel.	Motivation and empathy among nurses in hospitals and community clinics: The mediating role of burnout.	Oral Presentation
			Health and welfare of college employers.	Poster Presentation
2017**	National conference of professional associations in nursing	Tel-Aviv, Israel.	The association between Striae Gravidarum and 3rd & 4th degree perineal tears and their effect on the quality of the woman's life.	Oral Presentation
2017**	Research fair	The Max Stern Yezreel Valley College, Israel	Integrating advanced teaching methods in teaching women's health.	Oral Presentation
			Integrating advanced teaching methods.	Panel Chairman
2016**	Nursing Research Congress	Jerusalem, Israel.	The attitudes of nursing students and clinical instructors towards reporting irregular incidents in the medical clinic.	Oral Presentation
2015**	Nursing Research Congress	Beer-Sheva, Israel	Traumatic birth experience cross cultural view by Israeli Jewish and Arab women	Oral Presentation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
2015**	Israeli Midwives Association Congress	Nahariya, Israel	The influence of childbirth experiences on women's post-partum traumatic stress symptoms: a comparison between Israeli Jewish and Arab women	Oral Presentation
2014**	Nursing Research Congress	Tel-Aviv, Israel.	The caregiver as a patient - midwives perspective of their personal childbirth experience	Poster Presentation
2011	Research fair	The Max Stern Yezreel Valley College, Israel	Acceptance data as predictors of academic achievement among nursing students.	Oral Presentation
2010	Israeli Midwives Association Congress	Tel-Aviv, Israel.	Prediction of perineal trauma during childbirth by assessment of Striae Gravidarum score.	Oral Presentation
2009	Israeli Medical Quality Association Congress	Tel-Aviv, Israel.	Prediction of Perineal Trauma during Childbirth by Assessment of Striae Gravidarum Score.	Poster Presentation
2008	Nursing Research Congress	Tel-Aviv, Israel.	Midwives coping with extreme situations. The process of nursing students' preparation to lead health promotion programs within their community.	Oral Presentation Poster Presentation
2004	National Health Promotion Congress	Jerusalem, Israel.	Health Promotion Program-Nursing students within their community	Poster Presentation
2002	The 13 th National Nurses Congress	Tel-Aviv, Israel.	Alternative ways to study – pregnancy and birth learning center.	Oral Presentation
1999	National Nursing-Teachers Conference	Jerusalem, Israel.	Different attitudes of practical nurses studying to be registered nurses towards autonomy, patient advocacy, and professional development.	Oral Presentation

Organization of Conferences or Sessions

Date	Name of Conference	Place of Conference	Subject of Conference	Role
2026**	Innovations and Humanity in Health	The Max Stern Yezreel Valley College, Israel	Innovations and Humanity in Health	Conference Chairman. Conference Organizer

				Member of the Scientific Committee
2026**	Health Promotion Throughout the Life Course	The Max Stern Yezreel Valley College, Israel	Promoting health throughout the life course - in children and youth, women, men and the elderly.	Member of the Scientific Committee, Session Moderator, Session Chair.

8. Research Grants

a. Grants Awarded

a.1 External

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year	Amount
PI**	Dr. Ola Ali Saleh Dr. Gila Yakov	Assessing academic burnout and professional self-perception among undergraduate and graduate nursing students: An integrated study	The Research Center at the Department of Nursing Science, Yezreel Valley College – Funded by the Spencer Family	2026	14,500INS
Co – PI**	Dr. Gizell Green Dr. Ola Ali Saleh	Effectiveness of AI-Integrated Courseware in Enhancing Health Literacy Skills in Nursing Education	The Research Center at the Department of Nursing Science, Yezreel Valley College – Funded by the Spencer Family	2025	27,500 INS
Co – PI**	Dr. Ola Ali Saleh, Dr. Fuad Basis, Dr. Shiran Bord	The quality of life and the physical and mental health of Arab citizens in Israel in the shadow of crime and social violence.	The Israel National Institute for Health Policy Research	2024	131,351 INS
Co – PI	Dr. Ginosar, Dr. Yuskovitz	OBGYN anesthesia service in Israel: A snapshot.	The Israel National Institute for Health Policy Research	2011	150,000 INS

a.2 Internal

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year	Amount
PI**	Mrs. Layallah Massalha	International Collaboration between the YVC Department of Nursing and Caucasus University Georgia	Mobility Grant	2026	5,500 INS
Co – PI**	Dr. Roseanne Kheir Farraj Dr. Mira Khoury	The experiences of the lecturers and students in dealing with English content courses (EMI) in the nursing department.	The Max Stern Yezreel Valley College	2024	14,092 INS
PI**	Dr. Nava Blum Prof. Hana Admi	Health and welfare of college employees.	The Max Stern Yezreel Valley College	2017	6,300 INS
PI**	Dr. Efrat Barel, Dr. Orit Eldar	An examination of the involvement of hormones (cortisol and sex hormones) in gender differences in cognitive functions as a function of age.	The Max Stern Yezreel Valley College	2015	15,000INS

b. Submission of Research Proposals – Not Funded

b.1 External

Role in Research	Co-Researchers	Topic	Funded by	Year	Score
PI**	Dr. Samira Obeid	Factors and barriers of access to health services in the northern periphery of Israel	The Israel National Institute for Health Policy Research	2024	Not Funded
PI**	Dr. Ola Ali-Saleh	Evaluation of the Student Nursing Training Program on Provision of Telenursing through Simulation	ISF - Israel Science Foundation	2022	Not Funded
PI**	Dr. Ola Ali-Saleh	Assessment of training nursing students in the field of providing remote nursing care (tele-nursing) through simulation.	The Israel National Institute for Health Policy Research	2021	Not Funded

b.2 Internal

Role in Research	Co-Researchers	Topic	Funded by	Year	Score
PI**	Dr. Amit Gur, Dr. Dafna Halperin	Perceptions of nursing students in the aggressive clinical environment	The Max Stern Academic College of Emek Yezreel	2015	Not Funded
PI	Dr. Michal Mashiach	Becoming a nurse: a study of career choice and professional adaptation among nursing students in Israel	The Max Stern Academic College of Emek Yezreel	2011	Not Funded

9. Teaching

a. Courses Taught in Recent Years

Year	Name of Course	Type of Course Lecture/ Seminar/ Workshop/ High Learn Course/Introduction Course (Mandatory)	Degree	Number of Students
2022–present**	Clinical research project in nursing (EBN)	Seminar	B.A.	20
2022–present**	The inner world of the nurse	Workshop	M.A.	20
2021–present**	Nursing Leadership, final project (Practicum)	Seminar	M.A.	20
2021–2023**	Quantitative research	Seminar	B.A.	22
2021–2022**	Qualitative research	Seminar	B.A.	22
2021–2022**	Ethical issues in nursing	Workshop	B.A.	22
2018–2020**	Continuity in the management of health services	Lecture	M.A.	20
2016–2021**	Case management	Lecture and online lesson	M.A.	19
2015–2020**	Health promotion in multi-cultural society	Lecture	M.A.	19
2013	Qualitative Research Methods	Lecture	B.A.	38
2009–2021	Selected aspects of women's health	Lecture and online lesson	B.A.	122
2009–2021	Seminar in health promotion and chronic disease	Seminar	B.A.	22
2009–2020	Seminar - Women's health promotion	Seminar	B.A.	26
2009–2020	Development of personal skills for health promotion and patient care	Workshop	B.A.	26

Year	Name of Course	Type of Course Lecture/ Seminar/ Workshop/ High Learn Course/Introduction Course (Mandatory)	Degree	Number of Students
2009–2015	Ethical issues in women's health	Lecture	B.A.	41

b. Supervision of Graduate Students

Name of Student	Title of Thesis	Degree	Date of Completion/ in progress	Students' Achievements	Co-Supervisor
Ayelet Sela	Surrogacy Births as a Case Study of Delivery Room Staff Experiences: Communication, Coordination, and Role Boundaries in a Dual Service System	M.A.	In progress		
Yael Tedri	Attitudes of nurses towards implementing AI in their work	M.A.	2025**	M.A. in Organizational Development and Consulting	Aviv Kidron PhD
Yeudith Neprestac	Femininity, infertility and self-esteem in ultra-Orthodox society	M.A.	2021**	M.A. in Gender, Bar-Ilan University	Gilly Hartal PhD
Ina Chamishkin	The role of personality, pain and catastrophization in woman's decision to breastfeed and continue to breastfeed for the first three months after childbirth	M.A.	2015**	M.A. degree in Nursing	Prof. Michal Granot

c. Supervision of Honor Students

Name of Student	Title of Thesis	Degree	Date of Completion/ in progress	Students' Achievements	Co-Supervisor
Asif Elkayam Department of Behavioral Sciences	The effect of the birth experience and "zero separation" on the spouses' relationship and the sense of parental competence.	BA – The Honors program	2022**		

Name of Student	Title of Thesis	Degree	Date of Completion/ in progress	Students' Achievements	Co-Supervisor
Gil Millman Nursing Department	Between seriousness and laughter: differences and similarities between medical clowning and the nursing profession	BA – The Honors program	2018**		
Dana Menachem Nursing Department	A delivery room as an arena of intercultural encounters - a midwifery experience in a multicultural environment	BA – The Honors program	2014**		Daniela Arieli PhD

10. Miscellaneous

In 2018, as part of a Sabbatical, I traveled to Uganda and, together with a researcher at the University of Agha-Kan in Kampala, studied the midwives' coping with stress in the workplace – comparing midwives working in the city with midwives working in the villages. For three months I worked in a rural hospital in Uganda as a midwife/nurse and during this period I interviewed midwives, pregnant women and women after childbirth and later published my findings. I published a monograph on my experience, and two articles were published on *Journal of Obstetric, Gynecologic & Neonatal Nursing (JOGNN)* and *Journal of Asian Midwives*.

11. Professional Experience and Non-academic Community Service

Year	Organization Name	Role
2024-2026	"By your side" - accompanying pregnant and women after childbirth during the war	Volunteering as a midwife
2023–Present**	Local emergency team - Givat Ela	Volunteering as a nurse and health educator
2022–Present**	The health committee - Givat Ela	Volunteering as a nurse and health educator
2018**	Israeli medicine on the equator, Kiboga, Uganda	Volunteering as a midwife, nurse, and health educator
2014–Present**	Delivery room, Poria Hospital, Tiberias	Volunteering as a midwife
2014**	Refugee Clinic "Beterem", Tel Aviv	Volunteering as a nurse and health educator
2011–2021	Rape Crisis Center, Haifa and the valleys	Volunteering as an assistant and board member

12. Research areas

1. Women's health
2. Midwifery

3. PTSD
4. Nursing education
5. Health promotion

PUBLICATIONS

A. Ph.D. Dissertation

Perceived Stressors by High-Risk Pregnant Women on Bed Rest: A Comparison of Hospitalized Versus Home Treatment in Israel and Implications for care (English). 2005, 287p., Anglia Ruskin University, U.K. supervisor- Dr. Andrew McVicar. (book-2).

Published Monographs

1. **Halperin O.** (2020). *Now is my time – Kiboga, Uganda*. Self-published, Israel. [Hebrew, 136 pages].
2. **Halperin, O.** (2010). *Perceived stressors by high-risk pregnant women on bed rest – a comparison of hospitalized versus home treatment in Israel and implications for care*. VDM & Co. KG, Deutschland. 158 pages.

B. Articles in Refereed Journals:

H-index: Web of Science = 9; Google Scholar = 12

Citations: Web of Science (without self-citations) = 191; Google Scholar = 551

Note: For joint publications: First author is the main contributor, last author is usually the group head, the rest appear according to their relative contribution (unless otherwise specified).

Index:

Journal ranking (Q) of each manuscript were taken from Web of Science Clarivate JCR Database (<https://jcr.clarivate.com/jcr/home?Init=Yes&SrcApp=IC2LS>) and from Scimago Journal Rank (<https://www.scimagojr.com>).

Impact Factor of each manuscript was taken from Web of Science Clarivate JCR Database (<https://jcr.clarivate.com/jcr/home?Init=Yes&SrcApp=IC2LS>).

The number of citations of each manuscript was taken from Google Scholar.

Equal contribution

*Since receiving senior lecturer rank

**Since receiving tenure position

1. **Ali-Saleh, O., **Halperin, O.** # (2026). The role of intimate partner violence (IPV) in mediating between stress and depression among pregnant and childbearing women. *Nursing research and practice*, 2026, 8503712. <https://doi.org/10.1155/nrp/8503712>. JCR: 5 YR IF= 3.6; IF= 2.5; Quartiles: Q1 (Nursing). SJR: Quartiles: Q1 (Nursing). **Role in the publication:** I initiated the study and was involved in all phases of the research, including writing the paper. I was a partner in the paper revision during publication and read and approved the final manuscript.
2. ****Halperin O.**, Eldar-Regev, O. (2026). Perceived cultural competence among nursing students: A cross-sectional study. *International journal of nursing studies advances*, 10, 100489. <https://doi.org/10.1016/j.ijnsa.2026.100489>. JCR: 5 YR IF = 5.2; IF= 5.2; Quartiles: Q1 (Nursing). SJR: Quartiles: Q1 (Nursing). **Role in the publication:** I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript

3. ****Halperin, O.**, Green, G., Halevi Hochwald, I., & Idilbi, N. (2025). Life orientation, hope, and well-being during wartime: a comparative models study of the Arab and Jewish societies in Israel. *Journal of Mental Health*, 1–12.
<https://doi.org/10.1080/09638237.2025.2528200>
 JCR: 5-YR IF= 3.8; IF=3.2; Quartiles: Q1 (Psychology, Clinical).
 SJR: Quartiles: Q1 (Psychiatry and Mental Health).
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript

4. ****Ali-Saleh, O.**, Layalleh Massalha, L., **Halperin, O.#** (2025). Evaluation of a Simulation Program for Providing Telenursing Training to Nursing Students: Cohort Study. *JMIR Med Educ*, 11: e67804
 Doi: [10.2196/67804](https://doi.org/10.2196/67804)
 JCR: 5-YR IF= N/A; IF=3.2; Quartiles: Q1 (Education and Scientific disciplines).
 SJR: Quartiles: Q1 (Education).
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript

5. ****Yakov, G.**, Halevi Hochwald, I., Tsurriel, R., Sela, Y., Shachaf, S. & **Halperin O.** (2024). Nursing Professions' Distinctive Ethical Standards: Exploring a Code of Ethics. *Nursing Ethics*, 9697330241277986. Advance online publication. Doi: <https://doi.org/10.1177/09697330241277986>
 JCR: 5-YR IF= 3.7; IF= 2.9; Quartiles: Q1 (*Nursing and Ethics*).
 SJR: Quartiles: Q1 (Issues, Ethics, and Legal Aspects).
Role in the publication: I contributed to writing the Introduction and Discussion chapters of the manuscript. I was a partner in the paper revision during publication and read and approved the final manuscript.

6. ****Idilbi, N.**, Arieli, D., Satran, C., Ali Saleh, O. and **Halperin, O.** (2024). The association between institutional setting, cultural intelligence and social interaction in a divided society: a study among students. *Journal for Multicultural Education*, Vol.8 No.1.
 Doi: <https://doi.org/10.1108/JME-10-2023-0099>
 JCR: 5-YR IF= 1.1; IF= 0.8; Quartiles: Q3 (Education & Educational Research). SJR: Quartiles: Q1 (Cultural studies).
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was a partner in the paper revision during publication and read and approved the final manuscript.

7. ****Obeid S**, Mashiach-Eizenberg M, Jabareen N, Endevelt, R, **Halperin O.** (2024). Characteristics of Sweetened Beverage Consumption - The Case of Umm Al-Fahm. *Annals of Epidemiology and Public Health*, 7(2): 1122
 JCR: IF=NA; Peer-reviewed journal.
Role in the publication: I contributed to writing the Introduction and Discussion chapters of the manuscript. I was the corresponding author of this paper and performed the paper revision during publication and read and approved the final manuscript.

8. ****Biton, L.**, Shvartsur, R., Grinberg, K., Kagan, I., Linetsky, I., **Halperin, O.**, Azab, A. N., & Cohen, O. (2024). Vaccinating without complete willingness against COVID-19: Personal and social aspects of Israeli nursing students and Department members. *Nursing Inquiry*, 31(2), e12601.
 Doi: <https://doi.org/10.1111/nin.12601>.
 JCR: 5-YR IF= 2.9; IF= 2.2; Quartiles: Q1 (Nursing).
 SJR: Quartiles: Q1 (Nursing).

Role in the publication: I contributed to conceptualizing the research strategy and collecting the data. I contributed to writing the Introduction and Discussion chapters of the manuscript. I also read and approved the final manuscript.

9. ****Halperin, O.**, Idilbi, N., Robes, D., Nahir Biderman, S., Malka-Zeevi, H., & Green, G. (2023). Predicting Post-Traumatic Stress Disorder: The Complex Relationship between Burnout, Intentions to Leave and Emotional Support among Healthcare Professionals. *Nursing Outlook*, 72(2), 1-8, 102134, ISSN 0029-6554.
Doi: <https://doi.org/10.1016/j.outlook>.
JCR: 5-YR IF= 3.6; IF= 4.1; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Nursing).
Role in the publication: I contributed to conceptualizing the research strategy and collecting the data. I contributed to writing the Introduction chapter of the manuscript. I also read and approved the final manuscript.
10. ****Mbatudde, D., Sarki, A., Halperin, O.**, Asuquo, E., & Edward, G. (2023). Work-related stress among midwives in Central Uganda. A key comparison between rural-urban and private-public midwives: A Cross-sectional Study. *Journal of Asian Midwives*, 10(1), 3–17.
JCR: IF=N/A, Peer-reviewed journal.
Number of citations: 1.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I read and approved the final manuscript.
11. ****Livshiz-Riven, I., Hurvitz, N., Grinberg, K., Halperin, O.**, Spitz, A., Itzhaki, M., Grinstein Cohen, O., Blau, A., Ziv-Baran, T., Westbrook, J., Urwin, R., Li, L., Barnoy, S., Reichel, S. (2023). Nursing students' experiences of unprofessional behaviors and associations with guideline compliance: a multi-center survey, *Nurse Education in Practice*, 103739, ISSN 1471-5953.
Doi: <https://doi.org/10.1016/j.nepr.2023.103739>.
JCR: 5-YR IF= 3.4; IF= 3.3; Quartiles: Q1(Nursing).
SJR: Quartiles: Q1 (Nursing and Education).
Number of citations: 4.
Role in the publication: I contributed to conceptualizing the research strategy and collecting the data. I contributed to writing the Introduction chapter of the manuscript. I also read and approved the final manuscript.
12. ****Liebergall-Wischnitzer, M., Noble, A., Raz, I., Halperin, O.** (2022). A correlational study of midwives' self-compassion, psychosocial health, and well-being during the first wave of Covid-19. What have we learned? *Journal of Midwifery & Women's Health (JMWH)*, 68(5), 645–651.
Doi: <https://www.researchgate.net/publication/371910584>
JCR: 5 YR IF=3.1; IF 2.2; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1(Maternity and Midwifery).
Number of citations: 2.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.
13. ****Halperin, O.**, Ali-Saleh, O., Ore, L., Jadaon, J. E. (2022). Depression, Stress, and the Mediating Role of Intimate Partner Violence (IPV) Among Israeli Women of Childbearing Age in the Shadow of the COVID-19 Pandemic. *Journal of Interpersonal Violence*, 8862605221111415. Advance online publication.
Doi: <https://doi.org/10.1177/08862605221111415>.
JCR: 5-YR IF= 2.8; IF= 2.6; Quartiles: Q1 (Criminology & Penology).
SJR: Quartiles: Q1 (Applied and Clinical Psychology).
Number of citations: 4.

Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

14. ****Halperin, O., Noble, A., Yakov. G., Raz, I., Liebergall-Wischnitzer, M. (2022).** Exploring midwives' coping and functioning in the labour wards during the Covid-19 pandemic from the Labour Ward Head Nurses' perspective: A qualitative study. *Journal of Nursing Management*, 30(7),3074-3082.
Doi: <https://doi.org/10.1111/jonm.13710>
JCR: 5-YR IF= 4.5; IF= 3.7; Quartiles: Q1 (Nursing & in Management).
SJR: Quartiles: Q1 (Leadership & Management).
Number of citations: 5.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

15. ****Ali-Saleh, O., Halperin, O.# (2022).** Cross-sectional study of factors influencing perceived threat and stress among the Arab minority in Israel during the COVID-19 pandemic. *International Journal of Environmental Research and Public Health*, 19(16), 10326.
Doi: <https://doi.org/10.3390/ijerph191610326>.
JCR: 5-YR IF = 4.799; FI=4.614; Quartiles: Q1 (Public, Environmental & Occupational Health).
SJR: Quartiles: Q2 (Public, Environmental & Occupational Health).
Number of citations: 2.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

16. ****Ali-Saleh, O., Halperin, O. (2022).** Influenza virus vaccine compliance among pregnant women during the COVID-19 pandemic (pre-vaccine era) in Israel and future intention to uptake BNT162b2 mRNA COVID-19 vaccine. *Vaccine*. 18; 40(13): 2099-2106.
Doi: <https://doi.org/10.1016/j.vaccine.2022.02.026>.
JCR: 5-YR IF= 4.9; IF=5.2; Quartiles: Q1 (Medicine, Research & Experimental Immunology).
SJR: Quartiles: Q1 (Public, Environmental & Occupational Health).
Number of citations: 14.
Role in the publication: I contributed to conceptualizing the research strategy and collecting and processing data. I contributed to writing the Introduction and Discussion chapters of the manuscript. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

17. ****Ali-Saleh, O., Halperin, O., Baron-Epel, O. (2022).** Predictors of maternal self-efficacy and the mediating role of postpartum fatigue for Jewish and Arab women in Northern Israel. *Midwifery*. 107: 103281. <https://doi.org/10.1016/j.midw.2022.103281>
JCR: 5-YR IF= 2.9; IF= 2.6; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Maternity & Midwifery).
Number of citations: 7.
Role in the publication: I contributed to writing the Introduction and Discussion chapters of the manuscript. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

18. **** Dor, A., Halperin, O. (2022)** Nurses' Job Satisfaction and Motivation: Patients' and Nurses' Perceptions. *Journal of Biosciences and Medicines*, 10, 121-131.
Doi: [10.4236/jbm.2022.106011](https://doi.org/10.4236/jbm.2022.106011).
JCR: IF=N/A, Peer-reviewed journal.
Number of citations: 17.

Role in the publication: I contributed to writing the Introduction and Discussion chapters of the manuscript. I read and approved the final manuscript.

19. ****Daher, A., Halperin, O.#** (2021). Association between Psychological Stress and Neck Pain among College Students during the Coronavirus Disease of 2019 Pandemic: A Questionnaire-Based Cross-Sectional Study. *Healthcare*, 9(11),1526.
Doi: <https://doi.org/10.3390/healthcare9111526>
JCR: 5-YR IF= 2.5; I.F.2.4; Quartiles: Q2 (Health Policy & Services).
SJR: Quartiles: Q2 (Health Policy).
Number of citations: 30.
Role in the publication: I contributed to conceptualizing the research strategy and collecting and processing data. I contributed to writing the Introduction and Discussion chapters of the manuscript. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

20. ****Halperin O., Eldar-Regev, O.** (2021). Predicting Academic Success based on Perseverance and Passion for long-term goals (grit) among nursing students: Is there a cultural context? *Nurse Education Today*,100,104844.
Doi: <https://doi.org/10.1016/j.nedt.2021.104844>
JCR: 5 YR IF= 4; IF 3.6; Quartiles: Q1(Nursing, Education & Scientific disciplines).
SJR: Quartiles: Q1 (Nursing & Education).
Number of citations: 52.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

21. ****Halperin O.** (2021). Women's Perspectives of Childbirth in Kiboga, Uganda. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, ISSN 0884 - 2175
Doi: <https://doi.org/10.1016/j.jogn.2021.01.002>.
JCR: 5YR IF= 1.9; IF 1.8; Quartiles: Q2 (Nursing).
SJR: Quartiles: Q1 (Maternity & Midwifery).
Number of citations: 1.

22. ****Jadaon, J., Ali-Saleh, O., Halperin, O., et al.** (2020). Nazareth and Yezreel Valley College (NYVC) study: Predictors of Stress, Anxiety and Depression among Pregnant Women During the First Wave of the COVID-19 Pandemic in Israel. *Open Journal of Depression and Anxiety*.
DOI: <https://doi.org/10.22541/au.160266970.08907110/v1>.
JCR: IF=N/A, Peer-reviewed journal.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I also read and approved the final manuscript.

23. ****Halperin O., Blum N., and Admi H.** (2019). Lifestyle and Quality of Life Assessment of Israeli College Employees. *Journal of Practical Professional Nursing*, 3: 013. DOI: <http://dx.doi.org/10.24966/PPN-5681/100013>.
JCR: IF=N/A, Peer-reviewed journal.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

24. ****Halperin O. and Bornstein O.** (2019). The attitudes of nursing students and clinical instructors towards reporting irregular incidents in the medical clinic. *Nurse Education in Practice*, 36, 34–39.
DOI: <https://doi.org/10.1016/j.nepr.2019.02.018>.
JCR: 5 YR IF= 3.4; IF-3.3; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Nursing & Education).
Number of citations: 26.

Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

25. **Dor, A., Mashiach Eizenberg, M. and **Halperin, O.** (2018). Hospital Nurses in Comparison to Community Nurses: Motivation, Empathy, and the Mediating Role of Burnout. *Canadian Journal of Nursing Research* 0(0): 1– 12.
Doi: <https://doi.org/10.1177/0844562118809262>.
JCR: 5 YR IF= 1.9; IF: 1.7; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Nursing).
Number of citations: 47.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

26. ****Halperin, O.**, Noble, A., Balachsan, S., Klug, E., & Liebergall- Wischnitzer, M. (2017). Association between Severities of Striae Gravidarum and Obstetric Anal Sphincter Injuries (OASIS). *Midwifery* 54C: 25-28.
DOI: <https://doi.org/10.1016/j.midw.2017.07.019>.
JCR: 5 YR IF= 2.9; IF= 2.6; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Maternity & Midwifery).
Number of citations: 18.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

27. ****Halperin, O.**, Sarid, O., & Cwikel, J. (2015). The influence of childbirth experiences on women's post-partum traumatic stress symptoms: a comparison between Israeli Jewish and Arab women. *Midwifery*, 31(6), 625–632.
Doi: <http://dx.doi.org/10.1016/j.midw.2015.02.011>.
JCR: 5 YR IF= 2.9; IF= 2.6; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Maternity & Midwifery).
Number of citations: 79.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

28. **Shemi, G., & **Halperin, O.** # (2014). Yezreel Valley College, Israel's first health promoting college: From theory to practice. *Health Promotion in Israel - Israeli Journal of Health Promotion and Education*, 5: 13-19. [Hebrew]
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I also contributed to the paper revision (during the publication process) and read and approved the final manuscript.

29. **Halperin, O.**, Sarid, O., & Cwikel J. (2013). A Comparison of Israeli Jewish and Arab Women's Birth Perceptions. *Midwifery*, 37(7), 853–861.
Doi: <https://doi.org/10.1016/j.midw.2013.11.003>.
JCR: 5 YR IF= 2.9; IF= 2.6; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Maternity & Midwifery).
Number of citations: 32.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

30. **Halperin, O.**, & Mashiach, M. (2013). Becoming a nurse: a study of career choice and professional adaptation among nursing students in Israel. *Nurse Education Today*, 34(10), 1330–1334.
Doi: <https://doi.org/10.1016/j.nedt.2013.10.001>.

JCR: 5 YR IF= 4; IF= 3.6; Quartiles: Q1 (Nursing).

SJR: Quartiles: Q1 (Nursing & Education).

Number of citations: 80.

Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.

31. Mashiach, M., & **Halperin, O.** (2012). Acceptance data as predictors of academic achievement among nursing students - is that so? *Body of Knowledge*, 9: 23-29. [Hebrew].
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.
32. **Halperin, O.**, Geler, D., & Or-Chen, K. (2012). Differences between students and preceptors' perceptions on preparation measures and professional performance before and after the internship period. *Body of Knowledge*, 9: 15-22. [Hebrew].
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.
33. **Halperin, O.**, Goldblat, H., Raz, I., Zvulunov, I., Noble, A., Liebergall- Wischnitzer, M. (2011). Stressful Childbirth Situations: A Qualitative Study of Midwives. *Journal of Midwifery & Women's Health*, 56(4): 388-394.
 Doi: <https://doi.org/10.1111/j.1542-2011.2011.00030.x>
 JCR: 5 YR IF=3.1; IF 2.2; Quartiles: Q1 (Nursing).
 SJR: Quartiles: Q1 (Maternity & Midwifery).
 Number of citations: 85.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.
34. **Halperin, O.**, Iris, R., Ben-Gal, L., Or-Chen, K., Granot, M. (2010). Prediction of Perineal Trauma during Childbirth by Assessment of Striae Gravidarum Score. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*. 39(3): 292-297.
 Doi: <https://doi.org/10.1111/j.1552-6909.2010.01137.x>
 JCR: 5YR IF= 1.9; IF 1.8; Quartiles: Q2 (Nursing).
 SJR: Quartiles: Q1 (Maternity and Midwifery).
 Number of citations: 36.
Role in the publication: I initiated the study and was involved in all phases of the research, including writing the paper. I was the corresponding author of this paper and performed the paper revision during publication. I also read and approved the final manuscript.
35. Ben-Arye, R., Schiff, E., Pasternak, S., Levy, M., & **Halperin, O.** (2010). Patients Between Dryness and Dampness: Guided Imagery Metaphors in the Treatment of Patients with Post radiation Xerostomia. *Journal of Pediatric Hematology/Oncology*, 2(1): 47-51.
 JCR: 5YR IF= N/A; IF =0.078; Quartiles: Q4 (Oncology).
 SJR: Quartiles: Q3 (Oncology).
 Number of citations: 3.
Role in the publication: I contributed to conceptualizing the research strategy and collecting and processing data. I contributed to writing the Introduction and Discussion chapters of the manuscript. I also read and approved the final manuscript.
36. **Halperin, O.** (1994). Nursing in the educational system in Israel, *The Nurse in Israel*. [Hebrew].

37. **Halperin, O.** (1988). Is there any relation between the prestige of nursing profession and the choice of profession among students fourth year high school, *The Nurse in Israel*. [Hebrew].

B. Submitted Publications

38. **Halperin, O., Ali-Saleh, O.# (2026). Intimate partner violence, stress and depression during pregnancy and the postnatal period. *Nursing Open Journal*.
JCR: 5 YR IF=3.6; IF= 3.1; Quartiles: Q1 (Nursing).
SJR: Quartiles: Q1 (Nursing).
39. **Adawi, S., Green, G., Lochmannová, A., **Halperin, O.**, Idilbi, N., Inbal Halevi Hochwald, I. (2025). Exploring Changes in Stigmatized Attitudes, Social Distance, and Empathy Among Nursing Students Before and After Clinical Mental Health Practice: A Comparative Study of Arabs and Jews Sector. *Heliyon*.
JCR: 5 YR IF = 3.9; IF= 3.4; Quartiles: Q1 (Multidisciplinary Sciences).
SJR: Quartiles: Q1 (Multidisciplinary).
40. **Green, G., **Halperin, O.**#, Idilbi, N., and Halevi-Hochvald, I. (2025). Exploring the Interplay of Well-being, Life Orientation, and Hope as Mediators in the Forces of Media Literacy, Functional and Critical Consumption, and Resilience in War times among Jewish Population: Mixed Methods Design. *Media Psychology*.
JCR: 5 YR IF=4.3; IF= 3.4; Quartiles: Q1 (Communication and Applied Psychology).
SJR: Quartiles: Q1 (Communication and Applied Psychology)

C. Summary of my Activities and Future Plans

As a midwife and women's health researcher, I have consistently bridged the gap between clinical practice and academic research, ensuring that each domain enriches the other. My research portfolio demonstrates this integration, spanning from delivery room practice to nursing education innovation.

My core research in women's health has produced actionable insights with immediate clinical applications. By investigating PTSD in traumatic births among Jewish and Arab women, and studying the relationships between pregnancy stretchmarks, birth canal tears, and pelvic muscle function, I've contributed directly to improving patient care. These studies culminated in the development of a national-level training course for midwives, exemplifying how research can transform clinical practice.

In nursing education, my research has catalyzed significant pedagogical innovations.

Studies on admission criteria as predictors of academic success, student-preceptor perception gaps, and alternative learning methodologies have directly informed curriculum reforms. My groundbreaking work on GRIT as a predictor of student retention, examined through a cultural lens, has enhanced our understanding of student success factors across diverse populations.

The synergy between my research and teaching is evident in my course development. As an instructor of women's health and health promotion, I integrate current research findings into curriculum design, ensuring students benefit from the latest evidence-based practices. This approach culminated in establishing innovative programs like the pregnancy and birth learning center.

During my decade-long tenure as chairman of the National Midwives Association's research committee, I fostered collaboration between clinical practice and research. The resulting studies not only advanced midwifery practice but also informed national training protocols, particularly in managing extreme situations. These findings have been disseminated through international conferences and peer-reviewed publications, contributing to global dialogue in the field.

My leadership in the "healthy green campus" initiative demonstrates my commitment to translating research into community action. By engaging students, colleagues, and community stakeholders in research-based health promotion activities, we've created a model program documented in Israeli educational and health promotion literature.

As head of the Nursing department since 2020, I've implemented evidence-based innovations including digital pedagogy integration, new courses in healthcare accessibility and tele-nursing, and research initiatives examining cultural competence. These changes reflect my commitment to aligning academic programs with evolving healthcare needs.

In my current role leading the master's degree program in nursing (from 10/2024), I am focused on establishing a research track with thesis options, further strengthening the connection between academic inquiry and clinical practice. This initiative aims to develop the next generation of nurse-researchers who will continue to bridge the theory-practice gap in healthcare.