

July, 2025

Michal Einav, PhD

PERSONAL DETAILS

Certified clinical psychologist, License no. 27-29019

Home Address: 1st Brazil St. Tel Aviv

Work Address: Peres Academic Center

The Academic College of Tel-Aviv Yaffo

Bar-Ilan University

Private practice – 21st Bloom St, Tel-Aviv.

Tel: 972-52-5983040

E-mail: einav.michal@gmail.com

EDUCATION

1994-1997 Tel Aviv University, Psychology & Sociology, B.A.

1998-2000 Ben Gurion University, Clinical Psychology, M.A.

2001–2005 Rutgers University, Social-Experimental Psychology, PhD (Cum Laude)

ACADEMIC EXPERIENCE

1996-1997 Tel Aviv University, Psychology Department, Research Assistant

1998-2000 Ben Gurion University, Psychology Department, Teaching Assistant

2001-2005 Rutgers University, Psychology Department, Head of the Behavioral Dynamics Lab

2006- Present, The Academic College of Tel-Aviv Yaffo, Psychology Department, Adjunct Lecturer

2006-2012 Peres Academic Center, Behavioral Sciences school, Lecturer

2012- Present, Peres Academic Center, Behavioral Sciences school, Senior lecturer

2012- Present, Peres Academic Center, Behavioral Sciences school, Head of Teaching Committee

2016- Present, Peres Academic Center, Educational Psychology program, Head of MA program

2019-2020, 2025 - Bar-Ilan University, Lecturer

PROFFESIONAL EXPERIENCE

1995-1998 'Hand in Hand Association', Head of youth support line

1996-1997 Closed youth ward, Abarbanel Psychiatric Hospital, Social guide

1997-1998 Youth Promotion Department, Tel-Aviv Municipality, High-Risk youth group guidance

1998-1999 Closed youth ward, Beer-Sheva Psychiatric Hospital, Clinical Psychology practicum

1999-2000 Eating Disorders Clinic, Soroka Hospital, Clinical Psychology practicum

2005-2006 Psychiatric day ward, Kaplan Medical Center, Clinical Psychology Internship

2006-2009 Child and adolescent psychiatric clinic, Sheba Medical Center, Clinical Psychology Internship

2007- Present, Private practice, Psychodiagnostics and psychotherapy, Clinical Psychology

ACADEMIC AND PROFESSIONAL AWARDS (Prizes, Grants)

2005 Rutgers University Graduate student excellence award

2007, 2015, 2019 The Academic College of Tel-Aviv Yaffo, Excellence in teaching award

2008- present, Peres Academic Center, Excellence in teaching award

MEMBERSHIP IN PROFESSIONAL SOCIETIES

1998 – Present, Israeli Psychological Association, Clinical psychology Division

2000 – Present, Society for Personality and Social Psychology

2020 – Present, "MITAM" Committee, National Center for Examinations and Assessment

2021 – Present, International Society for Research on Solitude

2022 – Present, International Society on Early Intervention

2023 – Present, American Psychological Association

2024 – Present, Association for Psychological Science

CONTRIBUTAION TO ACADEMIA

2023-2024 Member of the appointment committee for the promotion of a faculty member at the "Emek Jezreel Academic College", Israel.

RESEARCH AREAS

Child and family dynamics, Parental and couples' relationships, Resilience and post traumatic growth, Hope theory, Loneliness

TEACHING EXPERIENCE

Introduction to Psychology, Child and Adolescents Developmental Psychology, Adulthood and Aging Developmental Psychology, Personality Theories A, Personality Theories B, Abnormal Psychology A, Abnormal Psychology B, Psychology of Learning and Behavior, Psycho-diagnostics of Child and Adolescents A, Psycho-diagnostics of Child and Adolescents B, Psycho-diagnostics of Child and Adolescents C, Psychodynamic Therapy with Children and Adolescents A, Psychodynamic Therapy with Children and Adolescents B, Psychological Issues of Family and Parenthood, Empirical Seminar Coupling and Parenthood, Developmental Perspectives of Psychopathology.

PUBLICATIONS

ARTICLES

Einav, M., Ohana, K. & Laslo-Roth, R. (Under review). Attachment orientation and post-traumatic growth, the moderating role of resilience. *Journal of Traumatic Stress*.

Einav, M., Klor, Y. & Schmidt Barad, T. (Under review). Family–work conflict and resilience resources

among haredi and secular women. *Mifgash- Social and Educational Research* (Hebrew)

Confino, D., **Einav**, M., Rosenstreich, E. & Margalit, M. (Under review). Attachment, hope, and post-traumatic growth in the face of ongoing war. *Applied Research in Quality of Life*.

Einav, M., Eliezer, Y., & Schmidt-Barad, T. (2025). Parental differentiation, self-differentiation and attachment among twins and non-twin siblings. *Family Relations: Interdisciplinary Journal of Applied Family Science*, 74(1), 121-143.

Einav, M., Confino, D., Geva, N. & Margalit, M. (2024). Protective and risk actors of teachers' burnout: The role of social support, gratitude, hope, entitlement and loneliness. *International Journal of Applied Positive Psychology*, 1-23.

Confino, D., **Einav**, M., & Margalit, M. (2023). Post-traumatic Growth: The Roles of the Sense of Entitlement, Gratitude and Hope. *International Journal of Applied Positive Psychology*, 8, 453-465.

Einav, M., & Margalit, M. (2023). Loneliness before and after COVID-19: Sense of Coherence and Hope as Coping Mechanisms. Special Issue: "Public Health Consequences of Social Isolation and Loneliness". *International Journal of Environmental Research and Public Health*, 20, 5840.

Einav, M., & Margalit, M. (2022). The hope theory and specific learning disorders and/or attention deficit disorders (SLD/ADHD): Developmental perspectives. *Current Opinion in Psychology*, 101471.

Einav, M., Hershkovitz, M., & Schmidt-Barad, T. (2020). Phases in the family unit and their link to maternal and marital experiences. *Psychological Studies*, 65, 467-480.

Einav, M., & Margalit, M. (2020). Hope, loneliness and sense of coherence among bereaved parents. *International Journal of Environmental Research and Public Health*. 17, 2797-2809.

Einav, M., & Margalit, M. (2019). Sense of coherence, hope theory and early intervention: A longitudinal study. *JETT: Journal for Educators, Teachers and Trainers - Early Childhood Monograph*. 10(2), 22-33.

Ben-Naim, S., Gill, N., Laslo-Roth, R., & **Einav**, M. (2019). Parental stress and parental self-efficacy as mediators of the association between children's ADHD and marital satisfaction. *Journal of Attention Disorders*, 23(5), 506-516.

Einav, M., Sharabi, A., Even-Hen Peter, T. & Margalit, M. (2018). Test accommodations and positive affect among adolescents with learning disabilities: The mediating role of attitudes, academic self-efficacy, loneliness and hope. *Athens Journal of Education*, 5(4),

345-360.

- Feldman, D., **Einav**, M. & Margalit, M. (2018). Does family cohesion predict children's effort: The mediating role of SOC, loneliness and hope during childhood. *Journal of Psychology: Interdisciplinary and Applied*, 152(5), 276-289.
- Ben-Naim, S., Laslo-Roth, R., **Einav**, M., Biran, H., & Margalit, M. (2017). Academic self-efficacy, sense of coherence, hope and tiredness among college students with learning disabilities. *European Journal of Special Needs Education*, 32(1), 18-34.
- Levi, U., **Einav**, M., & Margalit, M. (2014). Academic expectations and actual achievements: The roles of hope and effort. *European Journal of Psychology of Education*. 29,367-386.
- Einav**, M. (2014). Perceptions about parents' relationship and parenting quality, attachment styles and young adults' intimate expectations: A cluster analytic approach. *The Journal of Psychology: Interdisciplinary and Applied*. 148(4), 413-434.
- Einav**, M. (2014). Psychological resources and victim blame in sexual assaults. *Mifgash- Social and Educational Research*, 22(40), 87-113. (Hebrew).
- Einav**, M. (2014). Book Review: Lonely children and adolescents: Self-perceptions, social exclusion and hope. By: M. Margalit. New York: Springer.
- Levi, U., **Einav**, M., Raskind, I., Ziv, O., & Margalit, M. (2014). Academic expectations and actual achievements: The roles of hope and effort. *European Journal of Psychology of Education*, 29,367-386.
- Levi, U., **Einav**, M., Raskind, I., Ziv, O., & Margalit, M. (2013). Helping students with LD to succeed: the role of teachers' hope, sense of coherence and specific self-efficacy. *European Journal of Special Needs Education*. 28(4), 427-439
- Einav**, M., Levi, U. & Margalit, M. (2012). Mothers' coping and hope in early intervention. *European Journal of Special Needs Education*, 27(3), 265-279.
- Harber, K.D., **Einav**, M. & Lang, F. (2008). They heard a cry: Psycho-social resources moderate perception of others' distress. *European Journal of Social Psychology*, 38(2), 296-314.

CHAPTERS IN BOOKS

- Margalit, M., Schmidt-Barad, T. & **Einav**, M. (2022). Individual and interpersonal aspects of hope and people with developmental disabilities. In Wehmeyer, M. I., & Dunn, D. S., (Eds.) *The Positive Psychology of Personal Factors: Implications for Understanding Disability*, (Chp.

7,107-125), Lanham, Maryland; Lexington Press.

Ben-Naim, S. & **Einav**, M. (2018). Intimate relationship quality when parenting a child with special needs: Resilience and risk factors. In Columbus, A.M. (Ed.). *Advances in Psychology Research* (pp. 1-74). Nova Science Publisher, NY.

Ben-Naim, S., **Einav** M., Laslo-Roth, R., & Margalit, M. (2017). Hope in the family: Individual differences in parenting stress, personal resources and coping. In Celinski, M. J. & Gow, K. M., (Eds). *Hope: Individual Differences, Role in Recovery and Impact on Emotional Health* (pp 19-52). Nova Science Publisher, NY.

Einav, M., Rosenstreich, E., Levi, U., & Margalit, M. (2015). Coping with loneliness during childhood and adolescence. In A. Rockach & Shaked A. (Eds.), *Treating Loneliness*. NY: Routledge.

PAPERS PRESENTED AT MAJOR SCIENTIFIC MEETINGS (after 2000)

Einav, M. (Under review). *Attachment As a Predictor of Loneliness: The Mediating Roles of Acceptance and Gratitude in Romantic Relationships*. Submitted to the APS Global Psychological Science Summit. Online.

Einav, M. (May, 2025). *Attachment to Resilience: The Direct and Mediating Roles of Personal, Parental and Marital Resources*. Presented at the APS Annual Convention, Washington D.C., USA.

Einav, M. & Confino, D. (May, 2025). *Resilience Factors in Post-Traumatic Growth in the Wake of the October 7th Attack: A Two-Waves Study*. Presented at the Mental Health in the Reality of War: The Consequences of October 7th and the war that followed conference, Israeli Center of Addictions, Hebrew University, Israel.

Einav, M., & Levy, S. (October, 2024). *Personal, Parental and Marital Aspects of the 'parental Child' Phenomenon*. The APS Global Psychological Science Summit. Online.

Einav, M., & Margalit, M. (July, 2023). "It was the best of times; it was the worst of times": The positive psychology perspectives of the pandemic". Presented at the 18th European Congress of Psychology (ECP), Brighton, UK.

Einav, M., George-Levi, S., Benisti, L., Finkelstein, A., Roth, R., Tenenbaum, A., & Margalit, M. (Sept. 2022). *Mothers' roads to wellbeing: Entitlement, gratitude, support and hope*. Presented at the 38th international conference on Integrating Research and Practice in Early Childhood Intervention. DEC & ISEI Joint Conference, Chicago, Illinois.

- Einav, M., & Margalit, M.** (March, 2022). *Loneliness and Self-Efficacy in Higher Education: The Mediating Role of Social Support and Hope*. Presented at the 3rd international conference on Alone Together Again. The International Society for research on Solitude, Szczecin University, Poland.
- Einav, M., Elbaz, O. & Margalit, M.** (February, 2021). *Bereavement in families – Hope and loneliness*. Presented at the 1st international conference of Hope and well Being during times of stress, COVID-19 and beyond. Hope Research Center, Peres Academic Center.
- Einav, M. & Venkart, N.** (January 2019). *Hope and loneliness in bereaved families*. Presented at the 3rd International Conference on Loss, Bereavement & Human Resilience in Israel and the World: Facts, Insights & Implications. Eilat.
- Einav, M., Livne, H. & Margalit, M.** (September, 2018). *Hope theory when dealing with bereaved families*. Presented at the Conference of Three Decades of Research on the Importance of Hope in Education, Psychotherapy, and Healthcare. Rehovot (Hebrew).
- Einav, M., Venkart, N., Livne, H., Akiva, M., Zurbal, S., Kirzner, O., Shoval, Y., Simhi, R., & Margalit, M.** (February, 2018). *Hope and coping: The families' experience*. Presented at the Conference of Memorial and Heritage - complementary circuits, Families' Department, Ministry of Defense. Tel-Aviv (Hebrew).
- Einav, M., Venkart, N., Livne, H., Akiva, M., Zurbal, S., Kirzner, O., Shoval, Y., Simhi, R., & Margalit, M.** (November, 2017). *Hope, loneliness and coping among bereaved families*. The 19th Annual Conference of the Social workers. Tel-Aviv (Hebrew).
- Einav, M.** (2011). *Rorschach psychopathological markers in children and adolescents diagnosed with ADHD*. 6th International Conference on Child and Adolescent Psychopathology, London, England.
- Einav, M.** (2006). *Psychological resources and victim blaming*. The 7th annual conference of the Society for Personality and Social Psychology, Palm Springs, CA.
- Einav, M.** (2005). *Social support, just world beliefs and victim blaming*. The 6th annual conference of the Society for Personality and Social Psychology, New Orleans, LA.
- Einav, M.** (2004). *Distorted time perception due to stress and social context*. The 5th annual conference of the Society for Personality and Social Psychology, Dallas, TX.
- Einav, M.** (2003). *Social support, emotional expression, and the perception of disturbing stimuli*. The 4th annual conference of the Society for Personality and Social Psychology, Los Angeles, CA.
- Einav, M. & Tibon, S.** (2002). *Using projective methods for planning psychotherapy in children: A case study*. Midwinter Meeting of the Society for Personality Assessment, San-Antonio, TX.

AD-HOC REVIEWER

Current Psychology

Journal of Adult Development

The Open Public Health Journal

Mental Health Journal

International Journal of Disability, Development and Education

Psychological Studies

Personal Relationships

Couple and Family Psychology: Research and Practice

Journal of Psychiatric Research

The European Journal of Special Needs Education

European Journal of Investigation in Health, Psychology

Behavioral Sciences