

Maayan Pereg, PhD

Department of Psychology, Achva Academic College

**Education**

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2020-2021	Postdoc	Tel-Aviv University, Sagol school of Neuroscience. Supervisor: Dr. Nitzan Shahar
2019	Short-term Postdoc	Ben-Gurion University of the Negev, Department of Psychology.
2013-2019	PhD	Ben-Gurion University of the Negev, Department of Psychology. Supervisor: Prof. Nachshon Meiran. <i>Title: Mechanisms in instructions-based behavior.</i>
2011-2013	MA	Ben-Gurion University of the Negev, Department of Psychology, Experimental Psychology: Cognition and Brain track. <i>Summa Cum Laude</i> Supervisor: Prof. Nachshon Meiran. <i>Title: Task switching training effects are mediated by working memory management.</i>
2008-2011	BA	Ben-Gurion University of the Negev, Psychology and Art History. <i>Summa Cum Laude</i>

**Academic appointments**

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2022-                      Lecturer, Department of Psychology, Achva Academic college.

**Fellowships**

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2021	<i>Yitzhak Navon <u>Post-Doctoral scholarship</u>, Ministry of Science and Technology.</i>
2020 – 2021	<i>Minducate Science of Learning Research and Innovation Center <u>Post-Doctoral scholarship</u>, Sagol school of Neuroscience, Tel-Aviv University. Title: Estimating individuals' learning needs to improve the fit between students and their educational environment.</i>
2019	Short-term <i><u>Post-Doctoral scholarship</u>, Ben-Gurion University of the Negev.</i>
2013-2017	<i>Negev scholarship for outstanding PhD students, Kreitman School of Advanced Graduate Studies, Ben-Gurion University of the Negev.</i>

## Publications

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### Published papers in peer-reviewed journals

1. **Pereg\***, M., Harpaz\*, D., Sabah, Amir, I., K., Dreisbach, G., Ben-Shachar, M.S., & Meiran, N. (2021). Learning an abstract general task structure in a rapidly changing task content. *Journal of Cognition*, 4(1): 31. doi: [10.5334/joc.176](https://doi.org/10.5334/joc.176) (no available rank).  
\* Joint first authorship
2. **Pereg, M.** & Meiran, N. (2021). Power of instructions for task implementation: Superiority of explicitly instructed over inferred rules. *Psychological Research*, 85, 1047-1065. <https://doi.org/10.1007/s00426-020-01293-5> (IF 2.54, 36/90, in: Psychology, Experimental (2020), Q2).
3. **Pereg, M.** & Meiran, N. (2019). Rapid instructed task learning (but not automatic effects of instructions) is influenced by working memory load. *PLoS ONE* 14(6):e0217681. <https://doi.org/10.1371/journal.pone.0217681> (IF 2.78, 24/69, in: Multidisciplinary Sciences (2018), Q2).
4. **Pereg, M.**, Shahar, N., & Meiran, N. (2019). Can we learn to learn? Procedural working-memory training improves rapid instructed-task-learning. *Psychological Research*, 83, 132-146. <https://doi.org/10.1007/s00426-018-1122-4> (IF 2.54, 22/88, in: Psychology, Experimental (2018), Q1).
5. Shahar, N., **Pereg, M.**, Teodorescu, A.R., Moran, R., Karmon-Preser, A., & Meiran, N. (2018). Formation of abstract task representations: Exploring dosage and mechanisms of working memory training effects. *Cognition*, 181, 151-159. <https://doi.org/10.1016/j.cognition.2018.08.007> (IF 3.54, 11/85, in: Psychology, Experimental (2017), Q1).
6. **Pereg, M.**, & Meiran, N. (2018). Evidence for instructions-based updating of task-set representations: the informed fadeout effect. *Psychological Research*, 82, 549-569. <https://doi.org/10.1007/s00426-017-0842-1> (published Online First February 2017; IF 2.54, 14/84 in Psychology, Experimental (2016), Q1).
7. Fradkin, I., Strauss, A. Y., **Pereg, M.**, & Huppert, J. D. (2018). Rigidly applied rules? Revisiting inflexibility in OCD using multilevel meta-analysis. *Clinical Psychological Science*, 6, 481–505. <https://doi.org/10.1177/2167702618756069> (IF 5.14, SJR ranking 5/268, Clinical Psychology (2017), Q1).
8. Verbruggen, F., McLaren, R., **Pereg, M.**, & Meiran, N. (2018). The development of proactive control and intention-based reflexivity: A cross-sectional study. *Psychological Science*, 29, 1113-1125. <https://doi.org/10.1177/0956797618755322> (IF 6.13, Journal ranking 8/135 in Psychology: Multidisciplinary (2017), Q1).
9. Meiran, N., & **Pereg, M.** (2017). Automatic retrieval of newly instructed cue-task associations seen in task-conflict effects in the first trial after cue-task instructions. *Experimental Psychology*, 64, 37-48. <https://doi.org/10.1027/1618-3169/a000349> (IF 1.21, 49/84, in Psychology, Experimental (2016), Q3).

10. Meiran, N., **Pereg, M.**, Givon, E., Danieli, G., & Shahar, N. (2016). The role of working memory in Rapid Instructed Task Learning and Intention-Based Reflexivity: An individual differences examination. *Neuropsychologia*, *90*, 180-189. <https://doi.org/10.1016/j.neuropsychologia.2016.06.037> (IF 3.20, 18/85, in Psychology, Experimental (2015), Q1).
11. Meiran, N., **Pereg, M.**, Kessler, Y., Cole, M. W., & Braver, T. S. (2015). The power of instructions: Proactive configuration of stimulus–response translation. *Journal of Experimental Psychology: Learning, Memory, and Cognition*, *41*, 768-786. <http://dx.doi.org/10.1037/xlm0000063> (IF 2.78, 23/85 ,in Psychology, Experimental (2014), Q2).
12. Meiran, N., **Pereg, M.**, Kessler, Y., Cole, M. W., & Braver, T. S. (2015). Reflexive activation of newly instructed stimulus–response rules: evidence from lateralized readiness potentials in no-go trials. *Cognitive, Affective, & Behavioral Neuroscience*, *15*, 365-373. <https://doi.org/10.3758/s13415-014-0321-8> (IF 2.89, 11/51, in Behavioral Sciences (2014), Q1).
13. Shahar, N., Teodorescu, A. R., Usher, M., **Pereg, M.**, & Meiran, N. (2014). Selective influence of working memory load on exceptionally slow reaction times. *Journal of Experimental Psychology: General*, *143*, 1837-1860. <http://dx.doi.org/10.1037/a0037190> (IF 5.93, 3/83, in Psychology, Experimental (2013), Q1)
14. **Pereg, M.**, Shahar, N., & Meiran, N. (2013). Task switching training effects are mediated by working memory management. *Intelligence*, *41*, 467-487. <https://doi.org/10.1016/j.intell.2013.06.009> (IF 3.16, 16/126, Psychology, Multidisciplinary (2012), Q1)

#### **Papers under review/ in preparation:**

15. **Pereg\***, M., Geisman\*, I., Braver, T.S., Cole, M., & Meiran, N. (under review). Novel instructions induce automatic No-Go effects.
16. **Pereg, M.**, Hertz, U., Ben-Artzi, I., & Shahar, N. (in preparation). Computational mechanisms underlying advice taking behavior: disentangling the role of non-informed and informed advice taking.
17. **Pereg, M.** & Meiran, N. (in preparation, preregistered). Automatic effects of instructions and rapid instructed task learning in old age.

#### **Teaching Experience**

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- 2022- *Lecturer*, “Intelligence: Cognitive and social aspects” (undergraduate compulsory course), Department of Psychology, Achva Academic College.
- 2022- *Lecturer*, “How do we learn from other? The cognitive-behavioral basis for social learning” (undergraduate Empirical seminar), Department of Psychology, Achva Academic College.

- 2022- *Lecturer*, “Cognition in Organizations” (undergraduate online course), Department of Psychology, Achva Academic College.
- 2022- *Lecturer*, “Social Psychology” (educational counseling program), school of Education, Achva academic College.
- 2022- *Lecturer*, “Social Psychology”, Gate to Academia (preparatory program for Bedouin students), Achva Academic College.
- 2021- *Lecturer*, “Cognitive training: Can we improve brain functioning?” (undergraduate course), Department of Psychology, Achva Academic College.
- 2020 *Lecturer*, “Experimental Psychology” (undergraduate compulsory course), Department of Psychology, Achva Academic College.
- 2016-2018 *Teaching assistant*, “Advanced Topics in Cognitive Psychology” (graduate course), Department of Psychology, Ben-Gurion University of the Negev.
- 2016-2018 *Teaching assistant*, “Human Intelligence: Evolution, Cognition, Neuro-Biology” (undergraduate course), Department of Psychology, Ben-Gurion University of the Negev.
- 2014-2015 *Lecturer*, “Introduction to Psychology” (undergraduate compulsory course), Department of Psychology, Orthodox College in Jerusalem.
- 2012-2013 *Teaching assistant*, “Introduction to Psychology” (undergraduate compulsory course), Department of Psychology, Ben-Gurion University of the Negev.

### **Honors and Awards**

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- 2017 *Marianne Amir Excellence award for a Ph.D. student*, Department of Psychology, Ben-Gurion University of the Negev.
- 2017 *Chair’s award for excellence*, Department of Psychology, Ben-Gurion University of the Negev.
- 2013 *Chair’s award for excellence*, Department of Psychology, Ben-Gurion University of the Negev.
- 2010,2011 *Dean’s award for excellence*, Faculty of Humanities and Social Sciences, Ben-Gurion University of the Negev.
- 2009 *Chair’s award for excellence*, Department of Art History, Ben-Gurion University of the Negev.

## Academic activity

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2011-2019 - Guiding undergraduate students, Ben-Gurion University of the Negev

2022 - Guiding masters and undergraduate students, Ben-Gurion University of the Negev

Ad-hoc reviewer for:

- Psychological Research
- Journal of Experimental Psychology
- Learning, Memory and Cognition
- PLoS ONE
- Royal Society Open Science.

## Peer-Reviewed Conference Presentations

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**Pereg, M.** & Meiran, N. (2022). Mechanisms and Boundary Conditions in Instructions-Based Behavior. Symposium talk at the European Society for Cognitive Psychology (ESCoP) conference in Lille, August 2022.

**Pereg, M.**, Hertz, U., & Shahar, N. (2022). Should I learn from a teacher or by myself? Instructions based vs. self-directed learning. Symposium talk at the Israeli Society for Cognitive Psychology (ISCoP) conference in Akko, February 2022.

**Pereg, M.**, Hertz, U., & Shahar, N. (2020). Learning from free choices vs. learning from instructions - A student-teacher simulation study. Poster presented at Neuromatch 2.0, May 2020.

**Pereg, M.**, Shahar, N., & Meiran, N. (2019). Can we learn to learn? The influence of procedural working-memory training on rapid instructed-task-learning. Poster presented at the Israeli Society for Cognitive Psychology (ISCoP) in Akko, February 2019.

**Pereg, M.** & Meiran, N. (2018). When are Instructions Powerful? Quality of Instructions influences Rapid Instructed Task Learning. Paper presented at the Israeli Society for Cognitive Psychology (ISCoP) in Akko, February 2018.

**Pereg, M.**, Braver, T. S., & Meiran, N. (2017). Expectation in newly instructed tasks. Poster presented at the European Society for Cognitive Psychology (ESCoP) conference in Potsdam, September 2017.

Meiran, N., **Pereg, M.**, Givon, E., Danieli, G., & Shahar, N. (2017). The role of working memory in rapid instructed task learning and intention-based reflexivity: An individual differences examination. Symposium talk presented at the European Society for Cognitive Psychology (ESCoP) conference in Potsdam, September 2017.

**Pereg, M.** & Meiran, N. (2016). Evidence for global-context updating: The informed fadeout effect. Poster presented at the Psychonomic Society international meeting in Granada, May 2016.

**Pereg, M.** & Meiran, N. (2015). Evidence for context driven updating of task-set representations in working memory: The informed fadeout effect. Poster presented at the European Society for Cognitive Psychology (ESCoP) conference in Paphos, September 2015.

Shahar, N., **Pereg, M.**, & Meiran, N. (2013). Influence of Procedural vs. Declarative Working Memory Load on Exceptionally Slow Reaction Times. Poster presented at the European Society for Cognitive Psychology (ESCoP) conference in Budapest, August 2013.

**Pereg, M.**, Shahar, N. & Meiran, N. (2012). The influence of working memory when training task switching. Poster presented at the “New Directions in Brain Training – Effectiveness, Methodology, and Application of Cognitive Interventions” workshop at the Humboldt University in Berlin, October 2012.

Shahar, N., **Pereg, M.**, & Meiran, N. (2012). Using a triple blind design in cognitive training studies: can we do more with less? Poster presented at the “New Directions in Brain Training – Effectiveness, Methodology, and Application of Cognitive Interventions” workshop at the Humboldt University in Berlin, October 2012.