

CURRICULUM VITAE and LIST OF PUBLICATIONS

Prof. Avi Besser Ph.D.

Personal Details

Name: Avi Besser

Date of Birth: January, 26, 1967, Dimona, Israel

Marital status: Married + 2

Military Service: 1985–1988

Present Institute/Affiliation Address: Interdisciplinary School for Sciences, Health and Society, Department of Communication Disorders, Hadassah Academic College, 37 Hanevi'im St. Jerusalem, 9101001, Israel

E-mail: avibe@hac.ac.il

Previous Institute/Affiliation Address: Sapir Academic College,

D.N. Hof Ashkelon, 79165, Israel. <http://www.sapir.ac.il>

Email: besser@sapir.ac.il.

Current Position: **Full Professor of Psychology**

Chair Department of Communication Disorders

[Web page](#)

Previous Position: **Full Professor of Psychology**

Chairman, Center for Research in Personality, Life Transitions, and Stressful Life Events, Sapir Academic College

Web page: <http://college.sapir.ac.il/sapir/dept/hrm/katedra/about.htm>

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Web pages: <https://www.sapir.ac.il/content/5977> and

<http://besser.socialpsychology.org/>

[Weebly](#)

[Google Scholar](#)

[ResearchGate](#)

[Wikipedia](#)

[ORCHID](#)

[Scopus](#)

Education

- B.A.** 1988–1991 B.A, *Cum laude*
Behavioral Science Department Ben–Gurion University of the Negev,
Israel.
- M.A.** 1992–1995 M.A, *Cum laude*
Behavioral Science Department Ben–Gurion University of the Negev,
Israel.
Major field of Study: Organizational Psychology
Thesis field of Study– Cognitive Psychology: ‘Compensation in
stereoptic stimuli evaluation when observed from an incorrect viewing
orientation.
Advisor: Prof. David Leiser
- Ph.D.** 1995 – 2000
Field of Study: Vulnerability to Postpartum Depression.
Thesis: ‘Self–Criticism and Dependency– A model of mood–shifts
vulnerability in the transition to motherhood’
Advisor: Prof. Beatriz Priel
(2000–2001– A research fellow at the Department of Behavioural
Sciences Ben Gurion University, Beer–Sheva Israel)
- Post–Doc** July 2001 – August 2002
Department of Psychology, York University, Toronto, ON, Canada.
Personality and social psychology:
Field of Study–1: Perfectionism as a Personality Vulnerability to
Depression.
Advisor: Prof. Gordon L. Flett
Field of Study–2: The Interpersonal Context of Self–Criticism and
Dependency as a Personality Vulnerability to Depression.
Advisor: Prof. Myriam Mongrain

Academic Position

- 2002 – 2003 Lecturer/ assistant professor – Sapir Academic College.
2003 – 2006 Senior lecturer – Sapir Academic College.
2006 – 2010 Associate professor – Sapir Academic College.
2009 – Chairman, Center for Research in Personality, Life Transitions,
and Stressful Life Events– Sapir Academic College.
2010 – Full professor – Sapir Academic College
2013 – 2019 **Executive Vice President for Academic Affairs**
2019 – Chair Department of Communication Disorders, Hadassah
Academic College

Professional Training

- 1994 – 1995 “YEADIM” Institute Ltd.
Practicum in Organizational Psychology
- 1996 – Certified Specialist in Educational Psychology, on behalf of the Israel Psychological Association (License no. 4607, 4829).
- 1996 – School Psychology Services, Ministry of Education, Dimona, Israel, Internship in Applied Developmental Psychology

Professional experience

- 1990 – 2003 High school psychology teacher.
- 1990 – 2003 School Counseling
- 1996 – Educational Psychology School Psychology Services, Ministry of Education, Dimona, Israel.
- 1995 – Mental Health Officer, IDF.

Teaching

- 1996 – 2001 Kay College – Course in Abnormal Psychology. Course in Child Behavioral Problems. Course in Psychological Testing. Course in Psychological Testing.
- 1998 Ben Gurion University – SEM (Structural Equation Modeling) – Course Assistant
- 1999 – Sapir College – The Ecological and System Approach: Evaluation and Interventions Strategies in Child Consultation.
- 2001 Introduction to Psychology part I
- 2000 – Eilat College – 1. Introduction to Psychology
2. Abnormal Psychology
3. Personality Theories and Research
- 2002 – Sapir Academic College –
1. Developmental Psychology
2. Psychopathology/abnormal–psychology
3. Human’s Development
4. Personality vulnerability and the interpersonal context: Theory and research
5. Decision making reassignment
6. Personality Theories
7. Child Psychopathology
- 2009 – 8. Introduction to Psychology
9. Employers' selection
10. Individual differences/Personality theories
- 2012– Ben Gurion University Eilat Campus– research methods for MA (Department of Conflict Resolution)
- 2001 – Ben Gurion University Eilat Campus– Department of Psychology and Department of Social work: Introduction to Psychology, Personality Theories, and Psychopathology.

- 2017 – Sapir Academic College –
1. Research methods: MA program in Social Work
 2. Research methods: MA program in Human Resource Management
- 2019 – Hadassah Academic College
1. Research methods: BA program in Communication Disorders
 2. Seminar: BA program in Communication Disorders
 3. Personality Theories: Elective for BA programs

Membership in Professional Organizations

1. Israeli Psychological Association
2. The Society for Personality and Social Psychology (SPSP)– international
3. The Society for Social and Clinical Psychology (SCSP)– international
4. The Israeli Association for Humor Studies

Professional activities

Editor

2015 – *BMC Psychology* – <http://www.biomedcentral.com/bmcpsychol/>

Associate Editor

2012 – *Self and Identity* – <http://www.tandf.co.uk/journals/pp/15298868.html>

2018 – PLOS ONE - <http://journals.plos.org/plosone/static/editorial-board>

Editorial Board / Consulting Editor

2004 – *Psychology Research Journal (PRJ)* – <http://www.idrg.org/prj/board.htm>

August 2005 – *Individual Differences Research (IDR)* – <http://www.idrg.org/idr/board.htm>

2007 – *Journal of Social and Clinical Psychology (JSCP)* – http://www.guilford.com/cgi-in/cartsript.cgi?page=pr/jnsc.htm&sec=editorial_board

2011 – *International Perspectives in Psychology: Research, Practice and Consultation*
<http://www.apa.org/pubs/journals/ipp/index.aspx>

2012 – *International Journal of Stress Management*
<http://www.apa.org/pubs/journals/str/index.aspx>

2012 – *The Israeli Journal of Humor Research: An International Journal*
<http://www.israeli-humor-studies.org/122789/Editorial-and-Advisory-board>

2012 – *Disaster Health*
<http://www.landesbioscience.com/journals/disasterhealth/editorialboard/>

Ad Hoc Editorial Reviewer

2002 – *Personality and Individual Differences*
2004 – *Social Behavior and Personality*
2004 – *Psychoneuroendocrinology*
2005 – *Journal of Social and Clinical Psychology*
2005 – *Clinical Psychology & Psychotherapy*
2005 – *Depression and Anxiety*
2006 – *Israel Journal of Psychiatry*
2006 – *Behaviour Research and Therapy*
2007 – *Journal of Social and Personal Relationships*
2007 – *Personal Relationships*
2007 – *Journal of Personality*
2007 – *Fertility and Sterility*
2007 – *Journal of Happiness Studies*
2008 – *Journal of Traumatic Stress*
2011 – *International Journal of Stress Management*
2011 – *International Journal of Psychology and Counselling*

Ad Hoc Grants Reviewer

2007 – Israel Science Foundation (ISF), assistance in reviewing research proposals

Ad Hoc MAs and PhDs Critical Reviewer

2003 – Ad hoc reviewer for master and doctorate theses for several Israeli and abroad universities.

Ad Hoc Member of Promotion Committees

2005 – Ad hoc member of promotion committees for several Israeli colleges and referee of promotion for candidates of several colleges and universities in Israel and abroad.

Research Grants

2005 – 2007 Grant #6524 from the Chief Scientist of the Israeli Ministry of Education. Social skills shortcomings among children with ADHD associate with difficulties in emotional recognition: The proposal and examination of an explanatory model, conducting and evaluating of an intervention program. With Beatriz Priel.

Weinberg, M¹, & Besser, A. Exposure to Terrorism in Israel: Dyadic Examination of Resilience/Psychopathology Effects among Two Hundred Victims and their Spouses. **PSYCHOLOGY BEYOND BORDERS 2013 MISSION AWARDS. 5000\$**

Scientific Publications

Refereed Articles in Scientific Journals (peer reviewed)

1. Priel, B., & Besser, A. (1999). Vulnerability to postpartum depressive symptomatology: Dependency, self-criticism, and the moderating role of antenatal attachment. *Journal of Social and Clinical Psychology, 18*, 240–253. DOI: [10.1002/cpp.597](https://doi.org/10.1002/cpp.597)
2. Priel, B., & Besser, A. (2000). Dependency and self-criticism among first-time mothers: The roles of global and specific support. *Journal of Social and Clinical Psychology, 19*, pp.437–450. DOI: [10.1521/jscp.2000.19.4.437](https://doi.org/10.1521/jscp.2000.19.4.437)
3. Priel, B., & Kantor, B., & Besser, A. (2000). Two maternal representations: A study of Israeli adopted children. *Psychoanalytic Psychology, 17*, 128–145. DOI : [10.1037/0736-9735.17.1.128](https://doi.org/10.1037/0736-9735.17.1.128)
4. Priel, B., & Besser, A. (2000). Adult attachment styles, early relationships, antenatal attachment and perceptions of infant temperament: A study of first-time mothers. *Personal Relationship, 7*, 291–310. DOI: [10.1111/j.1475-6811.2000.tb00018.x](https://doi.org/10.1111/j.1475-6811.2000.tb00018.x)
5. Priel, B., Melamed-Hass, S., Besser, A. & Cantor, B. (2000). Adjustment among adopted children: The moderating role of maternal self-reflectiveness. *Family Relations, 49*, 389–396. DOI: [10.1111/j.1741-3729.2000.00389.x](https://doi.org/10.1111/j.1741-3729.2000.00389.x)
6. Priel, B & Besser, A. (2001). Bridging the gap between attachment and object relations' theories: A study of the transition to motherhood. *British Journal of Medical Psychology, 74*, 85–100. DOI: [10.1348/000711201160821](https://doi.org/10.1348/000711201160821)
7. Heisel, J, M., Flett, L. G., & Besser, A. (2002). Cognitive functioning and geriatric suicide ideation: Testing a mediational model. *American Journal of Geriatric Psychiatry, 10*, 428–436. DOI: [10.1097/01.JGP.0000218699.27899.f9](https://doi.org/10.1097/01.JGP.0000218699.27899.f9)
8. Priel, B & Besser, A. (2002). Perceptions of early relationships during the transition to motherhood: The mediating role of social support. *Infant Mental Health Journal, 23*, 343–360. DOI: [10.1002/imhj.10021](https://doi.org/10.1002/imhj.10021)

¹ Post-doc student at my center at Sapir in collaboration with Prof. Neria at Columbia University, USA

9. Davis, R.A., Flett, G.L., **Besser, A.** (2002). Validation of a new scale for measuring problematic Internet use: Implications for pre–employment screening. *CyberPsychology and Behavior*, 5, 331–346.
DOI:10.1089/109493102760275581
10. Vardy, D., **Besser, A.**, Gesthalter, B., Buskila, D., Biton, A., & Amir, (2002). Reduced quality of life in psoriasis patients: The mediating role of experiences of stigmatization. *British Journal of Dermatology*, 147, 736–742. DOI: 10.1046/j.1365–2133.2002.04899.x
11. **Besser, A.**, Priel, B., & Wiznizer, A. (2002). Childbearing depressive symptomatology in high–risk pregnancies: The roles of working models and perceived spouse support. *Personal Relationships*, 9, 395–413.
DOI: 10.1111/1475–6811.00026
12. **Besser, A.**, & Priel, B. (2003a). Trait vulnerability and coping strategies in the transition to motherhood. *Current–Psychology: –Developmental, –Learning, –Personality, –Social*, 22, 57–72. DOI: 10.1007/s12144–003–1013–7
13. **Besser, A.**, & Priel, B. (2003b). A multisource approach to self–critical vulnerability to depression: The moderating role of attachment. *Journal of Personality*, 71, 515–555. DOI: 10.1111/1467–6494.7104002
14. Flett, L. G., **Besser, A.**, & Davis, R. (2003c). Dimensions of perfectionism, unconditional self–acceptance, and depression. *Journal of Rational–Emotive and Cognitive–Behavior Therapy*, 21, 119–138. DOI: 10.1023/A:1025051431957
15. **Besser, A.** Flett, G. L., & Davis, R. (2003d). Self–criticism, dependency, silencing the self, and loneliness: Testing for mediational model. *Personality and Individual Differences*, 35, 1735–1752.
DOI:10.1016/S0191–8869(02)00403–8
16. Hewitt, P. L., Flett, G. L., **Besser, A.**, Sherry, S. B., McGee, B.J. (2003e). Perfectionism is multidimensional: A reply to Shafran, Cooper, and Fairburn (2002). *Behaviour Research and Therapy*, 41, 1221–1236. DOI:10.1016/S0005–7967(03)00021–4
17. Sherry, S. B., Hewitt, P. L., **Besser, A.**, McGee, B. J., & Flett, G. L. (2004). Self–oriented and socially prescribed perfectionism in the Eating Disorder Inventory perfectionism subscale. *International Journal of Eating Disorders*, 35, 69–79. DOI: 10.1002/eat.10237
18. **Besser, A.**, Amir, M., & Barkan, S. (2004). Who signs an organ transplant donor card? A study of personality and individual differences in a sample of Israeli university students. *Personality and Individual Differences*, 36, 1709–1723. DOI:10.1016/j.paid.2003.07.012
19. **Besser, A.** (2004). Self– and best–friend assessments of personality vulnerability and defenses in the prediction of depression. *Social Behavior and Personality*, 32, 559–594. DOI: 10.2224/sbp.2004.32.6.559
20. **Besser, A.**, Flett, L. G., & Hewitt, P. L (2004). Perfectionism, Cognition, and Affect in Response to Performance Failure vs. Success. *Journal of Rational Emotive Cognitive Behavior Therapy*, 22, 297–324. DOI: 10.1023/B:JORE.0000047313.35872.5c
21. Sherry, S. B., Hewitt, P. L., Lee–Baggley, D. L., Flett, G. L., & **Besser, A.** (2004). Perfectionism and thoughts about having cosmetic surgery performed. *Journal of Applied Biobehavioral Research*, 9, 244–257.
DOI: 10.1111/j.1751–9861.2004.tb00103.x

22. Lev–Wiesel, R., Amir, M., & **Besser, A.** (2005). Posttraumatic growth among female survivors of childhood abuse in relation to the perpetrator identity. *Journal of Loss & Trauma, 10*, 7–17. DOI: [10.1080/15325020490890606](https://doi.org/10.1080/15325020490890606)
23. Sherry, S. B., Hewitt, P. L., Lee–Baggley, D. L., Flett, G. L., & **Besser, A.** (2005). Perfectionism and interest in cosmetic surgery. *Plastic & Reconstructive Surgery, 115*, 1806–1807. DOI: [10.1097/01.PRS.0000162170.43575.57](https://doi.org/10.1097/01.PRS.0000162170.43575.57)
24. **Besser, A.**, & Priel, B. (2005). Interpersonal relatedness and self–definition in late adulthood depression: Personality predispositions, and protective factors. *Social Behavior and Personality, 33*, 351–382. DOI: [10.2224/sbp.2005.33.4.351](https://doi.org/10.2224/sbp.2005.33.4.351)
25. **Besser, A.**, & Priel, B. (2005). The Apple Does Not Fall Far From the Tree: Attachment Styles and Personality Vulnerabilities to Depression in Three Generations of Women. *Personality and Social Psychology Bulletin, 31*, 1052–1073. DOI: [10.1177/0146167204274082](https://doi.org/10.1177/0146167204274082)
26. Flett, G. L., **Besser, A.**, & Hewitt. (2005). Perfectionism, ego defense styles, and depression: A comparison of self versus informant ratings. *Journal of Personality, 73*, 1355–1396. DOI: [10.1111/j.1467-6494.2005.00352.x](https://doi.org/10.1111/j.1467-6494.2005.00352.x)
27. Lev–Wiesel, R., **Besser, A.**, & Laish, R. (2005). Measuring potency among preschool children: Instruments and intervention. *Child & Adolescent Social Work Journal, 22*, 343–360. DOI: [10.1007/s10560-006-0076-3](https://doi.org/10.1007/s10560-006-0076-3)
28. Waniel, A. **Besser, A.**, & Priel, B. (2006). Mother and self–representations: Investigating associations with symptomatic behavior and academic competence in middle childhood. *Journal of Personality, 74*, 223–266. DOI: [10.1111/j.1467.6494.2005.00374.x](https://doi.org/10.1111/j.1467.6494.2005.00374.x)
29. Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., & Klein, C. (2006). Machiavellianism, trait perfectionism, and perfectionistic self–presentation. *Personality and Individual Differences, 40*, 829–839. DOI: [10.1016/j.paid.2005.09.010](https://doi.org/10.1016/j.paid.2005.09.010)
30. Lev–Wiesel, R., & **Besser, A.** (2006). Male Definitions of Sexual Assault: The Role of the Perpetrator's Gender. *Individual Differences Research, 4*, 46–50.
31. **Besser, A.**, & Priel, B. (2006). Models of Attachment, Confirmation of Positive Affective Expectations and Satisfaction with Vacation Activities: A Pre–Post Panel Design Study of Leisure. *Personality and Individual Differences, 41*, 1055–1065. DOI: [10.1016/j.paid.2006.04.011](https://doi.org/10.1016/j.paid.2006.04.011)
32. ****²**Besser, A.**, & Blatt, S. J. (2007). Identity Consolidation and Internalizing and Externalizing Problem Behaviors in Early Adolescence. *Psychoanalytic Psychology, 24*, 126–149. DOI: [10.1037/0736-9735.24.1.126](https://doi.org/10.1037/0736-9735.24.1.126)
33. **Besser, A.**, Priel, B., Flett, L. G., & Wiznitzer A. (2007). Linear and Nonlinear Models in Vulnerability to Depression: Personality and Postpartum Depression in a High-Risk Population. *Individual Differences Research, 5*, 1–29.

² Since last promotion

34. **Besser, A., & Priel, B. (2007).** Perceived Social Support, Malevolent Maternal Representations, and Older Adults' Depressed Mood. *Journal of Social and Clinical Psychology, 6*, 728–750. DOI: [10.1521/jscp.2007.26.6.728](https://doi.org/10.1521/jscp.2007.26.6.728)
35. **Besser, A., & Shackelford, T. K. (2007).** Mediation of the Effects of the Big Five Personality Dimensions on Negative Mood and Confirmed Affective Expectations by Perceived Situational Stress: A Quasi-Field Study of Vacationers. *Journal of Personality and Individual Differences, 42*, 1333–1346. DOI: [10.1016/j.paid.2006.10.011](https://doi.org/10.1016/j.paid.2006.10.011)
36. Shackelford, T. K. & **Besser, A. (2007).** Predicting Attitudes toward Homosexuality: Insights from Personality Psychology. *Individual Differences Research, 5*, 106–114.
37. Flett, G. L., **Besser, A.**, Hewitt, P. L., & Davis, R. (2007). Perfectionism silencing the self and depression. *Personality and Individual Differences, 43*, 1211–1222. DOI: [10.1016/j.paid.2007.03.012](https://doi.org/10.1016/j.paid.2007.03.012)
38. Kats-Gold, I, **Besser, A.**, & Priel, B. (2007). The Role of Simple Emotion Recognition Skills among School Aged Boys at Risk of ADHD. *Journal of Abnormal Child Psychology, 35*, 363–379. DOI: [10.1007/s10802-006-9096-x](https://doi.org/10.1007/s10802-006-9096-x)
39. Blatt, S. J., **Besser, A.**, & Ford, R. Q. (2007). Two Primary Configurations of Psychopathology and Change in Thought Disorder in Long-term, Intensive, Inpatient Treatment of Seriously Disturbed Young Adults. *American Journal of Psychiatry, 164*, 1561–1567. DOI: [10.1176/appi.ajp.2007.05111853](https://doi.org/10.1176/appi.ajp.2007.05111853)
40. Priel, B., **Besser, A.**, Waniel, A., & Yonas-Segal, M. (2007). Interpersonal and intrapersonal processes in the formation of maternal representations in middle childhood: Review, new findings and future directions. *Israeli Journal of Psychiatry, 44*, 255–265.
41. Waniel, A. **Besser, A.**, & Priel, B. (2008). Self- and maternal representations, relatedness patterns, and problem behavior in middle childhood. *Personal Relationships, 15*, 171–189. DOI: [10.1111/j.1475-6811.2008.00192.x](https://doi.org/10.1111/j.1475-6811.2008.00192.x)
42. **Besser, A.**, Guez, J., & Priel, B. (2008). The Associations between Self-Criticism and Dependency and Incidental Learning of Interpersonal and Achievement Words. *Personality and Individual Differences, 44*, 1696–1710. DOI: [10.1016/j.paid.2008.01.017](https://doi.org/10.1016/j.paid.2008.01.017)
43. **Besser, A.** & Priel, B. (2008). Attachment, Depression, and Fear of Death in Older Adults: The Roles of Neediness and Perceived Availability of Social Support. *Personality and Individual Differences, 44*, 1711–1725. DOI: [10.1016/j.paid.2008.01.016](https://doi.org/10.1016/j.paid.2008.01.016)
44. **Besser, A.**, Flett, G. L., Hewitt, P. L., & Guez, J. Perfectionism, and cognitions, affect, self-esteem, and physiological reactions in a performance situation (2008). *Journal of Rational Emotive Cognitive Behavior Therapy, 26*, 206–228. DOI: [10.1007/s10942-007-0067-0](https://doi.org/10.1007/s10942-007-0067-0)
45. Shackelford, T. K., **Besser, A.**, & Goetz, A. T. (2008). Personality, Marital Satisfaction, and Probability of Marital Infidelity. *Individual Differences Research, 6*, 13–25.

46. **Besser, A.,** Vliegen, N., Luyten, P., & Blatt, S. J. (2008). Vulnerability to postpartum depression from a psychodynamic perspective: Systematic empirical base commentary on issues raised by Blum (2007). *Psychoanalytic Psychology, 25,* 392–410.
47. Sherry, S. B., Law, A., Hewitt, P. L., Flett, G. L., & **Besser, A.** (2008). Social support as a mediator of the relationship between perfectionism and depression: A preliminary test of the Social Disconnection Model. *Personality and Individual Differences, 45,* 339–344. DOI: [10.1016/j.paid.2008.05.001](https://doi.org/10.1016/j.paid.2008.05.001)
48. **Besser, A.,** Flett, L. G., Guez, J., & Hewitt, P. L. (2008). Perfectionism, Mood, and Memory for Positive, Negative, and Perfectionistic Content. *Individual Differences Research, 6,* 211–244.
49. Flett, L. G., Endler, N.S., & **Besser, A.** (2009). Separation Anxiety, Perceived Controllability, and Homesickness. *Journal of Applied Social Psychology, 39,* 265–282. DOI: [10.1111/j.1559-1816.2008.00438.x](https://doi.org/10.1111/j.1559-1816.2008.00438.x)
50. **Besser, A.,** Priel, B. (2009). Emotional Responses to a Romantic Partner's Imaginary Rejection: The Roles of Attachment Anxiety, Covert Narcissism, and Self-Evaluation. *Journal of Personality, 77,* 287–325. DOI: [10.1111/j.1467-6494.2008.00546.x](https://doi.org/10.1111/j.1467-6494.2008.00546.x)
51. Manashko, S., **Besser, A.,** & Priel, B. (2009). Maltreated Children's Representations of Mother and Additional Caregiver: A Longitudinal Study. *Journal of Personality, 77.* DOI: [10.1111/j.1467-6494.2008.00558.x](https://doi.org/10.1111/j.1467-6494.2008.00558.x)
52. **Besser, A.,** Neria, Y. (2009). PTSD Symptoms, Satisfaction with Life and Prejudicial Attitudes towards the Adversary among Israelis Exposed to Ongoing Terrorist Attacks. *Journal of Traumatic Stress, 22,* 268–275. DOI: [10.1002/jts.20420](https://doi.org/10.1002/jts.20420)
53. **Besser, A.,** Neria, Y., & Haynes, M. (2009). Adult Attachment, Perceived Stress, and PTSD among Civilians Continuously Exposed to Terrorism in Southern Israel. *Personality and Individual Differences, 47,* 851–857. DOI: [10.1016/j.paid.2009.07.003](https://doi.org/10.1016/j.paid.2009.07.003)
54. **Besser, A.,** & Priel, B. (2010). Personality vulnerability, low social support, and maladaptive cognitive emotion regulation under ongoing exposure to terrorist attacks. *Journal of Social and Clinical Psychology, 29,* 166–201. DOI: [10.1521/jscp.2010.29.2.166](https://doi.org/10.1521/jscp.2010.29.2.166)
55. **Besser, A.,** Flett, L. G., & Hewitt, P. L. (2010). Perfectionistic Self-Presentation and Trait Perfectionism in Social Problem-Solving Ability and Depressive Symptoms. *Journal of Applied Social Psychology, 40,* 2123–2156. DOI: [10.1111/j.1559-1816.2010.00653.x](https://doi.org/10.1111/j.1559-1816.2010.00653.x)
56. Vliegen, N., Luyten, P., **Besser, A.,** Casalin, S., Kempke, S., & Tang, E. (2010). Stability and Change in Levels of Depression and Personality: A Follow-Up Study of Postpartum Depressed Mothers Hospitalized in a Mother-Infant Unit. *Journal of Nervous and Mental Disease, 198,* 45–51. DOI: [10.1097/NMD.0b013e3181c8aa57](https://doi.org/10.1097/NMD.0b013e3181c8aa57)
57. **Besser, A.,** & Neria, Y. (2010). The Effects of Insecure Attachment Orientations and Perceived Social Support on Posttraumatic Stress and Depressive Symptoms Among Civilians Exposed to the 2009 Israel-Gaza War: A Follow-up Cross-Lagged Panel Design Study. *Journal of Research in Personality, 44,* 335–341. DOI: [10.1016/j.jrp.2010.03.004](https://doi.org/10.1016/j.jrp.2010.03.004)

58. Neria, Y., **Besser, A.**, Kipper, D., & Westphal, M. (2010). A Longitudinal Study of Posttraumatic Stress Disorder, Depression and Generalized Anxiety Disorder in Civilians Exposed to War Trauma. *Journal of Traumatic Stress, 23*, 322–330. DOI: [10.1002/jts.20522](https://doi.org/10.1002/jts.20522)
59. **Besser, A.** & Zeigler–Hill, V. (2010). The Influence of Pathological Narcissism on Emotional and Motivational Responses to Negative Events: The Roles of Visibility and Concern About Humiliation. *Journal of Research in Personality, 44*, 520–534. DOI: [10.1016/j.jrp.2010.06.006](https://doi.org/10.1016/j.jrp.2010.06.006)
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Unpublished manuscripts

Besser, A., Priel, B. & Shahar, G. (1998). *Israeli Adaptation of the DEQ: Psychometric Properties.* Unpublished Manuscript, Behavioral Sciences Department, Ben-Gurion University of the Negev, Beer-Sheva, Israel.

Besser, A. (2002) *An Integrative Model of Personality Vulnerability and Resilience: The Interpersonal Adaptive Aspects of Dependency, Guilt, and Other-oriented Empathy.* Unpublished Manuscript, Department of Psychology, York University, Toronto, Ontario, Canada.

Flett, L. G., Hewitt L. P., **Besser, A.**, Sherry S.B., Macdonald, S., Mosher, W.S., & Sawatzky L.D. (2002). Perfectionism, Attachment Styles, and Psychological Distress.

Vettese, L. C., Mongrain, M., **Besser, A.**, & Lubbers, R. (2009) Expressions of Attachment in Roommate Relationships.

Presentation at Conferences\Meetings

Conference Presentations (peer reviewed)

1. **Besser, A., (1996).** Postpartum depression: Causes and consequences. Israel Ministry of Health, Southern District Meeting.
2. **Besser, A., & Priel, B. (1997).** Personality vulnerability to postpartum depression. Paper presented to the 26th Annual Meeting of the Israeli Psychological Association, Tel Aviv.
3. Priel, B., Melamed-Hass, S., **Besser, A., & Cantor, B. (1998).** Adjustment among adopted children: The moderating role of maternal self-reflectiveness. Paper presented to the Developmental Psychology Meeting, Ben-Gurion University of the Negev.
4. **Besser, A., (1999).** Personality and vulnerability in the transition to motherhood. The department seminar, Behavioral Sciences Department. Ben-Gurion University.
5. **Besser, A., & Priel, B. (1999).** Dependency and Self-criticism among first time mothers: The roles of global and specific support. Sixth European Congress of Psychology, Rome.
6. **Besser, A., (2000).** Personality vulnerability in the transition to motherhood: Moderating and mediating models for PPD. The Developmental Psychology Seminar, Behavioral Sciences Department. Ben-Gurion University.
7. Waniel-Izhar, A., Priel, B. & **Besser, A., (2000).** A model of self and maternal object representations. International Congress of Psychology. July 2000, Sweden, Stockholm.

8. **Besser, A., Priel, B., & Wiznitzer, A (2000).** High-Risk pregnancies: Personality, antenatal-attachment and perceived social support. *Personality and Social Psychology Division of the American Psychological Association 108th Annual APA Convention August 4th – 8th, 2000 Washington, DC.*
9. **Besser, A., & Priel, B. (2000).** New mothers' maternal representations and social support affect newborn's health. *Developmental Psychology Division of the American Psychological Association 108th Annual APA Convention August 4th – 8th, 2000 Washington, DC.*
10. **Besser, A., & Priel, B. (2001).** Emotional-Distress in the Transition to Motherhood: Dependency, Self-Criticism and Coping-strategies. *American Psychological Association 109th Annual APA Convention, 24–28 August San Francisco, 24–28 August 2001.*
11. Flett, G. L., Hewitt, P.L., Berk, L., & **Besser, A. (2001, July).** Perfectionism cognitions and concern over parenting mistakes in postpartum depression. In P.L. Hewitt (Chair), *Perfectionism and Depression*. Symposium conducted at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
12. Davis, R. A., Flett, G. L., & **Besser, A. (2002, August).** Click...The boss is coming! Managing employee Internet abuse. Poster presented at the American Psychological Association 110th Annual APA Convention August, Chicago, IL.
13. Davis, R. A., **Besser, A.** & Flett, G. L. (2002, August). Do people use the Internet to cope with stress? Poster presented at the American Psychological Association 110th Annual APA Convention August, Chicago, IL.
14. Pickering, D. I., Flett, G. L., **Besser, A.,** Hewitt, P.L., & Voicu. D. (2002, July). Personality, Relationship Attributions, and Dyadic Adjustment. The 11th International Conference on Personal Relationships, Halifax, Nova Scotia, Canada.
15. Davis, R.A., Flett, G.L., & **Besser, A. (2003).** Organizational commitment and job satisfaction in employee Internet abuse. In P. Mastrangelo (Chair), *The Internet at work...or not: Preventing computer deviance*. Symposium presented at the 18th Annual Convention of the Society for Industrial and Organizational Psychology, Orlando, FL.
16. **Besser, A., (2003, August).** Role of defense mechanisms in perfectionism and psychological distress: A study of multisource approach. Poster presented at the American Psychological Association 111th Annual APA Convention August, Toronto, ON, Canada.
17. Waniel-Izhar, A., Priel, B. & **Besser, A., (2003, August).** Self and other representations in middle childhood: Distinct or overlapping constructs? Poster presented at the American Psychological Association 111th Annual APA Convention August, Toronto, ON, Canada.
18. Law, A., Sherry, S. B., Hewitt, P. L., **Besser, A.,** Flett, G. L., Klein,C., & Yule, N. (2003, August). Perfectionism, self-esteem,

- and depression: Evidence for moderation and mediation. Poster session presented at the American Psychological Association 2003 111th Annual APA Convention, Toronto, Ontario, Canada.
19. Endler, N.S., Flett, G.L., & **Besser, A.** (2003, August). Trait separation anxiety, perceived controllability, and homesickness. Poster session presented at the American Psychological Association 2003 111th Annual APA Convention, Toronto, Ontario, Canada.
 20. Davis, R.A., Flett, G.L., & **Besser, A.** (2003, August). Organizational Assessment of Employee Internet Behavior. In K. Young (Chair), Cyber-slacking and Internet Deviance in the Workplace. Symposium presented at the 110th Annual Convention of the American Psychological Association, Toronto, ON.
 21. Law, A., Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., Klein, C., & Yule, N. (2003, May). Trait perfectionism, self-liking, self-competence, and depression. Poster session presented at the Western Psychological Association 2003 Convention, Vancouver, British Columbia, Canada.
 22. Law, A., Hewitt, P. L., Sherry, S. B., **Besser, A.**, Flett, G. L., Chorney, D., Klein, C. (2004, June). Perfectionism, social support, and depression. Poster session, Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
 23. Flamenbaum, R., Flett, G., & **Besser, A.** (2004). Humiliation as a mediating factor in the link between dimensions of perfectionism and depression. *Canadian Psychology*, 45:2a, 73. Presented at CPA 65th Annual Convention, St. John's, NL.
 24. Law, A., Sherry, S. B., Hewitt, P. L., Flett, G. L., **Besser, A.**, Hall, P. A., & Klein, C. (2004, June). Perfectionism, difficulty in accepting the past, and depression. Poster session, Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
 25. Law, A., Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., Klein, C., & Chorney, D. (2004, June). Perfectionism, self-esteem, and depression. Poster session, Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
 26. **Besser, A.**, & Priel, B. Depression Among Older-Adults: The Roles of Dependency, Self-Criticism and Self-Efficacy (2004 August). Poster session presented at the American Psychological Association 2003 112th Annual APA Convention, Hawaii, USA.
 27. Amari, E., Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., & Lee-Baggley, D. L. (2005, April). Dependent perfectionism, reassurance seeking, and depressive symptoms. Poster session presented at the 85th Annual Convention of the Western Psychological Association, Portland, OR, U.S.A.
 28. **Besser, A.**, & Blatt, S. J. (2006, August). Identity Consolidation and Internalizing and Externalizing Problem Behaviors in Early Adolescence. Poster presented at the 114th Annual Convention of the American Psychological Association, New Orleans, LA, USA.
 29. Flett, G.L., Cheng, W., Hewitt, P.L., & **Besser, A.** (2006, May). Perfectionism, Anxiety, and Anxiety Sensitivity in Adolescents. 18th

- Annual Convention Association for Psychological Science (APS), New–York, USA.
30. Flett, G.L., **Besser, A.**, Hewitt, P.L., Sherry, S. B., Berk, L., & Filardo, E. (2006, May). Personality Vulnerability Factors, Reassurance Seeking, and Postpartum Depression. 18th Annual Convention Association for Psychological Science (APS), New–York, USA.
 31. **Besser, A.**, & Blatt, S. J. (2006, August). Identity Consolidation and Internalizing and Externalizing Problem Behaviors in Early Adolescence. Poster presented at the 114th annual convention of the American Psychological Association 2006, New Orleans.
 32. ***⁵Flett, G.L., Hewitt, P.L., Sturman, E.D., & **Besser, A.** (2007, August). Trait perfectionism and perfectionistic self–presentation in shame and depression. Paper presented at the annual meeting of the American Psychology Association, San Francisco, California.
 33. Flett, G.L., **Besser, A.**, & Hewitt, P.L. (November, 2007). Perfectionism, Attachment Anxiety, Attachment Avoidance, and Depression in Pregnant Women. The Association for Behavioral and Cognitive Therapies 41st Annual Convention, Philadelphia.
 34. **Besser, A.**, & Priel, B. Emotional Responses to a Romantic Partner's Imaginary Rejection: The Roles of Attachment Anxiety, Covert Narcissism, and Self–Evaluation. (July, 2008) ISPAR, Greece.
 35. Flett, G.L., Hewitt, P.L. & **Besser, A.** (August 2008). Perfectionism and Perfectionistic Self–Presentation in Postpartum Depression. Paper presented at the annual meeting of the American Psychology Association, Boston.
 36. Flett, G.L., Hewitt, P.L. & **Besser, A.** (August 2008). Personality Vulnerability Factors and Parenting Self–Efficacy in New Parents. Paper presented at the annual meeting of the American Psychology Association, Boston.
 37. Eitam, B., Neria, Y., **Besser, A.**, Scholer, A., A., Salomon, Z., Higgins, E. T., (May 2009). *When Safety Concerns Fail Us: Motivation and Posttraumatic Stress Disorder*. Poster to be presented at the Annual Convention of the Association for Psychological Science. San–Fransisco, California.
 38. **Besser, A.** *Adults attachment, perceived stress and PTSD among civilians continually exposed to terrorism in southern Israel*. Paper to be presented at the annual meeting of the American Psychology Association, Toronto. (August 2009).
 39. Flett, G. L., **Besser, A.**, Hewitt, P. L., Wright, K., Sherry, S. B., & Fowers, A. F. Trait Perfectionism, Perfectionistic Self–Presentation, Attachment Styles, and Depression. Paper to be presented at the annual meeting of the American Psychology Association, Toronto. (August 2009).
 40. Nepon, T. B., Flett, G. L., **Besser, A.**, & Hewitt, P. L. (June 2009). *Perfectionistic Self–Presentation and Perfectionism Cognitions in Silencing the Self*. Paper to be presented at the Annual Convention of the Canadian Psychological Association, Montréal, Québec.

⁵ Since last promotion

41. **Besser, A.,** & Priel, B. (July 2010). Dependency, Self–Criticism and Negative Affective Responses Following Imaginary Rejection and Failure Threats: Meaning–Making Processes as Moderators or Mediators. the 3rd International Congress on Interpersonal Acceptance and Rejection to be held in Padua, Italy.
42. Flett, L.G., Hewitt, P. L., & **Besser, A.** (May 30, 2010). *Trait Perfectionism and Perfectionistic Self–Presentation in Postpartum Depression*. APS.
43. **Besser, A.,** & Neria, Y. Predictors of Psychopathology among Civilians Exposed to 2009 Israel Gaza War. The XL Congress of the European Association of Behavioral and Cognitive Therapies (EABCT), October 7–10, 2010, Milan Italy.
44. Neria, Y., **Besser, A.,** & Westphal. M. (November 3–7, 2010). Mental Health Consequences of Exposure to War–Trauma: Longitudinal Relations between Perceived Social Support, Attachment Orientations, and Initial Emotional Responses. International Society for Traumatic Stress meeting. Symposium: Interpersonal/Social Processes in Trauma Adaptation: Theoretical Approaches Montreal, Canada.
45. **Besser, A.,** & Luyten, P. Always Look on the Bright Side of Life? Adult Attachment and the Interpersonal Regulation of Stress: The Mediating Role of Humor Styles. Presentation at ISSID, July 2011. London.
46. Weinberg, M, **Besser, A.,** & Neria, Y. "Self–Esteem Mediates the Association Between Dispositional Optimism and Anxiety Among Israeli Civilians Exposed to Missile Attacks" at the 2013 Annual Scientific Meeting of the International Society of Political Psychology (2013-ISPP).
47. Besser, A., Zeigler-Hill, V., Pincus, A. L., & Neria, Y. "Narcissists Under Fire: A Study of Israeli Civilians Exposed to Missile Attacks" at the 2013 Annual Scientific Meeting of the International Society of Political Psychology (2013-ISPP).
48. Besser, A., Weinberg, M., Zeigler-Hill, V., Pincus, A. L. Great Expectations Lead to Great Disappointments: Narcissism and Confirmation of Positive Affective Expectations for a Vacation. International Convention of Psychological Science (ICPS), 12-14 March 2015, Amsterdam.
49. Weinberg, M., **Besser, A.,** Ataria, Y., Neria, Y. Survivor-spousal dissociation and PTSD: Personal and dyad relationships of trauma survivors, spouses' dissociation, and PTSD. The 36th Annual Conference of the Stress and Anxiety Research Society (STAR), Tel Aviv, Israel, June 30-July 2, 2015.
50. Shultz JM, Helpman L, Araya R, Espinel Z, Verdelli H, Neria Y, Chaskel R, **Besser A,** Hernandez LJ, Gomez A. **Trauma/Loss during Forced Migration and Psychological Symptom Elevations** (Poster). Presented at: International Society for Traumatic Stress Studies (ISTSS), 31st Annual Meeting, “Back to Basics: Integrating Clinical and Scientific Knowledge to Advance the Field of Trauma.” New Orleans Marriott, New Orleans, LA, 5 November 2015.

51. **Besser, A.**, Morag, J., Zeigler-Hill, V., & Campbell, W. K. THE DARK TRIAD AND SEXUAL HARASSMENT PROCLIVITY. Presented at the Psychological Applications Conference and Trends 2016 (InPACT 2016), Portugal.
52. **Besser, A.**, Weinberg, M., Zeigler-Hill, V., Ataria, Y., and Neria, Y. Benign Humor and Trauma-Related Psychopathology Among Survivors of Terror Attacks and Their Spouses The 6th International Congress on Interpersonal Acceptance and Rejection will be held in Madrid, Spain from June 7th through 10th, 2016.
53. Shultz JM, Verdeli H, Neria, Y, Helpman L, Araya R, Espinel Z, **Besser, A**, Andrade AC, Gomez A, Hernandez LJ, Chaskel R.OSITA: Outreach, Screening, and Intervention for Trauma for Internally Displaced Women Residing in Bogotá, Colombia. Presented at: GMH University Seminar, Global Mental Health Program, Columbia University, New York NY, 7 March 2016.
54. Shultz JM, Espinel Z, Chaskel R, Araya R, Verdeli H, Neria Y, Helpman L, **Besser A**, Alhomaizi D, Cheng B, Gomez A, Hernandez LJ, Gesteira C, Salazar AS. Desplazamiento Forzado en Mujeres en Bogotá: Proyecto OSITA. Presented at: VI Congreso Medicina y Salud Mental de la Mujer “Nuevas áreas del Conocimiento: Innovación e Investigación”, Universidad CES, Medellín, Colombia, 23 April 2016.
55. Shultz JM, Espinel Z, Araya R, Verdeli H, Neria Y, Helpman L, **Besser A**, Gomez A, Hernandez LJ, Chaskel R. Forced Displacement in Colombia: Trauma, Loss, and Psychopathology. Presented at: American Public Health Association: APHA 2016 Annual Meeting & Expo, Denver, CO, 31 October 2016.
56. Molnar, D. S., Flett, G. L., Hewitt, P. L., & **Besser, A.** (2016, May). Socially prescribed perfectionism and guilt in new mothers: A longitudinal investigation. Paper presented in session "The Costs and Consequences of Perfectionism AcrossLife Contexts: A Multidimensional Analysis, 29th annual meeting of the Association for Psychological Science, Boston.
57. Unger-Aviram, E., Zeigler-Hill, V., Barina, M., & **Besser, A.** Narcissists as Satisfied and Productive Team Members: The Moderating Role of Goal Orientation. The 23th IAMB Conference will be held in New Orleans, LA, USA on January 18-20, 2017.
58. **Besser, A.**, Zeigler-Hill, V., & Marcus, D., K. The Roles of Personality Features and Perceived Threat in the Attitudes of Israelis Toward Peace with the Palestinians. The second biennial International Convention of Psychological Science (ICPS), 23-25 March 2017, Vienne, Austria.
59. **Besser, A.**, Zeigler-Hill, V., & Unger-Aviram., E. The Moderating Role of Team Level Goal Orientations on the Narcissism-Outcome Relationship in Self-Managed Teams. The 17th International Conference on Social Dilemmas, Taormina, June 20-23, 2017, Sicily

60. Zeigler-Hill, V., **Besser, A.**, Cronin, S., & Vrabel, J. K. Pathological personality traits and utilitarian moral judgments. European Conference on Personality 2018. University of Zadar. July, 17-21, 2018.
61. Zeigler-Hill, V., Besser, Y., & **Besser, A.**, The Consequences of Stuttering for Romantic Desirability. 16th European Congress of Psychology. Moscow. July, 2-6, 2019.

Invited Keynote Addresses

1. Moderation and Mediation in Psychological Research: Distinction, Hypothesis and Theoretical Implications. Department of Psychology, York University, Toronto, ON, Canada, October 2001.
2. Self-criticism and dependency in the context of the transition to motherhood and the postpartum period: Model validation in a four longitudinal studies. Department of Psychology, York University, Toronto, ON, Canada, November 2001.
3. Personality factors in vacation. Department of Management and Tourism, Ben Gurion University of the Negev, Beer-Sheva Israel, May, 2006.
4. Jury member PhD at the University of Leuven Belgium and invited talk on Object representations in older adults support and depression. Department of Psychology. Luven University Belgium, December 2007.
5. Invited talk on Personality vulnerability factors in PPD. Psychology Colloquium at the School of Psychology, the Interdisciplinary Center in Herzlia, February 2008.
6. Invited Symposium on Psychological Aspects of Prolonged and Direct Exposure to Terror: New Empirical Findings. The Psychological Aftermaths of Terror Attacks Theoretical and Therapeutic Perspectives at the School of Psychology, the Interdisciplinary Center in Herzlia, September 13-15 2009.
7. Neria, Y. & Besser, A. (June 2010) Civilians Exposed to Ongoing Rocket Attacks between 2000-2008: The Role of Trauma Exposure, Personality and Interpersonal Resources in Posttraumatic Stress Disorder. Tel-Chie College Convention: "From Helplessness to Active Coping: First Responders' Emergency & Disasters Mental Health Interventions."
8. Jury member PhD at the University of Leuven Belgium, Department of Psychology. Luven University Belgium, April 2014.

9. Personality vulnerability and resilience in exposure to terror – Hadassah Hospital – April, 2017.

Service to Community

1990 – Volunteering for public lectures on “good–enough” parenting, forums, community groups, support groups for parent and children of special needs, communal–psychological prevention in local community, and emergency interventions.

2018 – Chairman of Dimona's Theater's association.

Service at Sapir Academic College

2002 – During the years served as a Member, Judge and currently as the General Prosecutor of the board for students' discipline.

2010 – 2013 Member of the board of the appointment/promotion committee.

2010 – 2011 Member of the board of the research and "sabbatical" committee.

2010 – 2013 Chairmen of the ethic committee board.

2013– Chairmen of the school board of the appointment/promotion committee.

2013– Chairmen of the school board of the teaching excellence committee.

2013– Chairmen of the school board of the research and "sabbatical" committee.

2013– Chairmen of the school board of the teaching committee.

Service at Hadassah Academic College

2019 – Chairmen of the ethic committee board (IRB).