

Name: David Ezra

Date: 29-05-21

CURRICULUM VITAE

1. Personal Details

Permanent Home Address: Tel Hai St. 85 B app. # 2

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Electronic Address: ezrada@gmail.com

2. Higher Education

A. Undergraduate and Graduate Studies

2000-2007 Tel Aviv University, Anatomy and Physical Anthropology, Sacler Medicine School, *PhD*

1996-1999 Tel Aviv University, Zoology, *MSc.*

1993-1995 Tel Aviv University, Life Sciences, *Biology academic compliance*

1984-1988 Wingate Institute Netanya, *B.Ed. -Physical Education*

B. Post-Doctoral Studies

2014-2015 Research / Post doc fellow at the University of the Negev Ben-Gurion. "Pain and lordotic spine curvature". Hosted by Prof. Leonid Kalichman, Physical Therapy Department.

3. Academic Ranks and Tenure in Institutes of Higher Education

2016-present Lecturer (100%) for Anatomy and Physiology at the School of Nursing Sciences at the Academic College Tel Aviv Jaffa

2014-2016 Lecturer (50%) for Anatomy and Physiology at the School of Nursing Sciences at the Academic College Tel Aviv Jaffa

Offices in Academic Administration

2019-present Member of College Teaching Committee (Vaadat Horaa)

2018- present Member of School of Nursing Teaching Committee (Vaadat Horaa)

2016- present Member of Library College Committee

4. Scholarly Positions and Activities outside the Institution

2014- Present - Member of American Association of Clinical Anatomy (AACA)

2017-Present- Reviewer- Journal of Family Medicine & Community Health

2018-Present- Reviewer- Journal of Anatomical Record

5. Participation in Scholarly Conferences

a. Active Participation in Conferences abroad

2019 DISH (Diffuse Idiopathic Skeletal Hyperostosis) in the Cervical vertebrae Vertebral Bodies' (C3-C7) - Demographical Perspectives. The 36th Annual meeting of American Association of Clinical Anatomy, Tulsa, OK, USA. (Poster percenter, Judge and Mentor)

2018 The Torg ratio in C3-C7 African American and in European American: A skeletal study. The 35th Annual meeting of American Association of Clinical Anatomy. Atlanta, GA, USA. (Poster percenter, Judge and Mentor)

2017 Osteophytes in the Cervical Vertebral bodies (C3-C7)- Demographical Perspectives. The 34th Annual meeting of American Association of Clinical Anatomy, Minneapolis, MN, USA. (Poster percenter, Judge and Mentor)

2016 Osteophytes in the Cervical Vertebrae facets (C3-C7)- Demographical

Perspectives. The 33rd Annual meeting of American Association of Clinical Anatomy. Oakland, CA, USA. (Poster presenter and Judge)

2015 The 32nd Annual meeting of American Association of Clinical Anatomy Henderson, NV, USA. (Judge)

2005 Osseous changes with age in the vertebral bodies of the cervical spine (C3-C7): A skeletal population study. XVII International Symposium on Morphological Sciences, Belgrade, Serbia and Montenegro. (Platform Lecture)

1997 Effects of dehydration on selective brain cooling in the black Bedouin Goat. Symposium on Thermal Physiology, Copenhagen, Denmark. (Lecture)

Active Participation in Conferences in Israel

2011 The art and inter- discipline with art as one of the main subjects throw all years in the Netanya gifted center. Haifa University Israel. (Poster Presenter)

2006 Osseous changes with age in the vertebral foramen of the cervical spine (C3-C7): A skeletal population study. Seventh Research Fair, Sackler Faculty of Medicine, Tel-Aviv University. (Poster Presenter).

2005 Cervical vertebral body (C3-C7) morphology: A skeletal population study. Sixth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University. (Poster Presenter).

2004 Aging of the cervical spine. Fifth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University. (Poster Presenter).

1997 Selective brain cooling causes a delay in the onset of panting and sweating in the black Bedouin goat. The 35th Congress of the Zoological society of Israel Tel-Aviv (Platform Lecture)

1996 Selective brain cooling system in the black Bedouin goat. The 34th Congress of the Zoological society of Israel Tel-Aviv University (Platform Lecture)

C. Organization of Conference or session

2017 - Organized of a special seminar on the human spine; and giving two lectures: "The cost of the transition from tetrapod walking to bipedal in humans" and "New research on the Cervical Spine". The Academic College Tel- Aviv Jaffa (May 2017).

6. Research Grants

a. Grants Awarded

2003- PI - Morphological and Pathological aspects of the Cervical Spine (C3-C7). Brookdale Institute and Ashel Grant (\$1,500) -The association for the planning and development of services for the aged in Israel.

2001-PI- Morphological and Pathological aspects of the Cervical Spine (C3-C7). MAFCAF- Foundation grant (\$3,500), Archeological Foundation Israel.

1998- Co-PI- with Prof. Claus Jessen, Selective Brain Cooling mechanism in the Black Bedouin goat. German Israeli Foundation (GIF) 12000\$.

b. Submission of Research Proposals – Not Funded

2021- Co- PI- with Dr. Michaela Berkovitz. Symptoms of Glioblastoma patient in the end of life. Israel Cancer Association.

7. Scholarships, Awards and Prizes

2021 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa.

2020 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa

2019 Research grant Tel Aviv –Jaffa College research grant (9500 NIS)

2019 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa

2018 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa

2017 Research grant Tel Aviv –Jaffa College research grant (12,060 NIS with Prof. Gideon Dror)

2017 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa

2016 Research grant Tel Aviv –Jaffa College research grant (13,000 NIS)

- 2016 Award for excellence in Teaching- Presidential award, Nursing sciences school, The Academic College Tel Aviv Jaffa
- 2016 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa
- 2015 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa
- 2015 Award for excellence in Teaching- Presidential award, Nursing sciences school, The Academic College Tel Aviv Jaffa
- 2014 Financial reward for excellence in research and teaching, Nursing sciences school, The Academic College Tel Aviv Jaffa
- 2014 Award for excellence in Teaching- Presidential award, Nursing sciences school, The Academic College Tel Aviv Jaffa
- 2013 Award for excellence in Teaching-Dean award, Nursing sciences school, Ruppin College
- 2013 Award for excellence in Teaching- Presidential award, Nursing sciences school, The Academic College Tel Aviv Jaffa
- 2012 Award for excellence in Teaching-Dean award, Nursing sciences school, Ruppin College

8. Teaching

a. Courses Taught in Recent Years

Human Anatomy and Physiology

2007- Present- The course is one of the important basics course of nursing sciences (BSn.) studies. This course is the base for the knowledge in Pathology and other studies. In the course the students learn about all the major body systems: structure and function and the links in between all the systems. The course included 60-100 students in each group and delivered in Academic College Tel Aviv Jaffa, Assaf Haroph and Wolfson nursing schools. Mandatory course for BSn. Degree. Lecturer.

General Pathology

2014- Present - The course is presenting the basic concepts of pathology, which are universal to all body systems and enable the students to understand the development of various diseases. Next, we will focus on the specific pathology of different systems of the body, emphasizing the more common pathologies, which students will

encounter later on in their professional path. The course included 60-80 students in each group and delivered in Academic College Tel Aviv Jaffa, Asaf Haroph and Wolfson nursing schools. Mandatory course for BSn. Degree. Lecturer.

Human Revolutions and the impact of them on human and other organisms

2017- Present – The course is discussing human revolutions in aspects of the anatomical and physiological benefits and damages in the human and animals caused by the human revolutions. The course is a general high learn course which is offered to all the students (no more than 60 students) from all schools in the Academic College Tel Aviv Jaffa for BA and MA degrees. Lecturer.

9. Miscellaneous

Between the years 1988-1993 no academic studies because of financial reasons

Between the years 2007-2012 no academic/ faculty status as a lecturer, because of no faculty positions in my field

10. Professional Experience

Between the years 1993 – 2018 I was a life and medicine sciences teacher in several gifted schools and principal (2007-2018) in Netanya gifted school

PUBLICATIONS

A. Ph.D. Dissertation:

Morphological changes in the cervical spine (C3-C7) with age: A skeletal population study, Dissertation for the degree: “Doctor of Philosophy”

David Ezra, Submitted to the senate of Tel Aviv University, 2006. Tel Aviv University, Sackler Faculty of Medicine, Department of Anatomy and Physical Anthropology (In Hebrew) pp 1-221.

Supervisor: Prop. Israel Hershkovitz

B. Articles in Refereed Journals

Claus Jessen, Razi Dmi`el, Itzhak Choshniak, **David Ezra** and Gernot Kuhnen (1998). Effects of dehydration and rehydration on body temperatures in the black Bedouin goat. Eur J Physiol 436: 659-666. (Impact factor in 2014- 4.101; google scholar citation-59).

------(Articles from last academic position)-----

Milhem M., Kalichman L., **Ezra D.**, Alperovitch-Najenson D. Work-Related Musculoskeletal Disorders Among Physical Therapists: A comprehensive Narrative Review (2016). Int J Occ Med 29(5). (Impact factor 1.025; 5 years impact factor: 1.597; google scholar citation-53)

Ezra D., Masharawi Y, Salame K, Slon V, Alperovitch-Najenson D, Hershkovitz I. Demographical aspects in cervical vertebral bodies' size and shape (C3-C7): A skeletal study. Spine Journal. 2017; 17:135-142. (Impact factor 2017: 2.962; 5 years Impact factor: 3.164; Q1;google scholar citation -15).

David Ezra, Viviane Slon, Einat Kedar, Youssef Masharawi, Khalil Salame, Deborah Alperovitch-Najenson, Israel Hershkovitz. The Torg- Pavlov ratio in the cervical spine of Afro-Americans vs. European – American. Clinical Anatomy Journal. 2019; 32:84-89. (Impact factor 2018- 1.903; Q2-0.605; google scholar citation -2).

David Ezra, Khalil Salame, Israel Hershkovitz, Devora Alperovitch-Najenson and Viviane Slon. Osteophytes in the cervical spine vertebrae bodies (C3-C7); Demographical perspectives Journal of Anatomical Record 2019; 302:226-231. (Impact factor 1.373 in 2017. Q1-0.766; google scholar citation -3).

Ezra D., Kalichman L, Simonovich A, Droujin J, Been E, and Alperovitch-Najenson D. The association between cervical lordosis and age, sex, history of cervical trauma and sedentarity: A CT study. Archives of Anatomy and Physiology 2020; 5: 009-015 (New Journal no Impact factor).

Friedenberg R., Kalichman L., **Ezra D.**, Wacht O., Alperovitch-Najenson D. Work-Related Musculoskeletal Disorders and Injuries Among Emergency Medical Technicians and Paramedics: A Comprehensive Narrative Review. Journal of Archives of environmental and occupational health. Publish on line 19 Oct 2020 (Impact factor 1.180 in 2019).

Ilya Kagan, Yelena Stuklin, Meira Zomer and **David Ezra**. Basic Science courses' and Medical-Surgical course grades predict success in Israel Mandatory Nursing Certification test. Nurse education today (99) Publish online 15 Feb 2021. (Impact factor 2.49 in 2020 Q1).

Aliza Amiel, Pazit Azuri, **David Ezra** and Samer Halabi. Prenatal Tests and Pregnancy Termination Amongst Moslem Women in Israel. Asian Journal of Medical and Health Research. Publish online 20 April 2021. (No impact factor).

Avital Radosher, Leonid Kalichman, Shlomo Moshe, David Ezra, Azaria Simonovich, Jonathan Droujin, and Deborah Alperovitch-Najenson. Upper quadrant pain and disability associated with a cross-sectional area of deep and superficial neck muscles: A CT study. *Spine journal* Accepted 28 May 2021 (Impact factor 2.646 in2021; Q1) (See the approval letter from the editor in the end of the CV).

C. Article Chapters in Scientific Book

1. **Ezra, D.**, Been, E., Alperovitch-Najenson, D., & Kalichman, L. (2019). Cervical posture, pain, and pathology: developmental, evolutionary and occupational perspective. In *Spinal Evolution* (pp. 321-339). Springer, New York. (google scholar citation 2).

D. Articles in Conference Proceedings

1. **Ezra David**, Lyman Jellema , Yelena Stukalin , and Viviane Slon
DISH (Diffuse Idiopathic Skeletal Hyperostosis) in the Cervical vertebrae
Vertebral Bodies' (C3-C7) - Demographical Perspectives. American Association
of Clinical Anatomists 36th Annual Meeting, Tulsa, OK, USA, July
2019. Clinical Anatomy conference abs.
2. **Ezra David**, Salame Khalil, Alperovitch-Najenson Devora, Herskovitz Israel
and Slon Viviane. The Torg ratio in C3-C7 African American and in
European American: A skeletal study. American Association of Clinical
Anatomists 35th Annual Meeting, Atlanta, GA, USA, July 2018. Clinical
Anatomy conference abs
3. **Ezra David**, Salame Khalil, Alperovitch-Najenson Devora, Herskovitz Israel
and Slon Viviane. Osteophytes in the Cervical Vertebral bodies (C3-C7)-
Demographical Perspectives. American Association of Clinical Anatomists 34rd
Annual Meeting, Minneapolis, MN, USA, July 2017.
4. **Ezra David**, Salame Khalil, Alperovitch-Najenson Devora, Slon Viviane and
Herskovitz Israel. Osteophytes in the Cervical Vertebrae facets (C3-C7)-
Demographical Perspectives. American Association of Clinical Anatomists 33rd
Annual Meeting, Oakland, CA, USA, June 2016. Clinical Anatomy conference abs
5. Alperovitch-Najenson D., Sheffer D., **Ezra D.**, Kalichman L. Lessons from
Participatory Ergonomics Study aimed to Reduce Musculoskeletal Pain among

Nursing Staff (oral presentation). Association of Canadian Ergonomists 46th Annual Conference, Waterloo, Canada, 2015.

6. Alperovitch-Najenson Deborah, Sheffer Dvora, **David Ezra** and Kalichman Leonid. The Application of Participatory Ergonomics (PE) to Reduce Musculoskeletal Pain in Nursing Staff, Oregon, USA, September 2014.
7. **David Ezra**, Talia Oshri and Hemda Hagai. The art and inter- discipline with art as one of the main subject throw all years in the Netanya – Matmon gifted center. The 2nd Congress of Gifted and Talent students in Israel Haifa University 2011.
8. **Ezra D**, Salame K, Masahrawi Y, Peleg S, Been E, Marom A, Steinberg N, Alperovich-Najenson D, Dar G, Medleg B, and Hershkovitz I. Osseous changes with age in the vertebral foramen of the cervical spine (C3-C7): A skeletal population study. Seventh Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.5, 2006.
9. Masahrawi Y, Dar G, Peleg S, Steinberg N, , Medleg B, **Ezra D**, Alperovich-Najenson D, and Hershkovitz I. Facet and interfacet shape and orientation in spondylolysis: A skeletal study. Seventh Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.4, 2006.
10. Masharawi Y., Dar G., Peleg S., Steinberg N., Medleg B., **Ezra D.**, Alperovitch-Najenson D., Hershkovitz I. Facet and interfacet shape and orientation in spondylolysis: a skeletal study. The SSE Annual Meeting, Euro Spine 2006- Istanbul, Turkey.
11. Peleg S, Dar G, Been E, Steinberg N, Masharawi Y, **Ezra D**, Madleg B, Arensburg B, Hershkovitz I. Sacral inclination – its demographic characteristics and possible relation to the development of spinal deformities. XVII International Symposium on Morphological Sciences, Belgrade, Serbia and Montenegro. Abstract book, p.173, 2005.
12. Bahaa M, Greenwald C, Dar G, Peleg S, Steinberg N, **Ezra D**, Hershkovitz I. Anatomy of the hip joint and its relationship to various lesions in the femoral head and neck. XVII International Symposium on Morphological Sciences, Belgrade, Serbia and Montenegro. Abstract book, p.22, 2005.
13. Steinberg N, Siev-Ner I, Peleg S, Dar G, Masharawi Y, **Ezra D**, Hershkovitz

- I. Anatomical modifications in dancers. XVII International Symposium on Morphological Sciences, Belgrade, Serbia and Montenegro. Abstract book, p.219, 2005.
14. Masharawi Y, Rothschild B, Salame K, Dar G, Peleg S, Steinberg N, Alperovitch-Najenson D, **Ezra D**, Hershkovitz I. Shape variation of the thoracolumbar vertebral bodies and articular facets. XVII International Symposium on Morphological Sciences, Belgrade, Serbia and Montenegro. Abstract book, p.125, 2005.
 15. **Ezra D**, Salame H, Mashrawi Y, Peleg S, Steinberg N, Dar G, Been E, Hershkovitz I. Osseous changes with age in the vertebral bodies of the cervical spine (C3-C7): A skeletal population study. XVII International Symposium on Morphological Sciences, Belgrade, Serbia and Montenegro. Abstract book, p.66, 2005.
 16. Peleg S, Dar G, Been E, Steinberg N, Masharawi Y, **Ezra D**, Madleg B, Arensburg B, Hershkovitz I. Sacral inclination as a predictive diagnostic tool in spinal deformities Sixth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.6, 2005.
 17. **Ezra D**, Salame H, Mashrawi Y, Peleg S, Steinberg N, Dar G, Been E, Madleg B, Hershkovitz I. Cervical vertebral body (C3-C7) morphology: A skeletal population study. Sixth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.5, 2005.
 18. Masharawi Y, Rothschild B, Salame K, Dar G, Peleg S, Steinberg N, Alperovitch-Najenson D, **Ezra D**, Hershkovitz I. Normal Asymmetry in the Human Vertebrae along the thoracolumbar spine: Characterization and Interpretations. Sixth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.3, 2005.
 19. Steinberg N, Siev-Ner I, Peleg S, Dar G, Been E, **Ezra D**, Masharawi Y, Madleg B, Hershkovitz I. Is specific body structure a prerequisite for dancers? Sixth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.8, 2005.
 20. Peleg S, Dar G, Steinberg N, Been E, Masharawi Y, **Ezra D**, Madleg B, Arensburg B, Hershkovitz I. Osteopathological changes in the thoracic vertebral bodies and their relation to Scheuermann Kyphosis (SK) and Kyphoscoliosis (KS) Sixth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.10, 2005.

21. Dar G, Peleg S, Masharawi Y, Steinberg N, Been E, **Ezra D**, Rothschild BM, HersHKovitz I. Sacroiliac joint bridging: demographical and anatomical aspects. Fifth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.3, 2004.
22. Peleg S, Dar G, Been E, Steinberg N, Masharawi Y, **Ezra D**, Arensburg B, HersHKovitz I. The elusive “sacral inclination”: Its demographic nature and association with spinal deformities. Fifth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University. Abstract Book, p.4, 2004.
23. Steinberg N, Siev-Ner I, Peleg S, Dar G, Been E, **Ezra D**, Masharawi Y, HersHKovitz I. Training and joint flexibility in dancers. Fifth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University Abstract Book, p.5, 2004.
24. **Ezra D**, Salame K, Peleg S, Masharawi Y, Dar G, Been E, Steinberg N, HersHKovitz I. Aging of the cervical spine. Fifth Research Fair, Sackler Faculty of Medicine, Tel-Aviv University, Abstract Book, p.8, 2004.
25. **David Ezra**, Claus Jessen, Razi Dmi`el, Itzhak Choshniak, Gernot Kuhnen. Selective brain cooling causes a delay in the onset of panting and sweating in the black Bedouin goat. Israel Journal of Zoology Vol.44;73,1998.
26. **David Ezra** Selective brain cooling causes a delay in the onset of panting and sweating in the black Bedouin goat. The 35th Congress of the Zoological society of Israel Tel-Aviv University, Israel.1997.
27. Claus Jessen, Razi Dmi`el, Itzhak Choshniak, **David Ezra** and Gernot Kuhnen. Effects of dehydration on selective brain cooling in the black Bedouin goat. Symposium on Thermal Physiology, Copenhagen. July 1997.
28. **David Ezra**. Selective brain cooling system in the black Bedouin goat. The 34th Congress of the Zoological society of Israel Tel-Aviv University, Israel.1996.

All of the A, B, C and D are peer reviewed

E. Other Publications

1. דוד עזרא, מעבדות לחירות באמריקה- האפרו אמריקאים בארצות הברית, JOKOPOST.COM <https://jokopost.com/thoughts/13267/> 16-03-2017
2. דוד עזרא, הדיסקים שעוזרים לכם לזוז- כמה עובדות על הדיסקים הבין חולייתיים jokopost.com/medecine/13767/
3. דוד עזרא, הברכה והקללה- האוסטיאופיטים במערכת השלד 22-05-2017 JOKOPOST.COM [/https://jokopost.com/medecine/14019](https://jokopost.com/medecine/14019/)
4. דוד עזרא, האדומים והלבנים- המבנה והתפקוד של סיבי השריר שלנו 04-07-2017 JOKOPOST.COM [/https://jokopost.com/medecine/14422](https://jokopost.com/medecine/14422/)
5. דוד עזרא- המסננת של הדם- הכליה לעומת מכונת הדיאליזה 05-08-2017 JOKOPOST.COM [/https://jokopost.com/medecine/14720](https://jokopost.com/medecine/14720/)
6. דוד עזרא, סורפקטנט הדטרגנט של הטבע- החומר ששומר על נאדיות הראיה והאלסטיות שלהן 27-08-2017 JOKOPOST.COM [/https://jokopost.com/medecine/14956](https://jokopost.com/medecine/14956/)
7. דוד עזרא, זה בדם שלנו- מה מניע ומה מאט את זרימת הדם שלנו 06-10-2017 JOKOPOST.COM [/https://jokopost.com/medecine/15350](https://jokopost.com/medecine/15350/)
8. דוד עזרא, מגלים את תאי הגליה- התאים התומכים במערכת העצבים 11-05-2018 JOKOPOST.COM [/https://jokopost.com/medecine/17477](https://jokopost.com/medecine/17477/)
9. דוד עזרא, לא ישר וטוב שכך- עקומות עמוד השדרה הצווארי 01-10-2019 JOKOPOST.COM [/https://jokopost.com/medecine/22163](https://jokopost.com/medecine/22163/)
10. דוד עזרא, מסע ממערכת העיכול למערכת הדם- מנגנוני ההעברה הפיסיולוגיים של חומרי המזון 16-09-2020 JOKOPOST.COM [/https://jokopost.com/medecine/24918](https://jokopost.com/medecine/24918/)

Submitted Publications

Submitted:

Michal Tzelnik, Azaria Simanovich, Vladimir Stoychev, Deborah Alperovitch-Najenson, **David Ezra**, and Leonid Kalichman, PT, Ph.D. The Association Between Luschka's Joints' Degeneration and Cervical Spine Pathologies and Symptoms (Submitted to SN Comprehensive Clinical Medicine Oct 2020, New journal no impact factor)

David Ezra , Einat Kedar, Khalil Salame, Deborah Alperovitch-Najenson, and Israel HersHKovitz. Osteophytes on the Zygapophyseal (Facet) Joints of the Cervical Spine (C3-C7) A Skeletal Study. (Submitted to Anatomical Records May 2021. Impact factor 2021- 1.6; Q2).

Deborah Alperovitch-Najenson , Shani Milyoner , Dafna HoreshSztulman, Omer Weissberger , **David Ezra** and Leonid Kalichman. Optimal bed height for passive manual tasks (Submitted to Journal of Bodyworks and Movement Therapies Jan 2021. Impact factor 2021: 1.426 ; 5 years impact factor 1.461).

Summary of my Activities and Future Plans

עבודתי המדעית מתמקדת במספר נושאי מחקר: אנטומיה, אנתרופולוגיה פיזית, חינוך לאחיות וסימפטומים. בתחום האנטומיה והאנתרופולוגיה הפיזית אני מתמקד בעמוד השדרה בכלל והצווארי בפרט, מאחר וישנם מיעוט אוספי שלדי אדם בכמות גדולה (של אלפי שלדים) ומאחר בתחומים אלו קשה מאוד לחדש תחומי מחקר אלו מהווים אתגר מחקרי עצום. בתחום החינוך לאחיות אני מתמקד בהוראת האנטומיה ומדעי היסוד בתואר הראשון בלימודי הסייעוד, התמקדות נוספת היא הסימפטומים של חולי סרטן תוך דגש על התפיסה הכוללת בעניין.

עבודתי בשטח ההוראה תופסת היקף רחב מהשעות הכלליות שלי. אני מאמין בראש ובראשונה בחינוך היות ומקצוע האנטומיה והפיסיולוגיה אחד החשובים בלימודים ומנבא באחוזים גדולים מאוד את ההצלחה במבחני הרישוי הממשלתיים ומבחנים אחרים (וזאת על פי מחקר שהובלתי ופורסם בכתב עת מוביל בחינוך לאחיות) אני רואה בהוראה חשיבות גדולה.

במסגרת כלל מחקרתי כמעט אני משתף פעולה עם מדענים מתחומים אחרים ו/או מוסדות אחרים. שיתוף פעולה זה מניב עד כה תוצאות מצויינות של מאמרים ושל עניין כולל גם עם תחומים אחרים שבהם אני יכול לקבל ראייה רחבה יותר ומועילה יותר בהרבה היבטים.

תוכניות לעתיד היא להגיש וכמובן לזכות במענקי מחקר שיאפשרו לי להעמיק יותר בתחום וכמובן
לפרסם יותר.

Approval from Spine journal for accepted paper:

----- הודעה שהועברה -----

את: em@editorialmanager.com Spine Journal

אריך: יום ו', 28 במאי 2021 ג-23:05

שם: Your Spine Submission SPINE 162863R1 - [EMID:1382d72d1eeef356e]

ל: <Deborah Alperovitch-Najenson <deborahalp@gmail.com>

Ref.: Ms. No. SPINE 162863R1

Upper quadrant pain and disability associated with a cross-sectional area of deep and superficial neck muscles: A CT study
Spine Journal

Dear Dr. Alperovitch-Najenson,

I am pleased to inform you that your article has been accepted for online publication in an upcoming issue of SPINE. The Mini Abstract will appear in the Table of Contents of the print edition and readers will be directed to our website (www.spinejournal.com) to view your paper in its entirety. Your paper will be completely referenced and indexed.

Comments from the Reviewers can be found below.

**Please verify that the spelling, order, and affiliation of each author is correct. Spine is not responsible for published misspelled names due to author error.

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With kind regards

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