

## Curriculum Vita: Golan Moria

### 1. Personal Details

Full name: Moria Golan

Date of birth: October 19, 1957

Country of birth: Israel

Citizenship: Israeli

ID (or passport) number

Family status: Married, four children

Full home address: Moshav Ganey Hadar, Mobile Post Soreq, 76830, Israel

Home: phone-97289413621; fax-97289348798; cell phone numbers-972547240330

Work: Department of nutritional Sciences, Faculty of Sciences, Tel Hai College.

Shahaf, Iben Gvirol 61 Tel Aviv, Tel: 03-6472780 Fax: 03-6472990

E-mail address: moria.golan@mail.huji.ac.il

### 2. Higher Education

1978-1981 The Hebrew University of Jerusalem, Faculty of Agriculture, Food and Environmental Quality Sciences, School of Nutritional Sciences, Rehovot, B.Sc. in Agriculture on July 1981.

1982-1983 The Hebrew University of Jerusalem, Faculty of Agriculture, Food and Environmental Quality Sciences, School of Nutritional Sciences, Rehovot, M.Sc. in Agriculture on July 1983.

1984-1985 Clinical Nutritionists. The Hebrew University of Jerusalem, Faculty of Agriculture, Food and Environmental Quality Sciences, School of Nutritional Sciences, Rehovot.

1986 Internship in clinical dietetics. Assaf Haroffe Hospital, Professional Certificate No. 8422.

1994-1998 Tel Aviv University, The Sackler Faculty of Medicine, Department of Physiology and Pharmacology. Doctor of Philosophy (Ph.D) on June, 1998.

**Supervisors:** Prof Avi Weitzman, Geha Psychiatric Hospital and Felsenstein Medical Research Center, Rabin Medical Center, Petah Tiqva & Prof. Menachem Finaru, Sackler Faculty of Medicine, Tel Aviv University, Israel.

Title of Thesis: Treatment of Childhood Obesity - Parents as the Sole Agents of Change [# 1,2,3,5,6,7,8].

### **3. Academic Appointments and Academic Positions in Institutions of Higher Education**

#### **○ The Hebrew University of Jerusalem, Robert H. Smith Faculty of Agriculture, Food and Environment, School of Nutritional Sciences, Rehovot.**

1986-1998 Teacher appointment, Instructor

1986-1996 Academic director of the Israeli dietetic internship

1999-2004 Senior teacher appointment

1999-2001 Member of teaching committee

2004. Adjunct lecturer and member of the teaching committee.

2007. Associate professor

2016. Full Professor

#### **○ Tel Hai College, the Upper Galilee, the Faculty of Sciences, Department of Nutrition.**

2000-2005 Adjunct Senior Lecturer.

2006-2007 Senior Lecturer.

2007. Associate professor

2007-2011 Member of teaching committee

2014. Head of MSc. Program

**2016 Full Professor**

### **4. Teaching experience - Courses taught in the past five years**

#### *Teaching in academic institutions*

#### **○ The Hebrew University of Jerusalem, Robert H. Smith Faculty of Agriculture, Food and Environment, School of Nutritional Sciences, Rehovot.**

- The basis of eating disorders, BSc. course

#### **○ Leeds University, England. School of Medicine. MMedSc in Child Health, Developmental & Behavioral Pediatrics.**

- Parenting and working with parents, MMedSc course

- **University of Potsdam, Germany, Department of Counselling Psychology.**
  - Pediatric obesity- parenting style and practices. , MSc and PhD course. Supported by the DFG (German Research Foundation).
- **Tel Hai College, the Upper Galilee, the Faculty of Sciences, Department of Nutrition.**
  - Therapeutic communication, BSc. course
  - Obesity and eating disorders, BSc. Course
  - Seminar, BSc. Course
  - The group – Theory and practices with the theme of body image, BSc. course
  - Supervising group facilitators of “in Favor of Myself” – school-based preventive program, BSc. Course.
  - Selective chapters in eating disorders, MSc. Course
  - Selective chapters in pediatric obesity, MSc. Course
  - Seminar A– research practices and writing research proposal
  - Seminar B – analyzing, presenting and discussing research data, MSc. Course
  - Self-regulation and self-control in weight-related problems, , MSc. Course

*Teaching in nonacademic institutions*

Many courses delivered to multidisciplinary teams in Clalit and Macabee Health Organizations:

- Topics of courses: Obesity, Pediatric obesity, Eating disorders, Therapeutic counseling, Narrative supervision, counseling supervision. Management of weight-related problems, self- regulation and parenting, motivational interviewing skills.
- Supervision on prevention programs to professional teams in Elem – Non Profit for organization.

**5. Supervision of Graduate students**

- **The Hebrew University of Jerusalem, Food and Environment, School of Nutritional Sciences, Rehovot.**

MSc. Degree

1. 1999-2000 Oshri Sara. Night eating syndrome.
2. 1999–2001 Ayelet Harari. Addition of food additive enriched with 9 cis  $\beta$  carotene to Fibrate to improve the profile of blood lipids. (# 13), honors.  
Co-supervisor: Dr. Dov Gavish.

3. 2002-2004 Vereed Kaufman. Parent only vs. Parents & child as agents of change in child weight management intervention (#14).
4. 2003-2004 Noaa Ovadia Heiman. Factors influencing the rate of weight increase in the re-feeding syndrome of anorexic patients (#21).
5. 2005-2006 Roni Enten. Parenting style and EDI scores among eating disorder patients (#19, #25)
6. 2007-2008 Yardena Arnoni. Change in eating habits and occurrence of disordered eating among Midrasha students.
7. 2009-2012 Noaa Hagay. Assessment of a unique self-esteem program for adolescents (#33, 36).
8. 2010-2011 Adi Miller. Predictors of relapse and maintenance in eating disorders.
9. 2009-2012 Maya Bruter. Self- control in the various eating disorders (#40).
10. 2012-2014 Alina Marko. Self-Regulation in eating disorders( #41).

#### **Faculty of Medicine in the Galilee, Bar Ilan University**

1. 2012-2014 Shani Aboutboul, In Favor of Resilient self- Pilot of prevention program. Co-supervisor: Prof. Mary Rudolf, Bar Ilan University.

#### **Department of Nutritional Sciences, Tel Hai, college**

##### MSc. Degree

1. 2015 Rose Awidat. In Favor of myself, the Arabic version – validation and pilot study (#38, 42).
2. 2014-2016 Reut Agam. In Favor of myself – What is the best setting to deliver it – mixed gender groups or uni-gender groups? (#39, 46).
3. 2014-2016 Fidaa Ziadne. The association between sleeping habits, self-esteem and body-image among Arab adolescents.
4. 2014-2016 Maayan Bin Noon. The association between communications' difficulties along the spectrum of autism and exposure to Para-acetamol. Co-supervision with Dr. Yaron Yagil.
5. 2014-2016 Hadas Finkelstein. In Favor of myself –Boy's friendly version. Development and evaluation of pilot study.
6. 2014-2016 Shani Frankfurt. In Favor of myself –community vs. school-based setting for prevention program delivery.

7. 2014-2016 Asaf Pestinger. Development and evaluation of physical activity program for young adults with ADHD. Co-supervision with Dr. Yaron Yagil.
8. 2015-2017 Ayelet Veinstein. Vitamin D defiance in elite competitive swimmers.
9. Co-supervision with Prof. Alon Eliakim
10. 2015-2017 Batia Sharhbany Eli. The prevalence of eating disorders and change in weight status and eating behavior among siblings of children who were treated in family-based obesity management program (#50).
11. 2015-2017 Avishag Nevo. Development and evaluation of relapse prevention program for women who terminated weight-loss program.
12. 2016-2018. Emile Gassanov. Assessment of “Young In Favor of myself”: A school-based wellness program for preadolescents” (#44).
13. 2017-2018. Maya Moullem. Assessment of “In favor of myself for athletes” (#45,49).
14. 2018-2019. Shaked Benifla. Development of parenting component to “Young In favor of My self“-Pilot study.
15. 2019-2020. Aviv Samo. Internet-based parenting component – results of a qualitative and quantitative analysis.
16. 2019-2020. Hila Greenberg. Assessment of food additives exposure and consumption compared to the acceptable daily intake (ADI) in Israeli adolescents
17. 2020-2021 Noa Alon. Children as agent of change for parents’ engagement in parenting component added to In Favor of My Self - School-based universal prevention program.
18. 2020-2021 Liz Maymon. Teachers as agent of change for increasing prevention program dose exposure – Pilot study.

**Doctoral degree students:**

1. 2001-2005 The Hebrew University of Jerusalem. Michal Gavan. Clinical and psychological characteristics in recovered and non-recovered patients with anorexia nervosa. Co-supervisor: Prof Amia Liblich,
2. 2004-2008 Postdam University. Maria Richter. Eating Behavior in early childhood. Co-supervisor: Prof. Petra Warschburger,
3. 2011-2016 The Hebrew University of Jerusalem. Dorit Adler, The food tray in hospital as a tool for nutrition education. Co-supervisor: Prof.

Eliot Beery.

**F. Awards and Grants**

- 1994 Scholarship for PhD thesis from the association for society promotion, 10,000 Shekels.
- 2000 Fund raising - 100,000\$ donation from The Kennedy Leigh Charitable Trust for the purpose of financial support for patients treated by Shahaf
- 2001 Research grant: 10,000\$ Eating disorders research grant from the Kennedy Leigh Charitable Trust.
- 2001 Financial Public Support: 55,000\$ support from the Ministry of Health support fund for Shahaf for the establishment of hot line - free counseling services for eating disorders.
- 2001 Michael Milken Award for continuing excellence in teaching from the Hebrew University of Jerusalem.
- 2003 Financial Public Support: 12,000\$ support from the Ministry of Health support fund for needy patients in Shahaf.
- 2004 Financial Public Support: 6000\$ support from the Ministry of Health support fund for needy patients in Shahaf.
- 2006 National Inheritance Committee: 25,000\$ support for the clinical mentors project.
- 2008 Dove self-esteem Fund: 100,000 shekels
- 2009 Matan: 50,000 shekels for evaluating the counseling in parents' groups.
- 2009 Dove self-esteem Fund: 22,000 shekels - scholarship for two students
- 2011 Dove self-esteem Fund: 50,000 shekels – Research fund
- 2012 Dove self-esteem Fund: 61,000 shekels – Supervision fund
- 2012 Award winner of the best program for improving body image in Healthy Weight Network, Task Force on Weight Loss Abuse, National Council Against Health Fraud, USA.
- 2013 Dove self-esteem Fund: 25,000 shekels– Research fund
- 2014 Dove self-esteem Fund: 25,000 shekels– Research fund
- 2015 Dove self-esteem Fund: 25,000 shekels– Research fund
- 2016 Dove self-esteem Fund: 40,000 shekels– Research fund
- 2016 Grendel games, Research fund 36,000 €
- 2017 Dove self-esteem Fund 25,000 shekels– Research fund

- 2018 Dove self-esteem Fund 50,000 shekels– Research fund
- 2019 Dove self-esteem Fund 50,000 shekels– Research fund
- 2020 Dove self-esteem Fund 25,000 shekels– Research fund

### **Active Participation in Scientific Conferences**

\*Participation since 2010

1. Annual MINT Forum: Narrative approach and motivational interviewing - their common ground and how narrative practices may take MI practice beyond. September 2011, Sheffield, England.
2. 2012 -The annual meeting of the Israeli gastrointestinal association. Title of invited lecture: Motivational interviewing in Primary practice. January, 2011, Eilat, Israel.
3. 2012 - Invited International Speaker at the 19th European Congress on Obesity. How to involve and motivate parents? May 2012, Lyon, France.
4. 2012 - The 2012 AODA Regional Conference. Invited Workshop: Transference and countertransference in the management of weight-related problems. May, 2012, Israel
5. 2012 - Annual Meeting of the Eating Disorders Research Society. In favor of myself – promoting positive self & body image among youth in Israel, September 2012, Porto, Portugal.
6. 2013 – The Swiss Endocrinology Society. Invited speaker: The journey of "parents as the main agents of change". October 2013, Lausanne, Swiss.
7. 2013 –The Swiss Pediatric Society. Invited workshop: Barriers and facilitators in the management of childhood obesity October 2013, Lausanne, Swiss.
8. 2013 – Motivational Network of Trainer. Invited workshop: Integrating failure conversation maps into MI practice. October 2013, Krakow, Poland.
9. 2014 – Karolinska Institute. Invited workshop: Supervision in parents' groups for the management of childhood obesity. January and again on September 2014, Stockholm, Sweden.
10. 2014 - Invited symposia: Challenging parent's resistance. The EABCT conference, September 2014, Hague, the Netherlands.
11. 2014 - Invited one day workshop: Integrating Failure Conversation Maps into MI practice. MINT annual meeting, Atlanta, USA, October 2014.
12. 2015 – The Israeli Ministry of Education. Invited talk: Management of eating disorders by school staff, Jerusalem, Israel.

13. 2015 - The Israeli Ministry of Health. Invited talk: Leadership and entrepreneurs in Nutrition. Jerusalem, Israel.
14. **2016** – Joint resources in Nutrition. Head of symposia with Tel Hai MSc students: Practical aspects of designing prevention programs for adolescents, Tel Aviv, Israel.
15. **2016** - Invited workshops by EASO Executive Committee (European Association for the Study of Obesity): 1) Childhood obesity: Failure conversation maps. 2) Self-esteem and social acceptability. 3) Prevention of eating disorders. Gothenburg, Sweden.
16. **2016** - Invited Motivational Intervening workshops by ECOG Executive Committee (European Childhood Obesity Group). Thessaloniki, Greek.
17. **2018**- Pre-conference workshop (Failure conversations) and Poster reviewers in 2018 ISBNP annual Meeting in Hong Kong.
18. 2019-Preconference workshop (Motivational Interviewing) and Presentations reviewer in 2019 ISBNP annual Meeting in Prague.
19. 2019-Workshop – Supervision in Motivational interviewing, Tallinn Estonia
20. 2020 – Invited lecture in Peres College – Women and self-regulation
21. 2020 – Poster presentation in 2020 Online international conference of the Eating Disorders Research Society.
22. 2020 – Poster presentation in 2020 Online European and International congress on Obesity.



**G. Academic Activities:**

- 2004-2006 Health Sciences Research Institute, UK Development, England.  
National Coordinating Center for Research Capacity, Grant reviewer
2005. Warwick Medical School, University of Warwick, Supervision on program development of childhood obesity.
- 2005-2006 Netherlands Organization for Health Research and Development (ZonMw), Grunts reviewer.
- 2005-2006 British Medical Research Council, England; Expert consultant in grant proposals submitted to the NIH, USA
2006. The Israel Science Foundation (ISF), research proposal reviewer.
- 2007-2008 European Commission. Expert evaluator for public health research in FP7- HEALTH-2007-B.DG Research, B-1049 Brussels
2008. Flinder University Faculty of Health Sciences, Australia. Reviewer of PhD thesis.
2008. Department of Pediatrics, University of Alberta, Edmonton, AB, Canada. Participation in panel of reviewers for the PAC program.
- 2009-2010. Wingate Institute. Member of professional committee for appointment of senior lecturers.
- 1999–2018. Reviewer for the following journals: American Journal of clinical Nutrition, International Journal of obesity, Journal of Adolescents, Pediatrics, Harrefua, Obesity Research, Developmental Reviews, Appetite **and more**.
2014. European Commission - DG Research, B-1049 Brussels. Expert evaluator for Health Promotion research in FP7-Health.
2016. European Commission. Expert evaluator for Horizon 2020 research proposals, pediatric mental health committee, Brussels
2017. European Association for the Study of Obesity (EASO). Invited lecturer and workshop deliver in conferences held in Malta and Ireland.

**H. Non Academic Activities:**

- 2001-2016 Establisher and professional manager of Shahaf, community-based facility for the management of eating disorders.
- 2008-2016 Developer of school-based prevention program for adolescents for Dove Self Esteem Fund.

2008–2016 Supervision to various community agents of change such as school counselors, youth movements guides on delivering the prevention program “In favor of myself”.

2017-2019 - Ongoing clinical supervision “Mashaabim” – Clinical therapeutic center in Kiriat Shmona.

2013-2021 Ongoing clinical supervision to teams engaging in treating eating disorder: “Female” – an orthodox eating disorder center in Jerusalem

2017-2021 Member of the ISBNP Membership subcommittee

## **I. List of Publications**

### a) Doctoral Dissertation

1997 - Treatment of Childhood Obesity -Parents as The Sole Agents of Change.

Supervisors: Prof Avi Weitzman, Geha Psychiatric Hospital and Felsenstein

Medical Research Center, Rabin Medical Center, Petah Tiqva, Israel

Prof Menachem Finaru, Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

[# 1,2,3,5,6,7,8].

### b) Books

1. Golan M. Caloria. The full guide to calories. Tel Aviv: Caloria publication, 1999.
2. Golan M. The PATCH Program, leaders guide, Maxanna Press, 2008.

### c) Chapter in Collections

\* Publication after last promotion

1. Golan M., Z. Barav and N. Levin. (1988) Nutritional status of elderly people in the community and the influence of their eating habits . IN: Leff S. (ed) Advances in Nutrition, pp 954-959. John Libbey Publishers, London.
2. Golan M. (2000). Eating Disorders in Adolescents In: Nutrition in the life cycle. Tel Aviv: Aorora Publication.
3. Golan M (2000). ATID, The Committee for Eating Disorders: Guidelines for dietitians, Atid and Abbott special publication.
4. Golan M. (2007) Social learning and weight –related problems In: Saracho, O. & Spodec, B., eds. Social learning in early childhood education. Information Age Publishing. Maryland, pages 235–260.

5. Golan M. (2008). Parents as key players in the management of weight-related problems. In: Reifan R. & Rosen G, eds. The intelligence of nutrition. Impress direct media pages 145-152.
6. Golan M., Enthen R and Shahar DR (2009) . The Effect of familial factors on the management of childhood obesity. In: Krause PH and Dailey TM (eds). Handbook of parenting: styles, stresses and strategies, Nova Science Publishers, 241-257.
7. Golan M (2010). Good enough parenting, self-regulation and the management of weight-related Problems. In: Global perspectives on childhood obesity. Debasis Bagchi (ED). Elsevier Publication.
8. Stein D, Latzer Y, Fennig S, Golan M, Gur E, Levin-Zamir D, Zuberi E, Edmunds L, Speisser P & Hochberg Z. (2011) Psychiatric, psychological, & familial parameters in childhood obesity. In: Vinai Dott Piergiuseppe (eds). Pathways to obesity and main road to recovery. New York: Nova publisher. (Pp: 59–82).
9. Golan M, Yeruslavski A & Stein D (2011). Managing eating disorders – Countertransference processes in the therapeutic milieu. In: Child and Adolescent Health Yearbook: Eating disorders.
10. Merrick Y (ED). Nova Science Publication, Section 2, chapter 19, pg 353-270.
11. Golan M (2012). Nutrition counseling among patients with eating disorder. In: New developments in eating Disorders-Part II. Latzer Y and Stein D (Eds), Nova Publication. Latzer Y and Stein D (Eds), Nova Science Publication.
12. Golan M. (2012). Eating disorders treatment: An integrative model by means of narrative counseling, motivational interviewing and traditional approaches. In: Relevant topics in eating disorders. Ignacio Jáuregui Lobera (Ed). Nova Science Publication. ISBN: 978-953-51-0001-0, InTec.
13. Golan M. (2014). Parenting and the management of pediatric obesity. In: Obesity and childhood. Clinical insights E-book series. Casazza K (ED). Future Science Group, London, UK, www.futuremedicine.com. ISBN 978-1-78084-363-6.
14. Golan M & Awidat R, Abutbul S. (2015). Ethnic differences in response to “In Favor of Myself” –a wellness program to enhance positive self & body image among adolescents. In: "Body Image: Social Influences, Ethnic Differences and Impact on Self-Esteem". Nova Science Publication,.
15. **Golan M.** and Bachner R. (2017). Self-regulation and the management of childhood obesity. In: “Pediatric Nutritional Behavioral Factors”. Hassan A. (Ed). Apple Academic Press, Inc. Pg. 223-243.

16. Gimmon, E., Rob, O., Farja, Y., & **Golan, M. (2021)**. The challenge of physical puzzle games: Excitement or achievement? In *Advances and lessons in sport* (pp. \_\_\_).

**d) Articles in refereed journals**

\*Publications since 1998

1. **Golan M.**, Weizman A. and Fainaru M. Parents as the exclusive agents of change in the treatment of childhood obesity. *American Journal of Clinical Nutrition* 1998;1130-35. IF=6.77(Q1) Cited: 622.
2. **Golan M.**, Weizman A. and Fainaru M. Role of behavioral modification in the treatment of childhood obesity with the parents as the sole agent of change. *International Journal of Obesity* 1998;22:1217-1224. IF=5.54.(Q1). Cited:308
3. **Golan M.**, and Weizman A. Reliability and validity of a family eating and activity habits questionnaire. *European Journal of Clinical Nutrition* 1998; 52:1-7. IF=3.37. (Q1).Cited: 131.
4. **Golan M.** Case Study: Treating anorexia nervosa in a foster family. *Journal of the American College of Nutrition* 1998;18:1-3. IF=1.68 (Q2). Cited:0
5. **Golan M.**, Fainaru M. and Weizman A. Food consumption and cardiovascular risk factors in weight-loss program with the parents vs. children as the sole agents of change. *Archive of Diseases in Childhood* 1998;87:1288-94. IF=2.90. (Q1). Cited:28
6. **Golan M.**, Weizman A., Fainaru M. Impact of treatment for childhood obesity on parental risk factors for cardiovascular disease. *Preventive Medicine* 1999; 29:519-526. IF=3.44 (Q1). Cited:63
7. **Golan M.**, Fainaru M. and Weizman A. Familial approach to the treatment of childhood obesity: A conceptual model. *Journal of Nutrition Education* 2001;33(2): 102-107. IF=1.47 (Q2). Cited:358
8. **Golan M.**, and Crow S. Parents are key players in the prevention and treatment of weight related problems. *Nutrition Reviews* 2004;62(1):39-50. IF=5.54. (Q1). Cited:805
9. **Golan M.**, and Crow S. Long term results of treatment for childhood obesity with parents as sole agents of change. *Obesity Research* 2004; 12:357-361. IF=4.72. (Q1). Cited:682
10. Obesity Consensus Working Group. Consensus statement: childhood obesity. *Journal of Clinical Endocrinology and Metabolism* 2005; 90:1871-1887. IF=6.31. (Q1). Cited:4
11. **Golan M.**, and Heiman N. Managing eating disorders in the natural environment community extensive vs. limited programs. *Israeli Journal of Psychiatry Related Sciences* 2005;42:163-71. IF=0.72 (Q3). Cited:6
12. **Golan M.** Parents as the main agent of change in childhood obesity. *European Eating Disorders Review* 2005; 16 (6):1. IF=2.25 (Q1). Cited:301

13. Shaish A., Harari A., Hananshvili L., Ulman E., **Golan M.**, Ben-Amotz A., Gavish D., Harats D. 9-Cis beta-Carotene-rich powder of the Alga *dunaliella bardawil* improves fibrate action. *Atherosclerosis* 2006;189(1):215-221. IF=3.97. (Q1). Cited:77
14. **Golan M.**, Kaufman V. Shahar DR. Childhood obesity treatment: targeting parents exclusively vs. parents and child. *British Journal of Nutrition* 2006; 95: 1008–1015. IF=3.34. Rank 21/114 in Nutrition & Dietetics. Quartile in Category Q1). Cited:403.
15. **Golan M.** Parents as agents of change in the management of childhood obesity – from research to practice- Invited manuscript. *International Journal of Pediatric Obesity* 2006;1(2):66-76. IF=3.71. (Q1). Cited:442
16. **Golan M.** Creating wide coalition against eating disorders – Community-based intervention. Invited manuscript. *Medical* 2006;6:96-99.
17. **Golan M.**, Heiman N., Harduf D. Hospitalization of adolescents suffering from anorexia nervosa. *Israel Medical Association Journal* 2007; 146 (7): 554-9. IF=1.018. (Q3).Cited:0.
18. Bachner-Melman R., Lerer E., Zohar AH., Kremer I., Elizur Y., Nemanov L., **Golan M.**, Blank S., Gritsenko I., and Ebstein RP. Anorexia nervosa, perfectionism and dopamine D4 receptor (DRD4). *American Journal of Medical Genetics* 2007;144B(6):748-756. IF=2.17. (Q2). Cited:63
19. Enten SR. and **Golan M.** Parenting style and weight related problems. *Nutrition Reviews* 2008;66(2):65-75. IF=6.78. (Q1). Cited:36
20. Latzer Y., Edmunds L, Fennig S , **Golan M** , Gur E, Hochberg Z, Levin-Zamir D Zubery E, Speisser P, Stein D. Managing childhood overweight: behavior, family, pharmacology, and bariatric surgery interventions. *Obesity* 2009;17(3):411-423. IF=3.16. (Q1). Cited:48.
21. **Golan M**, Heiman N and Enten R. Treating bulimia nervosa in a stratified care approach. *ICAN: Infant, Child & Adolescent Nutrition* 2009; 1: 45-53.
22. Bachner-Melman R, Zohar AH, Kremer I, Komer M, Blank S, **Golan M**, and Ebstein R.P. Self-monitoring in anorexia nervosa. *International Journal of Social Psychiatry* 2009, 55 (2): 170-179. IF=1.61. (Rank Q2). Cited:16
23. Bachner-Melman R, Zohar AH, Elizur Y, Kremer I, Komer M, **Golan M**, and Ebstein R.P. Protective self-presentation style: Association with disordered eating and anorexia nervosa mediated by sociocultural attitudes towards appearance. *Eating and Weight Disorders* 2009, 14: 1-12. IF=1.38 (Q2). Cited:17
24. Gavan YM, **Golan M**, Valevski A, Kreitler S, Bachar E, Lieblich A, Mitrani E, Weizman A, Stein D. Multivariate quantitative models for the assessment of factors influencing the development and outcome of anorexia nervosa. *International Journal of Eating Disorders* 2009;42 (4):306-17. IF=3.5 (Q1). Cited: 57.

25. Enten SR, and **Golan M.** Parenting styles and the eating disorder pathology. *Appetite* 2009, 52 (3): 784-7. IF=3.5 (Q1). Cited: 86
26. **Golan M,** Yeruslavski A & Stein D. Managing eating disorders – Countertransference processes in the therapeutic milieu. *International Journal of Child and Adolescent Health* 2009; 2:213-228.
27. **Golan M.** Invited commentary: The eating disorders milieu. *World Psychiatry*, 2009;8:3. IF=34 (Q1). Cited: 1
28. **Golan M.** The PATCH program – managing childhood obesity with the parents as the sole agents of change. *Obesity Reviews* 2010;11:56. IF=7.85. (Q1). Cited:0.
29. **Golan M.** and Bachner R. Theories of self-control and the management of childhood obesity. *Journal of Community Medicine & Health Education* 2012;1(2):107. IF:1.15. (Q2) Cited:21.
30. **Golan M.** Parents as the main agents of change in the management of childhood obesity -barriers and facilitators. *Obesity Facts* 2012;5(supplement 1):14. IF=2.65. (Q2). Cited:10.
31. Koren L., Gonen E., Shaked Y, **Golan M.** Health awareness, self and body image, physical exercise and nutrition, among undergraduate students in Israel. *PloS One* 2013; 8: e58543. IF=2.77 (Q1). Cited:78
32. **Golan M.** The journey from denial to recovery from eating disorders: multidisciplinary model integrating narrative counseling and motivational interviewing based in traditional approaches. *Journal of Eating Disorders* 2013; 1:19. IF=1.21 (Q1). Cited: 22.
33. **Golan M,** Hagay N, Tamir S. The effect of “in favor of myself”: preventive program to enhance positive self and body image among adolescents. *PloS One* 2013;8(11): e78223. IF=2.77 (Q1). Cited:22
34. **Golan M.** Fifteen years of the family eating and activity habits questionnaire. Review and updates. *Pediatric Obesity* 2014; 9(2): 92-101. IF=3.71. (Q1).Cited:14.
35. **Golan M.** Parenting and the parallel processes in parents' counselling supervision. *Clinical Child Psychology and Psychiatry* 2014;19(2):273-285. IF=1.36 (Q2) Cited:2
36. **Golan M,** Hagay N, Tamir S. Gender differences in response to “In favor of myself” *PloS One* 2014;9(3): e91778. IF=2.77 (Q1). Cited:42.
37. **Golan M.** Engaging eating disordered patients to treatment via collaborative understanding of their emotional issues across lifespan. *Journal of Psychological Abnormalities in Children* **2014;3**: 123. doi:10.4172/2329-9525.1000123. IF=3.4 (Q1). Cited:
38. Awidat R., Tamir S. & **Golan M.** Self-esteem among Druze women – Review. *Journal of Psychology and Clinical Psychiatry* 2015;2(6): 00094.
39. Agam R., Tamir S. & **Golan M.** Gender Differences in Response to Adolescents Prevention Programs. *Journal of Psychology and Clinical Psychiatry* 2015;2(5): 00092

40. Langer M., Bord A., **Golan M.** Differences in impulsivity between females diagnosed with eating disorders and healthy subjects. *Journal of Psychology and Clinical Psychiatry* 2015;4.
41. Marko A. & **Golan M.** Self-regulation and eating disorders. *Journal of Psychology and Clinical Psychiatry* 2016;6(1): 314.
42. **Golan M** & Awidat R. The Arab modification of “In favor of myself”-development and assessment. *EC Psychology and Psychiatry*, 2016: 180-192. Cited:3
43. **Golan M.** Four generations of intervention types to mitigate pediatric obesity: Where do we go from here? *EC Psychology and Psychiatry*, 2017: 35-44.
44. Gassanov E, Abu Ahmad W. and **Golan M.** Assessment of “young in favor of myself”: A school-based wellness program for preadolescents”. *EC Psychology and Psychiatry*, 2018; 7.1:13-22.
45. Mouallem M. & **Golan M.** Prevalence of disordered eating behaviors and body dissatisfaction among Israeli adolescent female aesthetic athletes. *EC Psychology and Psychiatry*, 2018; 7.2: 37-46. IF= Cited: 1
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