#### Name: Yossi Levi-Belz

Date: Sep 2020

## CURRICULUM VITAE

### 1. Personal Details

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### 2. <u>Higher Education</u>

#### A. Undergraduate and Graduate Studies

Period of Study	Name of Institute and Department	Degree	Year of Approval of Degree
1998-2000	Haifa University, Psychology and Honors Program	B.A	2000
2001-2003	Bar-Ilan University, Clinical Psychology	M.A.	2004
2002-2006	Bar-Ilan University, Clinical Psychology	PhD.	2006

## 3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institute and Department	Rank/Position
2001-2007	Open University, Department of Psychology	Lecturer
2009-2014	Ruppin Academic Center, Department of Behavioral Sciences	Lecturer
2015-2019	Ruppin Academic Center, Department of Behavioral Sciences	Senior Lecturer
2019-present	Ruppin Academic Center, Department of Behavioral Sciences	Associate Professor

# 4. Offices in Academic Administration

Dates	Name of Institution and	Rank/Position	
	Department		
2009- 2020	Ruppin Academic Center, Clinical	Head of Psychodiagnosis	
2009-2020	Psychology Master's Program	Division	
	Ruppin Academic Center,	Chair, Honors Program,	
2011-Present	Department of Behavioral Sciences,	Department Of Behavioral	
	Department of Benavioral Sciences,	Sciences	
2015-2019	Ruppin Academic Center,	Chair	
2013-2019	Department of Behavioral Sciences,	Chan	
	The Lior Tsfaty Center for Suicide		
2016-Present	and Mental Pain Studies, Ruppin	Chair	
2010-Fiesellt	Academic Center		

# 5. Scholarly Positions and Activities Outside the Institution

2013	Co-Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand</i> in order to prevent – 2013. <u>www.isrs.org.il.תקצירי-הרצאות/html</u>
2014	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand</i> <i>in order to prevent - 2014</i> . <u>www.isrs.org.il.תקצירי-מושבי-הכנס/html</u>
2015	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand</i> <i>in order to prevent - 2015</i> . <u>www.isrs.org.il</u> /html/ תקצירי-מושבי-הכנס/html
2016	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand in order to prevent - 2016</i> . <u>http://www.isrs.org.il/</u>
2017	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand</i> <i>in order to prevent- 2017</i> . <u>http://www.isrs.org.il/</u>
2018	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand</i> <i>in order to prevent- 2018</i> . <u>http://www.isrs.org.il/</u>
2018	Co- Chair of suicide prevention convention "to meet suicidality in the clinic".
2020	Co-Chair, suicide prevention convention "saving life in time of COVID-19".
2020	Co-Chair, Mental Health and Palestinian Citizens in Israel
2020	Co-Chair, Psychology of the Climate crisis in Israel
(b) Roles	in national committees and associations:

(b) Roles in national committees and associations:

2010-Present	Board Member, "Bishvil Hahayim"- The Israeli Association for Suicide Prevention
2013-present	Head, Research Division - "Bishvil Hahayim Association"
2015-present	Member, sub-committee of the National Council of Suicide Prevention in Israel
2018-2020	Member – steering committee for suicide prevention among LGBT
2018-present	Member – steering committee for mental health research in the IDF
2018-present	Head, sub-committee of the National Council of Suicide Prevention in Israel – suicide prevention in Israeli railways
2020-present	Member, the National Council of Suicide Prevention in Israel

#### (c) Membership in professional/scientific societies:

2013 - Present - International Academy of Suicide Research – IASR

2018 - Present - International Academy of Suicide prevention - IASP

2018 - Present - International Society for Traumatic Stress Studies - ISTSS

#### (d) Ad-hoc editor in journals:

2017-present Frontiers in Psychiatry

#### (e) Ad-Hoc reviewer for journals:

2008-present	Archives of Suicide Research
2009-present	Crisis - The Journal of Crisis Intervention and Suicide Prevention
2010-present	Journal of Affective Disorders
2011-present	Frontiers in psychology
2011-present	Frontiers in psychiatry
2012-2014	European Psychiatry
2012-present	Suicide and Life-Threatening Behavior
2014-present	Psychological Trauma: Theory, Research, Practice, and Policy
2016-present	International Journal of Environmental Research and Public
	Health
2016-2017	Psychiatry Research
2017	PLOS ONE
2017	Journal of Clinical Psychiatry
2017-present	Journal of Psychiatric Research
2017	Behavior Therapy
2018	Anxiety, Stress and Coping

2018	Peer J
2018	Clinical Psychology Review
2019	European Child & Adolescent Psychiatry
2019-present	Death Studies
2020	Journal of psychiatric research
2020	Journal of Geriatric Psychiatry and Neurology

# (f) Ad-hoc reviewer for grant proposals :

2016	Israeli National Cancer Association
2017	The Israel National Institute for Health Policy Research

# 6. Participation in Scholarly Conferences

# a. Active Participation

## International conferences

Date	Name of Conference	Location of Conferenc e	Subject of Lecture/Discussion	Role
2006	Psychiatric Danubina	Stockholm, Sweden	Communications difficulties in high lethal vs. low lethal suicide attempters	Co- Presenter
2006	The Pittsburgh Convention for Suicide Prevention	Pittsburgh, USA	The impossible situation: Communication and mental pain in medically serious suicidal behavior	Co- Presenter
2008	Understanding Youth Suicide: A Meeting of Differing Perspectives	Ma'ale Ha'Hamish a, Israel	Mental pain and its communication in medically serious suicide attempts	Co- Presenter
2011	19 <sup>th</sup> European Congress of Psychiatry	Vienna, Austria	Intent, lethality, and psychological characteristics of medically serious suicide attempters	Presenter
2011	19 <sup>th</sup> European Congress of Psychiatry	Vienna, Austria	Support groups for suicide survivors: Self-regulation and social support as mediating the effect of recovery	Presenter
2011	14th International Congress of ESCAP - European	Helsinki, Finland	A comprehensive model of suicidality and problem behavior theory in adolescence	Co- Presenter

Society for Child			
	Trieste,	The role of adult attachment	Presenter
•	Italy	-	
14 <sup>th</sup> European	Tel-Aviv,		Presenter
	Israel	2	
Suicide & Suicidal		-	
Behavior		behavior	
14 <sup>th</sup> European	Tel-Aviv,	Suicide intent of medically	Presenter
Symposium of	Israel	serious suicide attempts and its	
Suicide & Suicidal		relationship with clinical and	
Behavior		interpersonal characteristics	
14 <sup>th</sup> European	Tel-Aviv,	Stress-related growth among	Presenter
Symposium of	Israel	suicide survivors: The	
Suicide & Suicidal		moderating effect of the	
Behavior		bereavement process, self-	
		disclosure and coping strategies	
	-	The meaning of interpersonal	Co-
	Israel	-	Presenter
		-	
	-		Presenter
	Callaua		
	Tallian		
		-	Presenter
	Lotonia	5, 5	
		-	
	Tallinn		Dresenter
•			Presenter
		5 5	
	Tel-Aviv		Presenter
	Israel		riesentei
		,	
-			
IASR/AFSP	NY, USA	Is the War really over? A 17-Year	Presenter
IASR/AFSP International	NY, USA	Is the War really over? A 17-Year Lonaitudinal Study on Suicidal	Presenter
IASR/AFSP International Summit on	NY, USA	Is the War really over? A 17-Year Longitudinal Study on Suicidal Ideation among Former	Presenter
	Behavior 14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior 14 <sup>th</sup> European Symposium of Suicide & Suicidal	and Adolescent PsychiatryTrieste, Italy16th European Conference on PersonalityTrieste, Italy14th European Symposium of Suicide & Suicidal BehaviorTel-Aviv, Israel14th European Symposium of Suicide & Suicidal BehaviorTel-Aviv, Israel15th European Symposium of Suicide Research Symposium of Suicide & Suicidal BehaviorMontreal, Canada15th European 	and Adolescent PsychiatryTrieste, ItalyThe role of adult attachment style and mental pain in medical lethality and intent among nearly fatal suicide attempters.14th European Symposium of Suicide & Suicidal BehaviorTel-Aviv, IsraelThe contribution of interpersonal activities to medically serious suicidal behavior14th European Suicide & Suicidal BehaviorTel-Aviv, IsraelSuicide intent of medically serious suicide attempts and its relationship with clinical and interpersonal characteristics14th European Suicide & Suicidal BehaviorTel-Aviv, IsraelSuicide intent of medically serious suicide attempts and its relationship with clinical and interpersonal characteristics14th European Symposium of Suicide & Suicidal BehaviorTel-Aviv, IsraelStress-related growth among suicide survivors: The moderating effect of the bereavement process, self- disclosure and coping strategies14th European Symposium of Suicide & Suicidal BehaviorTel-Aviv, IsraelThe case of unreported suicide attempts14th European Symposium of Suicide & Suicidal BehaviorTel-Aviv, IsraelStress-related growth among suicide survivors: The mediate role of interpersonal and cognitive factors15th European Symposium of Suicide & Suicidal BehaviorTallinn, EstoniaI want to tell you something: The role of interpersonal factors in stress-related growth among suicide survivors15th European Suicide & Suicidal BehaviorTallinn, EstoniaI want to tell you something: The role of interpersonal factors in stress-related growth among suicide

	IASR/AFSP	NY, USA	No Way Out: Entrapment as a	Presenter
2015	International		Moderator of Suicide Ideation	
2015	Summit on		among Soldiers	
	Suicide Research			
	45th EACBT -	Jerusalem,	Disclose yourself – Change	Co-
	European	Israel	yourself? The contribution of	Presenter
2015	Association for		self-disclosure to the course of	
	Behavioral and		change in cognitive-behavioral	
	Cognitive		group therapy for social phobia	
	Therapies	Ouriede		
	16 <sup>th</sup> European	Oviedo, Spain	Is there anybody out there? The	Presenter
2016	Symposium of Suicide & Suicidal	opun	contribution of self-disclosure to	
	Behavior		posttraumatic growth among suicide survivors	
	IAC -	London,	Attachment styles and	Co-
	International	England	posttraumatic growth among	Presenter
2017	Attachment		suicide-loss survivors: The	
	Conference		mediating role of interpersonal	
			characteristics	
	American	New York,	The severity of patients'	Co-
	Psychiatric	NY, USA	suicidality as a factor of	Presenter
2018	Association		therapists' willingness to treat	
	annual meeting		them	
	European	Budapest,		Co-
	Conference	Hungary	Does dispositional gratitude	Presenter
2018	on Positive		create resilience against non-	resenter
	Psychology		suicidal self-injury (NSSI)?	
	17 <sup>th</sup> European	Gent,	Moral Injury, Suicide Ideation	
2019	Symposium of	Belgium	and Behavior among Combat	Dresenter
2018	Suicide & Suicidal		Veterans: The Effects of	Presenter
	Behavior		Entrapment and Depression	
	The TAU-EADP	Tel Aviv,	Attachment Style in Medically	
2018	2018 conference	Israel	Serious Suicide Attempts: The	Presenter
	on prevention		Mediating Role of interpersonal	
	2.44	Filet I.	characteristics	
	3rd International	Eilat, Israel	Is there anybody out there?	
2010	Conference on		Posttraumatic growth among	Dresenter
2019	Loss, Bereavement &		suicide-loss survivors: The	Presenter
	Human Resilience		mediating role of interpersonal characteristics	
		Boston,	Moral injury and suicide: the	
2019	ISTSS 2019	USA	protective role of social support	Presenter
	World Congress		"To turn a personal tragedy into	
2010	of the	Derry/Lo	a triumph": A systematic review	Co-
2019	-	ndonderr	of posttraumatic growth among	Presenter
	International	y, UK	or poster during the growth among	riesenter

Suicide		
Prevention (IASP)		

# National conferences

2012	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tel-Aviv, Israel	Medically serious suicide attempts	Presenter
2012	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	n of Israel		Presenter
2012	The First Israeli National Conference for the Study of Military Mental Health	Jerusalem, Israel	The contribution of dissociation and habituation processes to suicide ideation among soldiers.	Presenter
2012	14 <sup>th</sup> Congress of the Israel Psychiatric Association	Tel-Aviv, Israel	Intent in medically serious suicide attempters	Presenter
2012	14 <sup>th</sup> congress of the Israel Psychiatric Association	Tel-Aviv, Israel	Communication and Mental Pain in Medically Serious Suicidal Behavior	Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	Intent and lethality of medically serious suicide attempters	Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	Trajectories of suicidal ideation and posttraumatic stress symptoms among former prisoners of war	Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	Suicide coverage in Israel newspapers – Are the reporting is following the Media Guidelines?	Co- Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	Interpersonal difficulties as risk factors for suicide ideation among Ethiopian immigrates to Israel.	Co- Presenter
2014	The 2 <sup>nd</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	Comments that changed reality: Suicide coverage in Israel online media and the	Presenter

			effect of 'talkbacks' on	
			attitudes about suicide?	
2014	The 2 <sup>nd</sup> ISRS – The Israel Suicide	Ruppin Academic	Personal Growth and social activities among suicide	Co- Presenter
	Research Symposium	Center, Israel	survivors	
2015	The 3 <sup>rd</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	Suicidal Ideation among former prisoners of war's wives: A longitudinal dyadic stud	Presenter
2015	The 3 <sup>rd</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	When you do not understand how you feel: The contribution of alexithymia to suicidal behavior in IDF soldiers	Co- Presenter
2016	The 4 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	Understanding non-suicidal self-injury in non-clinical populations in light of the "cry of pain" model	Co- Presenter
2017	The 5 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	Posttraumatic growth among suicide survivors- realty or illusions?	Presenter
2017	The 5 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	It's a matter of life and death": The perception of responsibility and capability to treat suicidal patients among therapists	Co- Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	Lessons learned from 15 years of studying medially serious suicide attempts	Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	Psycho-socio-cultural model for suicidal behavior and ideation among LGBT adolescents in Israel.	Co- Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	The effect of relative vs. absolute quantitative messages regarding suicide on the perceived severity of the phenomenon	Co- Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	The role of decision making in MSSA	Co- Presenter

2018	The 6 <sup>th</sup> ISRS –	Ruppin	Suicide coverage in Israel	Co-
	The Israel Suicide	Academic	online media	Presenter
	Research	Center, Israel		
	Symposium			
2019	ESPAnet Israel	Ruppin	Out of the fence-	
		Academic	stigmatization and its	Presenter
		Center, Israel	consequences among	Fresenter
			suicide survivors in Israel	
2019	Shoresh	Tel Aviv,	Suicidal Ideation and	
	convention	Israel	Behavior Following Moral	
			Injury Among Israeli	Presenter
			Combat Veterans: Toward	Presenter
			an Empirically-Based	
			Integrative Model	
2020	To save lives in	Zoom	Suicide prevention in time of	Presenter
	COVID-19 times	meeting	COVID-19	Fresenter

# b. Organization of Conferences or Sessions

Date	Name of Conference	Location of Conference	Subject of Lecture/ Role at Conference/ Comments	Role
2014	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tel-Aviv, Israel	Medically serious suicide behavior	Session Organization
2015	15 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tallinn, Estonia	Medically serious suicide behavior strategy of suicide research: Methodological issues, risk factors and implications	Session Organization

# 7. Invited Lectures\Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
2010	Ramat	Colloquium- PhD student in	The psychological facilitators of
	Gan, Israel	Bar-Illan university	medically serious suicide
			attempts
2015	Tel-Aviv,	The national council for suicide	The media role in suicide
	Israel	prevention	prevention
2016	Carmiel,	The northern board of "Enosh"	suicide prevention in Israel
	Israel	– The Israeli Mental Health	
		Association	

2017	Hod	Invited Lecture -"Shalvata"	Methods of suicide intervention
	Hasharon,	mental health medical center	and prevention in Israel
	Israel	staff	
2018	Tel Aviv,	Invited Lecture -"Ramat hen"	Methods of suicide intervention
	Israel	mental health center staff	and prevention in Israel
2019	Hod	Invited Lecture -"Shalvata"	suicide intervention and
	Hasharon,	mental health medical center	prevention in Israel
	Israel	staff	
2019	Zoom	Invited Lecture – IDF Medical	Suicide prevention in the IDF
	meeting	Corps	
2020	Zoom	Invited Lecture – Hill	Suicide assessment and suicide
	meeting	Organization	prevention
2020	Zoom	Invited Lecture – Court	Suicide assessment and suicide
	meeting	Administration	prevention
2020	Zoom	Invited Lecture – "Manof"	Suicide assessment and suicide
	meeting	organization	prevention

# 8. <u>Research Grants</u>

# a. Grants awarded

Role in Resear ch	Co-PI	Торіс	Funded by/Amount	Year
Co-PI	Alan Apter	Communication in medically serious suicide attempts	American Foundation for Suicide Prevention (AFSP) USD 20,000	2004-2006
PI		Posttraumatic growth among suicide survivors	American Foundation for Suicide Prevention (AFSP) USD 30,000	2015-2017
PI		The contribution of personality and military environment factors to moral injury among combatants and its consequences on psychopathology and suicidality: A longitudinal study.	Israel Defense Forces (IDF) NIS 125,000	2019-2021
PI	Suicidal ideation and behavior following moral injury among combat veterans: Toward an empirically- based integrative model		American Foundation for Suicide Prevention (AFSP) USD 100,000	2020-2022

# b. Submission of research proposals - pending

Role in Research	Co-PI	Торіс	Funded by/Amount	Year
ΡI	Dr. Daniela Aisenberg	Blowing in the wind? Cellular application providing Short term intervention for vulnerable older adults in Israel following the COVID-19	British Embassy grant for COVID-19	pending

# c. Submission of research proposals – not funded

Role in Research	Co- Researchers	Торіс	Applied to	Year
PI	Alan Apter	Destructive feelings and medically serious suicide attempts	ISF – Israeli Sciences Foundation	2009
PI	Alan Apter	Aggression and mental pain in medically serious suicide attempts	NARSAD	2009
PI	Alan Apter	The combined contribution of Mental Pain, Communication Difficulties and Destructive Feelings to Medically Serious Suicidal Behavior	American Foundation for Suicide Prevention (AFSP)	2011
PI	Hamutal Kreiner	Mental pain and its communications in medically serious suicidal behavior among soldiers: Examination of linguistic and self-report measures	Israel Defense Forces (IDF) 130, 000 NIS	2014
PI	Daniela Aisenberg	The difficulties in identification of suicidal ideation and behavior among the elderly as a function of aging aspects and cultural origin	The Israeli national institute for health policy research NIS 180,000	2018
PI	Julie Cerel, USA	Cultural aspects of posttraumatic growth among suicide-bereaved individuals	American Foundation for Suicide Prevention (AFSP) USD 300,000	2019

# 9. Scholarships, Awards, and Prizes

2006	Chairman of Doctoral Fellowship for Excellence- Bar Ilan University. 250,000 NIS Scholarship.
2009	Ruppin Academic Center Excellence in Teaching and Research Award
2010	Ruppin Academic Center Excellence in Teaching and Research Award
2011	Ruppin Academic Center Excellence in Teaching and Research Award
2012	Ruppin Academic Center Excellence in Teaching and Research Award
2013	Ruppin Academic Center Excellence in Teaching and Research Award
2014	Ruppin Academic Center Excellence in Teaching and Research Award
2015	Ruppin Academic Center Excellence in Teaching and Research Award
2016	Ruppin Academic Center Excellence in Teaching and Research Award
2017	Ruppin Academic Center Excellence in Teaching and Research Award
2018	Ruppin Academic Center Excellence in Teaching and Research Award
2019	Ruppin Academic Center Excellence in Teaching and Research Award

# 10. <u>Teaching</u>

# a. Courses taught in recent years

Year	Name of Course	Type of Course	Degree	Number of Students
2000-2008	Research methods	Lecture	B.A.	60
2009-Present	Psychopathology (A+B)	Lecture	B.A.	60
2009-Present	Theories in personality (A+B)	Lecture	B.A.	60
2010-Present	Suicidality, crisis, and growth	Seminar	B.A.	20

2012-present	Interdisciplinary seminar – Honors Program	Seminar	B.A.	20
2012-present	Critical thinking in the virtual world - Honors Program	Workshop	B.A.	20
2011-2013	Advanced statistics	Lecture	M.A	25
2011-Present	Psychodiagnosis – Projective tests	Lecture	M.A	50
2011-Present	Psychodiagnosis – MMPI test	Lecture	M.A	50
2011-Present	Psychodiagnosis – Cognitive tests	Lecture	M.A	50

# b. Supervision of graduate students

Name of Student	Title of Thesis	Degree	Date of Completi on/in Progress	Co- supervisor
Mrs. Timor Gavish	The meaning of interpersonal processes in suicidal behavior among Israeli adolescence (SEYLE project): The case of unreported suicide attempts.	M.A.	2011	Prof. Alan Apter
Mrs. Dana Shragenhai m-Matya	F2f against cyber: The pros and cons of self- disclosure.	M.A.	2011	
Mr. Assaf Ravitz	Am I being understood? Conceptualization and operationalization of feeling understood and its connection to personal characteristics	M.A.	2011	
Mrs. Rachel Carmel	ERAN volunteers' self-efficacy in responding to different calls: The contribution of variables of personality and seniority	M.A.	2011	
Mrs. Adi Olshansky	Interpersonal difficulties as risk factors for suicide ideation among Ethiopian immigrates to Israel.	M.A.	2011	
Mr. Yuval Haber	Trauma as an interpersonal process: Coping with the bidirectional relations between self- disclosure and marital adjustment to posttraumatic stress and growth among ex- POWs	M.A.	2012	Prof. Zahava Solomon
Mr. Oren Gil-Or	The psychological factors expediting the appearance of a false "Facebook self" as a risk factor for Facebook addiction	M.A.	2012	Prof. Ofir Turel
Mrs. Sivan Shain	Knowing when to disclose yourself : The relationships between emotional intelligence and self-disclosure in social interaction	M.A.	2012	Dr. Hamutal Kreiner
Mrs. Libi Vidra	Expressions of distress by suicidal youth over the internet: Examining communication patterns between teenage help seekers and volunteers online, and effective ways of	M.A.	2012	

	reducing suicidal distress over these interactions			
Mrs. Simona Grisaru	When pain becomes unbearable: A phenomenological study of mental pain among nearly lethal suicide attempters	M.A.	2012	
Mrs. Ifat Sela	The psychological and interpersonal factors contributing to growth among first-time parents	M.A.	2012	
Mrs. Ora Gabay	"Am I Home"?The relationships between characteristics of immigrants from the former Soviet Union in Israel and levels of depression and suicidality: Testing the contribution of intra-personal, interpersonal and socio-cultural aspects	M.A.	2013	Prof. Alan Apter
Mr. Ronen Lovett	Linguistic parameters among Social anxiety patients	M.A.	2015	Dr. Hamutal Kreiner
Mrs. Danit Babay	The role of attachment styles in self-disclosure in real interaction	M.A.	2015	Dr. Hamutal Kreiner
Mrs. Enav Ben Oliel	Personal growth and social activities among suicide survivors	M.A.	2016	
Mrs. Noa Kipnis	Growing in times of grief: Bereavement as an interpersonal process through the prism of attachment theory	M.A.	2016	
Mrs. Chen Navon	When you do not understand how you feel": The contribution of alexithymia to suicidal behavior in IDF soldiers	M.A.	2016	
Mrs. Yael Kraweker	To seek or not to seek help? Attitudes toward seeking professional help as a function of distress, attachment and self-disclosure	M.A.	2016	
Mrs. Arava Ben Haim	The experience of entrapment: Understanding non-suicidal self injury in non-clinical populations in light of the "cry of pain" model	M.A.	2015	
Mr. Doron Chuna	Loneliness and suicidality among ex-prisoners of war – a longitudinal study	M.A.	2016	Prof. Zahava Solomon
Mr. Or David	"It's a matter of life and death": The perception of responsibility and capability to treat suicidal patients among therapists	M.A.	2017	
Mr. Or Harel	Does emotional reactivity to initial mindfulness meditation impact outcomes of mindfulness training?	M.A.	2017	
Mr. Gal Rozen	Linguistics parameters in 'talkbacks' on internet news article reporting celebrity suicide	M.A.	2017	
Ms. Nofar Ellis	The contribution of self-disclosure to course of change in cognitive-behavioral group therapy for social phobia	M.A.	2017	

Mrs. Shahar Afek	Between risk and resilience: Psycho-socio- cultural model of suicide ideation and behavior among Jewish and Arab adolescents in Israel	M.A.	2017	
Ms. Sarit Avisar	Self-stigma among suicide survivors	M.A.	2017	
Mr. Elad Morad	Ageism and attitudes toward suicide in different age groups	M.A.	2017	
Ms. Noy Nishry	Bereavement and PTG among widows in Israel	M.A.	2018	
Mr. Oded Bryt	Decision making and MSSA	M.A.	2018	
Mr. Lior Noiman	Age and decision making as contributors to MSSA	M.A.	2018	
Ms. Shiran Yonis	The psychological mechanism of NSSI	M.A.	2018	
Ms. Danni Peleg	Psycho-socio-cultural model for suicidal behavior and ideation among LGBT adolescents in Israel.	M.A.	2018	
Ms. Carmit Solomon	Intergenerational Transmission of Suicide ideation among Prisoners of War, their Wives, and Children: The Role of attachment style and personality factors	M.A.	2019	Prof. Gadi Zerach
Roee Ben- Shimol	Stigma of suicide survivors –Ecological view	M.A.	2019	
Mr. Eyal Gerber	Suicidality among Ethiopian military personnel in the IDF	M.A.	2019	Dr. Lea Shelef
Mrs. Carmit Sela	Growth and meaning among suicide survivors	Ph.D.	2019	Prof. David Roe
Mr. Sharon Shemesh	Moral injury and its consequences on suicide among IDF soldiers	M.A.	2019	
Mrs. Tal Gilo	Hope and shame as facilitators of PTG among suicide survivors- comparative study	M.A.	2019	
Mrs. Mor Vinter	Guilt as facilitator of PTG and complicated grief among suicide survivors- comparative study	M.A.	2019	
Mrs. Amit Aizek	The contribution of A-integration to PTG and complicated grief among suicide survivors- comparative study	M.A.	2020	
Mrs. Dana Kinory	Suicide ideation among the elderly population in Israel – the contribution of the interpersonal theory of suicide constructs.	M.A.	2020	Dr. Daniela Aisenberg
Mrs. Lena Baharav	Ageism as facilitator of suicide ideation among Israeli elderly: the mediation of depression and mental pain	M.A.	2020	Dr. Daniela Aisenberg

Noa Rotem	Longitudinal study on PTG among suicide survivors	M.A	2020	
Gal Schwartz	Moral injury and suicidality- the role of hade and dichotomy thinking	M.A	2020	Prof. Eran Halperin
Neta Ditcher	Moral injury and suicidality – the protective role of social support	M.A	2020	
Noa Rotem	PTG among suicide survivors- Three waves longitudinal study	M.A		
Racheli SM	Suicide in the media – three waves of analysis the coverage of suicide stories in newspaper in Israel	M.A		
Naama Rotfeld	Suicide exposure and its consequences	M.A		
Shahar Ben Yosef	Moral injury and attachment style	M.A		

# 12. Professional Experience

# (a) **<u>Clinical training and accreditation</u>**

2005	Listed in the Israel Registry of Psychologists, Health Ministry, #8286
2006-2012	Clinical Psychologist, Tel-Aviv Community Mental Health Center
September,	Board certification as an expert clinical psychologist. The Health
2011	Ministry Council of Clinical Psychology #30624
2006-2016	Clinical psychologist, The Prime Minister's office of Israel
2010-present	Private practice as clinical psychologist
2015-present	Psychotherapy supervisor of short-term psychotherapy for suicide prevention among adolescents

# (b) Workshops and Teaching

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2006-present	Workshops for beginners and practitioners on MMPI2-RC (More than 60 workshops nationally)

2006-present	Professional workshops and lectures to high school and college students, teachers and mental health professionals regarding suicide prevention (More than 250 lectures nationally)
2013-present	Professional workshops at the Israeli National Suicide Prevention Program ( More than 70 workshops nationally )
2015-present	Professional workshops on suicidal assessment processes for educational psychologists (More than 60 workshops nationally )

# **PUBLICATIONS**

## A. Ph.D. Dissertation

"The impossible situation": Communication and mental pain in medically serious suicidal behavior. Approved 2006, 232 pages, in Hebrew, Bar-Ilan University, Supervisors: Prof. Alan Apter and Dr. Netta Horesh.

## B. <u>Scientific Books (Refereed)</u>

#### (a) Authored Books – Published

Zakin, G., **Levi-Belz, Y.,** & Grinberg, A. (2011). *Handbook of psychodiagnisis*. Ruppin Academic Center, Emek Hefer (Hebrew). 200 pp.

## (b) Edited Books – Published

**Levi-Belz, Y.** (Ed.) (2016). *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescents* (Hebrew; 367 pp.). Tel-Aviv, Israel: Dyunon.

#### (c) Edited Books – Published

**Levi-Belz, Y.,** Gvion, Y., Apter, A., eds. (2019). The Psychology of Suicide: From Research Understandings to Intervention and Treatment. Lausanne: Frontiers Media. doi: 10.3389/978-2-88945-915-5

## D. Articles in Refereed Journals

## **Published**

 Levi, Y., Horesh, N., Ficshel, Z., Or, E., Apter, A. (2008). Mental pain and its communication in medically serious suicide attempts: An impossible situation. *Journal of Affective Disorders*, *111*(2), 244-250. <u>doi.org/10.1016/j.jad.2008.02.022</u> [Q1; IF=3.89].

- Horesh, N., Levi, Y., & Apter, A. (2012). Intent, lethality and interpersonal characteristics of medically serious suicide attempters. *Journal of Affective Disorders, 136*(3), 286-293. doi:10.1016/S0924-9338(11)73329-6 [Q1; IF=3.89].
- Levi-Belz, Y. Gvion, Y., Horesh, N., & Apter, A. (2013). Attachment patterns in medical serious suicide attempts: The mediating role of self-disclosure and loneliness. *Suicide and Life-Threatening Behavior, 43*(5), 511-522. doi:10.1111/sltb.12035 [Q1; IF=3.89].
- Levi-Belz, Y., Gvion, Y., Horesh, N., Fischel, T., Treves, I., Or, E., ... & Apter, A. (2014). Mental pain, communication difficulties and medically serious suicide attempts: A case - control study. *Archives of Suicide Research*, *18*(1), 74-87. doi:10.1080/13811118.2013.809041 [Q1; IF=2.27].
- Gvion, Y., Horresh, N., Levi-Belz, Y., Fischel, T., Treves, I., Weiser, M., ... & Apter, A. (2014). Aggression-Impulsivity, mental pain, and communication difficulties in medically serious and medically non-serious suicide attempters. *Comprehensive Psychiatry*, 55(1), 40-50. doi:10.1016/j.comppsych.2013.09.003 [Q1; IF=2.19].
- Zerach, G., Levi-Belz, Y., & Solomon, Z. (2014). Trajectories of suicidal ideation and posttraumatic stress symptoms among former prisoners of war: A 17-year longitudinal study. *Journal of Psychiatric Research*, 49, 83-89. (First authorship shared). doi:10.1016/j.jpsychires.2013.11.003 [Q1; IF=4.18].
- Gvion, Y., Levi-Belz, Y., & Apter, A. (2014). Suicide in Israel- An update. *Crisis*  – *The Journal of Crisis Intervention and Suicide Prevention*, 35(3), 141-144. doi:10.1027/0227-5910/a000239 [Q2, IF=2.35].
- Shelef, L., Levi-Belz, Y., & Fruchter, E. (2014). Dissociation and habituation as facilitators of suicide ideation among soldiers. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 35(6), 388-397. doi:10.1027/0227-5910/a000278 [Q2, IF=2.35].
- Levi-Belz, Y., Zerach, G., & Solomon, Z. (2015). Suicide Ideation and deliberate self-harm among ex-prisoners of war. *Archives of Suicide Research*, 19(2), 231-248. doi:10.1080/13811118.2013.845123 [Q1; IF=2.27].
- Levi-Belz, Y. (2015). Stress-related growth among suicide survivors: The role of interpersonal and cognitive factors. *Archives of Suicide Research*, 19 (3), 305-320. doi: 10.1080/13811118.2014.957452 [Q1; IF=2.27].

#### Refereed articles accepted for publication after receiving the senior lecturer rank:

- Gil-Or, O., Levi-Belz, Y. & Turel, O. (2015). The "Facebook-self": Characteristics and psychological predictors of false self-presentation on Facebook. *Frontiers in Psychology*, 6(99). doi: 10.3389/fpsyg.2015.00099. [Q1; IF=2.46].
- Gvion, Y., Levi-Belz, Y., Hadlaczky, H. & Apter, A. (2015). On the role of impulsivity and decision-making in suicidal behavior. *World Journal of Psychiatry*, 5(3), 255-259. doi: 10.5498/wjp.v5.i3.255 [IF = 3.54].
- Gvion, Y., Horresh, N., Levi-Belz, Y., Apter, A., (2015). A proposed model for development of suicide ideation. *Comprehensive Psychiatry*, *56*, 93-102. doi:10.1016/j.comppsych.2014.09.019 [Q1; IF=2.56].
- Levi-Belz, Y. & Kreiner, H. (2016). What you say and how you say it: Analysis of verbatim content and speech fluency as predictors of self-disclosure in interaction. *Social Psychological and Personality Science*, 7(3), 232-239. doi:10.1177/1948550616632575 [Q1; IF=2.32].
- Trakhtenbrot, R., Gvion, Y., Levi-Belz, Y., Horesh, N., Fischel, T., Weiser, M., ... & Apter, A. (2016). Predictive value of psychological characteristics and suicide history on medical lethality of suicide attempts: A follow-up study of hospitalized patients. *Journal of Affective Disorders, 199*, 73-80. doi: 10.1016/j.jad.2016.03.054 [Q1; IF=3.78].
- 16. Shelef, L., Levi-Belz, Y., Fruchter, E., Santo, Y., & Dahan, E. (2016). No way out: Entrapment as a moderator of suicide ideation among soldiers. *Journal* of Clinical Psychology, 72(10), 1049-1063. doi:10.1002/jclp.22304 (First authorship shared). [Q1; IF=2.33].
- Levi-Belz, Y., & Gamliel, E. (2016). The effect of perceived burdensomeness and thwarted belongingness on therapists' assessment of patient's suicide risk. *Psychotherapy Research*, *26*(4), 436-445. doi:10.1080/10503307.2015.1013161 [Q1; IF= 2.95].
- Zerach, G., Levi-Belz, Y., Michelson, M., & Solomon, Z. (2016). Suicidal ideation among former prisoners of war's wives: A longitudinal dyadic study. *Psychiatry: Interpersonal and Biological Processes*, 79(2), 147-163, doi: 10.1080/00332747.2015.1124643 [Q2; IF=1.73].
- Gamliel, E. & Levi-Belz, Y (2016). To end life or to save life: Ageism moderates the effect of message framing on attitudes toward older adults' suicide. *International Psychogeriatrics, 28*(8), 1383-1390. doi: 10.1017/S1041610216000636 [Q1; IF=2.42].

- Levi-Belz, Y. & Beautrais, A. (2016). Serious suicide attempts: Toward an integration of terms and definitions. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, *37*(4), 299-309. doi: 10.1027/0227-5910/a000386.
  [Q2; IF=1.44]
- Levi-Belz, Y. (2016). To share or not to share: The contribution of selfdisclosure to stress-related growth among suicide survivors. *Death Studies*, 40(7), 405-413. doi:10.1080/07481187.2016.1160164 [Q2; IF=1.16].
- Levi-Belz, Y. & Elis, N. (2017). "I would like to tell you something": The contribution of self-disclosure to social phobia symptoms in a non-clinical sample. *Journal of Depression & Anxiety, 6*(3). 1-4. doi:10.4172/2167-1044.1000288.
- 23. Shelef, L., Levi-Belz, Y., & Fruchter, E. (2017). Stress perception among suicidal soldiers in the IDF. *Society & Welfare*, *37*(1), 143-160. (*Hebrew*).
- Snir, A., Levi-Belz, Y. & Solomon, Z. (2017). Is the War Really Over? A 20-year Longitudinal Study on Trajectories of Suicidal Ideation and Posttraumatic Stress Symptoms Following Combat. *Psychiatry Research*, 247, 33-38. (First authorship shared). doi: 10.1016/j.psychres.2016.10.065 [Q1; IF=2.52].
- Levi-Belz, Y. (2017). Relationship with the deceased as facilitator of posttraumatic growth among suicide-loss survivors. *Death Studies*, 41(6), 376-384. doi:10.1080/07481187.2017.1285372 [Q2; IF=1.16].
- Stein, J., Itzhaky, L., Levi-Belz, Y., & Solomon, Z. (2018). Traumatization, loneliness, and suicide ideation among ex-POWs: A longitudinally assessed sequential mediation model, *8*, 281. *Frontiers in Psychiatry*. doi: 10.3389/fpsyt.2017.00281. [Q1; IF=3.53].
- Levi-Belz, Y., Gvion, Y., Grisaru, S., & Apter, A. (2018). When the pain becomes unbearable: Case-control study of mental pain characteristics among medically serious suicide attempters. *Archives of Suicide Research*, 22(3), 380-293. doi: 10.1080/13811118.2017.1355288 [Q1; IF=2.27].
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- Levi-Belz, Y., Krispin, O., Galilee, G., Bodner, E., & Apter, A. (2018). Where are they now? Longitudinal follow-up and prognosis of adolescent suicide attempters. *Crisis-The Journal of Crisis Intervention and Suicide Prevention.* 39(2), 119-126. doi: 10.1027/0227-5910/a000482 [Q2; IF=2.65].

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- Levi-Belz, Y. Gavish, T. Barzilay, S., Apter, A., Hoven, C., Carli, V., Sarchiapone, M., & Wasserman, D. (2019). Psychosocial Factors Correlated with Undisclosed Suicide Attempts to Significant Others: Findings from the Adolescence SEYLE Study. *Suicide and Life-Threatening Behavior, 49* (3), 759-773. doi: 10.1111/sltb.12475 [Q1; IF=3.86].
- Zerach, G. & Levi-Belz, Y. (2019). Intolerance of uncertainty moderates the association between potentially morally injurious events, suicide ideation and behavior among combat veterans. *Journal of Traumatic Stress*, 32(3), 424-436. doi: 0.1002/jts.22366 [Q1; IF=1.92].
- Zerach, G., Levi-Belz, Y., Michelson, M., & Solomon, Z. (2019). The role of marital adjustment in suicidal ideation among former prisoners of war and their wives: A longitudinal dyadic study. *Psychology of Violence*, 9(3), 245-256. doi:10.1037/vio0000093 [Q1; IF=2.38].
- Lev-Ari, L. & Levi-Belz, Y. (2019). The interpersonal-psychological theory characteristics as facilitators of posttraumatic growth among suicide survivors: An attachment perspective. *Death Studies, 43*(9), 582-590. doi: 10.1080/07481187.2018.1504351 [Q2; IF=1.36].
- 36. Feingold, D., Zerach, G., & Levi-Belz, Y. (2019). The association between moral injury and substance use among Israeli combat veterans: The mediating role of distress and perceived social support. *International Journal* of Mental Health & Addiction, 17(2), 217-233. doi: 10.1007/s11469-018-0012-8 [Q2; IF=1.64].
- Harel, O., Hadash, Y., Levi-Belz, Y., & Bernstein, A. (2019). Does Early Emotional Responding to Initial Mindfulness Training Impact Intervention Outcomes?. *Mindfulness*, *10*(4), 616-626. doi: 10.1007/s12671-018-1018-9 [Q1; IF=3.58].
- Levi-Belz, Y. & Lev-Ari, L. (2019). Attachment styles and posttraumatic growth among suicide-loss survivors: The mediating role of interpersonal factors. *Crisis, 40*(3), 186–195. *doi.org/10.1027/0227-5910/a0005550* [Q2; IF=2.35].

<u>Refereed articles accepted for publication after receiving the Associate Professor</u> <u>rank:</u>

- \*Levi-Belz, Y., & Lev-Ari, L. (2019). "Let's Talk About It": The Moderating Role of Self-Disclosure on Complicated Grief over Time among Suicide Survivors. International journal of environmental research and public health, 16(19), 3740. doi:10.3390/ijerph16193740 (Q2; IF=2.84).
- \*Kreiner, H. & Levi-Belz, Y. (2019). Self-disclosure here and now: Combining Retrospective Perceived Assessment with Dynamic Behavioral Measures. *Frontiers in Psychology*, 10, 558. doi:10.3389/fpsyg.2019.00558 [Q1; IF=2.08].
- \*Levi-Belz, Y., Gvion, Y., Levi, U. & Apter, A. (2019). Beyond the mental pain: A case-control study on the contribution of schizoid personality disorder symptoms to medically serious suicide behavior. *Comprehensive Psychiatry*, 90, 102-109. doi:10.1016/j.comppsych.2019.02.005 [Q1; IF=2.56].
- 42. \*Levi-Belz, Y., Gvion, Y., Apter, A. (2019). The Psychology of Suicide: From Research Understandings to Intervention and Treatment. *Frontiers in Psychiatry*, 10, 214. doi: 10.3389/fpsyt.2019.00214 [Q1; IF=2.84].
- 43. \*Levi-Belz, Y., & Lev-Ari, L. (2019). Is there anybody out there? Attachment style and interpersonal facilitators as protective factors against complicated grief among suicide-loss survivors. *Journal of Nervous and Mental Disease*, 207(3), 131-136. doi: 10.1097/NMD.00000000000940 [Q1; IF=1.64].
- 44. \*Levi-Belz, Y. (2019). With a little help from my friends: A follow-up study on the contribution of interpersonal characteristics to posttraumatic growth among suicide survivors. *Psychological Trauma: Theory, Research, Practice, and Policy, 1*(8), 895-904. doi:10.1037/tra0000456 [Q1; IF=2.529].
- \*Shelef, L., Yavnai, N., Gerber, E., Ben-Yehuda, A., & Levi-Belz, Y. (2020). Suicide among Ethiopian origin soldiers in the IDF - a qualitative view of risk factors, triggers, and life circumstances. *Journal of Affective Disorders*, 269, 125-133. doi:10.1016/j.jad.2020.03.034 [Q1; IF= 3.89].
- 46. \*Levi-Belz, Y. & Gilo T. (2020). Emotional Distress Among Suicide Survivors: The Moderating Role of Self-Forgiveness. *Frontiers in Psychiatry*, *11*, 341. doi: 10.3389/fpsyt.2020.00341. [Q1; IF=2.84].
- 47. \*Levi-Belz, Y. & Gamliel, E. (2020). The effect of relative vs. absolute quantitative messages regarding suicide on the perceived severity of the phenomenon. *OMEGA-The Journal of Death and Dying*, *81*(4) 592–606. doi: 10.1177/0030222818791715 [Q2; IF= 1.34].

- \*Levi-Belz, Y., Green, T., & Zerach, G. (2020). Associations between moral injury, posttraumatic stress disorder clusters and depression among Israeli veterans: A network approach. *European Journal of Psychotraumatology*, *11*(1), 1736411. doi:10.1080/20008198.2020.1736411 [Q1; IF=3.47].
- 49. \*Levi-Belz, Y., Barzilay, S., Levy D. & David, O. (2020). To Treat or Not to Treat: The Effect of Hypothetical Patients' Suicidal Severity on Therapists' Willingness to Treat. Archives of Suicide Research, 24(3), 355-366. doi: 10.1080/13811118.2019.1632233 [Q1; IF=2.27].

#### Accepted for Publication

- 50. \*Rozen, G., Kreiner, H. & Levi-Belz, Y. (in press). Beyond the Werther effect: Public response to suicide news reports as reflected in computerized text analysis of online reader comments. *Archives of Suicide Research. doi:* 10.1080/13811118.2018.1563578. [Q1; IF=2.27].
- 51. \*Almaliah-Rauscher, S., Ettinger, N., Levi-Belz, Y., & Gvion, Y. (in press). "Will you treat me? I'm suicidal!" The effect of patient gender, suicidal severity, and therapist characteristics on the therapist's likelihood to treat a hypothetical suicidal patient. *Clinical Psychology & Psychotherapy, 27*(3), 278-287. doi:10.1002/cpp.2426 [Q1; IF= 2.47].
- 52. Levi-Belz., Y. & Afek, S., Barkan, A., Hen-Gal, S. (in press). Between risk and resilience: The contribution of psychological and interpersonal characteristics to suicide ideation among Jewish and Muslim adolescents in Israel. *Mifgash* (Hebrew).
- 53. Levi-Belz, Y., & Aisenberg, D. (in press). Together we stand: Suicide risk and suicide prevention among Israeli older adults during and after the COVID-19 world crisis. *Psychological Trauma: Theory, Research, Practice, and Policy.* Advance online publication. doi:10.1037/tra0000667 [Q1; IF=2.59].
- 54. \*Levi-Belz, Y., Dicther, N., Zerach, G. (in press). Moral Injury and Suicide Ideation Among Israeli Combat Veterans: The Contribution of Self-Forgiveness and Perceived Social Support. *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260520920865. [Q1; IF= 3.57].
- 55. \*Kinory, D., Aisenberg, D., Levi-Belz, Y. (in press). The Cost of Being Apart: The Contribution of Perceived Burdensomeness and Thwarted Belongingness to Suicide Ideation Among Israeli Older Adults. *Journal of Nervous and Mental Disorders*. doi: 10.1097/NMD.00000000001198 [Q1; IF=1.64]
- 56. \*Avidor, S. **Levi-Belz, Y.**, Solomon, Z. (in press). What Predicts Unremitting Suicidal Ideation? A Prospective Examination of the Role of Subjective Age in

Suicidal Ideation among Ex-Prisoners of War. *Psychological Trauma: Theory, Research, Practice, and Policy*. [Q1; IF=2.59].

- 57. **\*Levi-Belz, Y.,** & Krysinska, K., Adrienssen, K. (in press). "To Turn a Personal Tragedy into A triumph": A Systematic Review of studies on Posttraumatic Growth among Suicide Survivors. *Psychological Trauma: Theory, Research, Practice, and Policy.* [Q1; IF=2.59].
- 58. **\*Levi-Belz, Y.** (in press). Longitudinal intercorrelations between complicated grief and posttraumatic growth among suicide survivors. *Archives of Suicide Research.* https://doi.org/10.1080/13811118.2020.1820412 [Q1; IF=2.27].
- 59. \*Luria, I., Shalev, A., Spector-Dagan, C., & Levi-Belz, Y. (in press). On the importance of advanced directives for the enhancement of human rights in the mental health field. *Society & Welfare* (Hebrew).
- 60. \*Levi-Belz, Y., Gvion, Y., & Apter, A. (in press). The Serious Suicide Attempts Approach for Understanding suicide: Review of the Psychological Evidence. *OMEGA - Journal of Death and Dying.* [IF=1.34].
- 61. \*Zerach, G. & Levi-Belz, Y. (in press). Moral Injury: A New (Old) Challenge for World Psychiatry. *Journal of Psychiatric research*. [Q1; IF=3.74].

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## E. Articles or Chapters in Scientific Books

## <u>Published</u>

- 1. **Levi-Belz, Y.** (2016). Introduction. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 15-19). Tel-Aviv, Israel: Dyunon (Hebrew).
- Levi-Belz, Y. & Alan Apter (2016). Classifications of suicidal behavior and epidemiology. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 281-309). Tel-Aviv, Israel: Dyunon (Hebrew).
- Levi-Belz, Y. (2016). Mental pain as a facilitator of suicidality- Theoretical and empirical points of view. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 64-72). Tel-Aviv, Israel: Dyunon (Hebrew).
- Levi-Belz, Y. (2016). Psychological risk factors Personal, interpersonal, cognitive and familial factors. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and*

*suicide prevention among adolescence* (pp. 109-135). Tel-Aviv, Israel: Dyunon (Hebrew).

- Levi-Belz, Y. (2016). The media and the new media as risk factors for suicidality among adolescents. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Ed.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 158-178). Tel-Aviv, Israel: Dyunon (Hebrew).
- Levi-Belz, Y. (2016). Coping with suicide loss the struggle of suicide survivors and how we can help them. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 231-246). Tel-Aviv, Israel: Dyunon (Hebrew).

# F. <u>Articles in Conference Proceedings</u> <u>Published Abstracts</u>

- Levi, Y., Weinberg, S., & Nadjar R. (2011). Support groups for suicide survivors: Self-regulation and social support as mediating the effect of recovery. *European Psychiatry*, 26, 1626. doi:10.1016/S0924-9338(11)73330-2 [Q1; IF=3.285].
- Levi, Y., Horesh, N., & Apter, A. (2011). Intent, lethality and psychological characteristics of medically serious suicide attempters. *European Psychiatry*, 26, 1625. doi:10.1016/S0924-9338(11)73329-6 [Q1; IF=3.285].
- 3. Feldman, D., Apter, A., **Levi, Y.** (2011). A comprehensive model of suicidality and problem behavior theory in adolescence. *European Child & Adolescent Psychiatry*, 20(1), S220-S221. [Q1; IF=3.553].
- Levi, Y., Horesh, N., Fischel, T., Treves, I., Or, E., Bleich, A., ... & Apter, A. (2012). Suicide inntent of medically serious suicide attempts and its relationship with clinical and interpersonal characteristics. *Israel Journal of Psychiatry and Related Sciences*, 49(1), 58. [Q3; IF=1.362].
- Levi, Y., Horesh, N., Fischel, T., Treves, I., Or, E., Bleich, A., ... & Apter, A. (2012). The impossible situation: Communication and mental pain in medically serious suicidal behavior. *Israel Journal of Psychiatry and Related Sciences*, 49(1), 57-58. [Q3; IF=1.362].
- Silber-Varod, V., Kreiner, H., Lovett, R., Levi-Belz, Y., & Amir, N. (2016). Do social anxiety individuals hesitate more? The prosodic profile of hesitation disfluencies in Social Anxiety Disorder individuals. Speech Prosody 2016, Boston, MA, USA.

 Zerach, G., Levi-Belz, Y., Michelson, M., & Solomon, Z. (2016). Suicidal ideation among former prisoners of war's wives– A longitudinal dyadic study. *European Psychiatry*, (33), S331-S332. doi:10.1016/j.eurpsy.2016.01.735 [Q1; IF=3.285].

## G. Other Scientific Publications

#### <u>Published</u>

1. Levi-Belz, Y. (2013). Psychodiagnisis in the service of psychotherapy [Electronic version]. Hebrew Psychology website. http://www.hebpsy.net/articles.asp?id=2751 2. Levi-Belz, Y. (2014). Toward an integration model for PTG among suicide survivors. [Electronic version]. Hebrew Psychology website. http://www.hebpsy.net/articles.asp?t=0&id=2893 3. Levi-Belz, Y. (2015). To ask in order to prevent. [Electronic version]. Hebrew Psychology website. http://www.hebpsy.net/articles.asp?t=0&id=3142 4. Levi-Belz, Y. (2016). Even the highest clouds. [Electronic version]. Alacson digital scientific journal (Hebrew). http://alaxon.co.il/article/%D7%90%D7%A4%D7%99%D7%9C%D7%95-%D7%A2%D7%A0%D7%A0%D7%99-%D7%94%D7%92%D7%95%D7%91%D7%94 5. Levi-Belz, Y. & Witner, M. (2020). Growth development among suicide survivors. [Electronic version]. Hebrew Psychology website. \*https://www.hebpsy.net/articles.asp?id=4006

## K. Submitted Publications

- Aisenberg, D., Levi-Belz, Y., (submitted). Put your effort where it matters: Distress and suicide risk among community-dwelling seniors during the COVID-19 pandemic. *Psychological Trauma*.
- Gilo, T., Feigelman, W., & Levi-Belz, Y. (submitted). The Power of Self-Forgiveness: Direct and Indirect Pathways from Self-Forgiveness to Posttraumatic Growth Among Suicide-Loss Survivors. Journal of Positive Psychology.
- 3. Levi-Belz, Y. & Aisenberg, D. (submitted). Interpersonal predictors of suicide ideation and complicated grief trajectories among suicide bereaved individuals: A four-year longitudinal study. *Journal of Affective Disorders.*
- 4. Levi-Belz, Y. & Feigleman, W. (submitted). Pulling together: The protective role of belongingness for depression, suicide ideation and behavior among suicide bereaved individuals. *Crisis*

- 5. Levi-Belz, Y. (submitted). Growing together: Interpersonal predictors of posttraumatic growth trajectory among suicide-loss survivors. *Suicide and life-threatening behavior*.
- 6. Levi-Belz, Y., Aisenberg, D. (Submitted). What should be done to save the lives of elders following COVID-19: Suicide prevention perspective. *The Israel Journal of Health Policy Research.*
- 7. **Levi-Belz, Y**., Peleg, D., Ifrach, K. (submitted). An Integrative Psychological Model of Risk Factors for Suicide Ideation and Behavior among Israeli LGBT individuals. *Journal of Homosexuality.*
- 8. Shwartz, G., Halperin, E., & **Levi-Belz, Y.**, (under review). Moral Injury and Suicide Ideation among Combat Veterans: The Role of Trauma-Related Shame and Collective Hatred. *Journal of interpersonal Violence*.
- 9. Zerach, G., Levi-Belz, Y., Griffith, B., Maguan, S. (submitted). Patterns of Exposure to Potentially Morally Injurious Events Among Israeli Combat Veterans: A latent Class Analysis Approach. *Journal of Consulting and Clinical Psychology.*
- 10. Gilo, T., Feigleman, W., & Levi-Belz, Y. (submitted). The Power of Self-Forgiveness: Direct and Indirect Pathways from Self-Forgiveness to Posttraumatic Growth Among Suicide-Loss Survivors. *Journal of Positive Psychology*.
- 11. Cohen, E., Gvion, Y., **Levi-Belz, Y.,** (submitted). The role of Loss Aversion and Impulsivity in Severe Suicide Attempts. *Journal of Affective disorders.*

## L. <u>Summary of my activities and future plans</u>

I am a clinical psychologist and clinical scientist, who is primarily interested in the psychological mechanisms that can help us understand and prevent suicide in different at-risk populations (adolescents, soldiers, ex-prisoners of war, medically serious suicide attempters, etc.). Other related key research topics include suicide survivors, specifically, the ability to grow following suicide loss in the family. Parallel research areas are interpersonal interaction in both real life and in therapy sessions, and attitudes of the public toward psychotherapy. In my professional career, I strive to merge clinical, social, and research work and consider the integration of these three aspects as the central value of my work.

One of my main projects is the topic of *growth among suicide survivors*. in this project, we examined the growth ability among suicide survivors, and in particular, the psychological mechanisms that may facilitate this posttraumatic growth. We have conducted several studies, both cross-sectional and longitudinal. We were able to show that alongside the harsh consequences of suicide in the family, there are interpersonal characteristics that can facilitate growth among survivors. Building on our results, we are now work on a specific clinical protocol to induce posttraumatic

growth among suicide bereaved, hopefully with funding from the American Foundation of Suicide Prevention (AFSP).

Another interesting and ongoing project of mine is the investigation of psychological risk factors among medically serious suicide attempters. A promising strategy to study suicidal behavior is to study individuals who have made a definite, near-fatal attempt, termed *medically serious suicide attempt*-MSSA. This group has been found to epidemiologically closely resembling those who died by suicide. The goal of this project was to understand the interactions between different personal and interpersonal characteristics in order to construct a psychological model relating to more dangerous suicidal behavior, such as behavior involving high lethality and high suicide intent.

Yet another major interest of mine is *suicidal behavior and ideation among exprisoners of war*. War captivity is one of the most severe human-inflicted traumatic experiences, having wide and substantial long-term negative effects. However, little is known about suicidality among ex-POWs and the factors that may contribute to suicide behavior and ideation. In this project, we prospectively assessed suicidal behavior and ideation over a 17-year period in order to understand the unique trajectories of suicidality among this group. Currently we are expanding the project to deal with the trajectories of suicide ideation among ex-POW children.

A new project of mine is the study of the *moral injury experience* and its role in facilitating posttraumatic stress symptoms as well as suicidal behavior and suicide ideation among war veterans and soldiers. In this project, we tried to understand the factors that mediated the relationship between *moral injury* and PTSD and suicidal ideation and behavior among Israeli veterans. This is the first study who examine these relationships outside of US. Recently, we received a grant to the IDF and a grant from the AFSP in order to examine longitudinal course of moral injury among Israeli soldiers and veterans.

Recently, we established the "Lior Tsfaty Center for Suicide and Mental Pain Studies (CSMPS), and I'm honored to serve as the chair of the Center. On 2018, we got funded of NIS 250,000 to facilitate the main activities of the center. Related to that, together with my colleague, Dr. Sami Hamdan, I'm leading the annual meeting of the Israeli Suicide Research Symposium (ISRS), which provides a forum for those who share an interest in suicide prevention, intervention, and postvention, including researchers, physicians, clinicians, social workers, students, and educators, as well as those who have lost a loved one.

Aside from my research work, I devote time to clinical work, supervising clinicians who treat suicide adolescence, and teaching mental health professionals within the suicide prevention program in Israel. I also do volunteer work as a board member and the head of the research branch of *Bishvil Hahaim (For Life)*, a non-profit organization that deals with suicide prevention, as well as helping Israeli suicide survivors. In this position, I am currently working on a second book together with my colleague and one of the suicide prevention leaders in Israel – Mrs. Dafni Assaf. The book seeks to shed light and a new perspective on the suicide phenomenon.

Further related to academic work, I serve as the chair of the Honors Program at Ruppin Academic Center. I also serve as the head of the psychodiagnosis specialty in the Department of Clinical Psychology.

Altogether, I feel honored to be a clinical psychologist, researcher, and social activist, with the goal of preventing suicide and providing relief to those people in need.